

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Girls 10 &amp; Under 50 Free</b>							
1	31.86 L	F	Olivia Calegan	10	QCA IA	6/5/2010	CRAA Long Course Kick Off
2	32.13 L	F	Ruby Martin	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
3	33.18 L	F	Claire Murray	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
4	33.90 L	F	Sophia Sorenson	10	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
5	34.10 L	F	Alicia Staver	10	PVST IA	6/25/2010	IL July Swim Explosion
6	34.18 L	F	Jana Fleming	10	UN IA	6/25/2010	IL July Swim Explosion
7	35.45 L	F	Jazlyn Horras	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
8	35.61 L	F	Anna Napolitano	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
9	36.35 L	F	Takota Weitzel	10	MCSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	36.38 L	F	Taylor Acheson	10	PVST IA	6/5/2010	CRAA Long Course Kick Off
11	36.76 L	F	Alexis Peters	10	USSD IA	6/26/2010	MCSC River City Splash
12	36.80 L	F	Rebecca McDermott	10	DASH IA	6/26/2010	MCSC River City Splash
13	37.47 L	F	Evangeline Scheibe	10	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	37.89 L	F	Rachael Woods	10	PVST IA	6/5/2010	CRAA Long Course Kick Off
15	37.97 L	F	Elizabeth Thomas	10	CIA IA	6/5/2010	CRAA Long Course Kick Off
16	38.48 L	F	Megan Obenauf	9	PVST IA	6/5/2010	CRAA Long Course Kick Off
17	38.61 L	F	Bailey Raso	10	IFLY IA	6/5/2010	CRAA Long Course Kick Off
18	38.70 L	F	Kelsey Maher	10	DASH IA	6/26/2010	MCSC River City Splash
19	38.95 L	F	Jennifer Hughes	10	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	38.98 L	F	Olivia Squire	10	CRAA IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 10 &amp; Under 100 Free</b>							
1	1:09.49 L	F	Olivia Calegan	10	QCA IA	6/25/2010	IL July Swim Explosion
2	1:09.71 L	F	Ruby Martin	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
3	1:11.89 L	F	Claire Murray	10	ICE IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	1:14.93 L	F	Alicia Staver	10	PVST IA	6/25/2010	IL July Swim Explosion
5	1:17.32 L	F	Sophia Sorenson	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
6	1:18.63 L	F	Jana Fleming	10	UN IA	6/25/2010	IL July Swim Explosion
7	1:20.15 L	F	Jazlyn Horras	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
8	1:22.26 L	F	Anna Napolitano	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
9	1:25.00 L	F	Takota Weitzel	10	MCSC IA	6/26/2010	MCSC River City Splash
10	1:25.53 L	F	Megan Obenauf	9	PVST IA	6/5/2010	CRAA Long Course Kick Off
11	1:25.59 L	F	Kelsey Maher	10	DASH IA	6/26/2010	MCSC River City Splash
12	1:25.85 L	F	Rebecca McDermott	10	DASH IA	6/26/2010	MCSC River City Splash
13	1:26.08 L	F	Alexis Peters	10	USSD IA	6/26/2010	MCSC River City Splash
14	1:27.45 L	F	Caroline Sharis	10	PVST IA	6/25/2010	IL July Swim Explosion
15	1:27.48 L	F	Elizabeth Thomas	10	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
16	1:28.02 L	F	Evangeline Scheibe	10	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
17	1:28.07 L	F	Kendra Woodward	10	USSD IA	6/26/2010	MCSC River City Splash
18	1:28.60 L	F	Chloe Frazier	10	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19*	1:28.72 L	F	Abigail Meyers	9	PVST IA	6/25/2010	IL July Swim Explosion
19*	1:28.72 L	F	Morgan Chambers	10	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 10 &amp; Under 200 Free</b>							
1	2:31.65 L	F	Ruby Martin	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
2	2:32.81 L	F	Claire Murray	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
3	2:32.94 L	F	Olivia Calegan	10	QCA IA	6/25/2010	IL July Swim Explosion
4	2:44.06 L	F	Alicia Staver	10	PVST IA	6/25/2010	IL July Swim Explosion
5	2:51.31 L	F	Sophia Sorenson	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
6	2:53.52 L	F	Jana Fleming	10	UN IA	6/25/2010	IL July Swim Explosion
7	2:55.00 L	F	Jazlyn Horras	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
8	2:56.34 L	F	Anna Napolitano	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
9	2:58.94 L	F	Taylor Acheson	10	PVST IA	6/5/2010	CRAA Long Course Kick Off

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## Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
10	3:03.32 L	F	Rachael Woods	10	PVST IA	6/5/2010	CRAA Long Course Kick Off
11	3:04.62 L	F	Evangeline Scheibe	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
12	3:04.91 L	F	Kendra Woodward	10	USSD IA	6/5/2010	CRAA Long Course Kick Off
13	3:05.08 L	F	Megan Obenauf	9	PVST IA	6/5/2010	CRAA Long Course Kick Off
14	3:05.91 L	F	Emily Goodman	10	PVST IA	6/5/2010	CRAA Long Course Kick Off
15	3:06.64 L	F	Chloe Frazier	10	CIA IA	6/18/2010	MV CSC Summer Invitational
16	3:12.43 L	F	Mika McChesney	10	UN IA	6/26/2010	MCSC River City Splash
17	3:13.40 L	F	Elizabeth Thomas	10	CIA IA	6/5/2010	CRAA Long Course Kick Off
18	3:14.82 L	F	Maria Eure	10	DMET IA	6/5/2010	CRAA Long Course Kick Off
19	3:14.84 L	F	Jennifer Hughes	10	CRAA IA	6/26/2010	MCSC River City Splash
20	3:15.16 L	F	Alexis Peters	10	USSD IA	6/26/2010	MCSC River City Splash
<b>Girls 10 &amp; Under 400 Free</b>							
1	5:10.50 L	F	Ruby Martin	10	ICE IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	5:25.19 L	F	Claire Murray	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
3	5:56.22 L	F	Sophia Sorenson	10	ACAC IA	6/26/2010	MCSC River City Splash
4	6:01.66 L	F	Anna Napolitano	10	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
5	6:05.08 L	F	Jazlyn Horras	10	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
6	6:11.67 L	F	Jana Fleming	10	UN IA	6/5/2010	CRAA Long Course Kick Off
7	6:20.78 L	F	Evangeline Scheibe	10	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	6:33.05 L	F	Molly Winer	9	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
9	6:36.25 L	F	Takota Weitzel	10	MCSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	6:37.17 L	F	Chloe Frazier	10	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
11	6:47.78 L	F	Elizabeth Thomas	10	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	6:52.62 L	F	Morgan Chambers	10	CRAA IA	6/5/2010	CRAA Long Course Kick Off
13	6:59.77 L	F	Jennifer Hughes	10	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	7:12.16 L	F	Rachel Studer	9	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
15	7:24.46 L	F	Aditi Vaidya	10	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
16	7:25.25 L	F	Jillian Hughes	9	CRAA IA	6/26/2010	MCSC River City Splash
17	7:38.99 L	F	Paige Horner	8	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	7:39.26 L	F	Olivia Jenks	9	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 10 &amp; Under 50 Back</b>							
1	36.79 L	F	Olivia Calegan	10	QCA IA	6/5/2010	CRAA Long Course Kick Off
2	37.38 L	F	Ruby Martin	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
3	38.98 L	F	Jazlyn Horras	10	ACAC IA	6/26/2010	MCSC River City Splash
4	39.07 L	F	Alicia Staver	10	PVST IA	6/25/2010	IL July Swim Explosion
5	40.84 L	F	Sophia Sorenson	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
6	42.20 L	F	Jana Fleming	10	UN IA	6/25/2010	IL July Swim Explosion
7	44.34 L	F	Anna Napolitano	10	ACAC IA	6/26/2010	MCSC River City Splash
8	44.63 L	F	Caroline Sharis	10	PVST IA	6/25/2010	IL July Swim Explosion
9	44.66 L	F	Megan Obenauf	9	PVST IA	6/5/2010	CRAA Long Course Kick Off
10	45.23 L	F	Elizabeth Thomas	10	CIA IA	6/5/2010	CRAA Long Course Kick Off
11	45.53 L	F	Rebecca Miller	10	UN IA	6/26/2010	MCSC River City Splash
12	45.56 L	F	Madeline Laffey	10	IFLY IA	6/5/2010	CRAA Long Course Kick Off
13	45.91 L	F	Kendra Woodward	10	USSD IA	6/5/2010	CRAA Long Course Kick Off
14*	46.27 L	F	Morgan Chambers	10	CRAA IA	6/5/2010	CRAA Long Course Kick Off
14*	46.27 L	F	Alexis Peters	10	USSD IA	6/5/2010	CRAA Long Course Kick Off
16	46.41 L	F	Rachel Studer	9	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
17	46.49 L	F	Alexis Read	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
18	46.56 L	F	Takota Weitzel	10	MCSC IA	6/26/2010	MCSC River City Splash
19	47.31 L	F	Rebecca Yaunches	9	DASH IA	6/4/2010	VA SNOW Long Course Invitational
20	47.61 L	F	Abigail Meyers	9	PVST IA	6/25/2010	IL July Swim Explosion

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	Time	P/F/S	Name	Age/Yr			
<b>Girls 10 &amp; Under 100 Back</b>							
1	1:16.91	L	F	Olivia Calegan	10	QCA IA	6/5/2010 CRAA Long Course Kick Off
2	1:19.45	L	F	Ruby Martin	10	ICE IA	6/5/2010 CRAA Long Course Kick Off
3	1:25.05	L	F	Alicia Staver	10	PVST IA	6/25/2010 IL July Swim Explosion
4	1:26.09	L	F	Sophia Sorenson	10	ACAC IA	6/18/2010 MV CSC Summer Invitational
5	1:30.39	L	F	Claire Murray	10	ICE IA	6/5/2010 CRAA Long Course Kick Off
6	1:31.64	L	F	Jazlyn Horras	10	ACAC IA	6/18/2010 MV CSC Summer Invitational
7	1:31.65	L	F	Jana Fleming	10	UN IA	6/5/2010 CRAA Long Course Kick Off
8	1:37.89	L	F	Maria Eure	10	DMET IA	6/5/2010 CRAA Long Course Kick Off
9	1:38.45	L	F	Elizabeth Thomas	10	CIA IA	6/5/2010 CRAA Long Course Kick Off
10	1:38.72	L	F	Alexis Peters	10	USSD IA	6/5/2010 CRAA Long Course Kick Off
11	1:39.65	L	F	Megan Obenauf	9	PVST IA	6/5/2010 CRAA Long Course Kick Off
12	1:40.52	L	F	Morgan Chambers	10	CRAA IA	6/5/2010 CRAA Long Course Kick Off
13	1:40.60	L	F	Lauren Nelson	9	PVST IA	6/5/2010 CRAA Long Course Kick Off
14	1:41.37	L	F	Danielle Nauman	9	PVST IA	6/5/2010 CRAA Long Course Kick Off
15	1:41.65	L	F	Evangelina Scheibe	10	ACAC IA	6/18/2010 MV CSC Summer Invitational
16	1:41.75	L	F	Kelsey Maher	10	DASH IA	6/26/2010 MCSC River City Splash
17	1:42.09	L	F	Olivia Staver	9	PVST IA	6/25/2010 IL July Swim Explosion
18	1:42.45	L	F	Rachel Studer	9	DMSF IA	6/5/2010 CRAA Long Course Kick Off
19	1:42.59	L	F	Perapa Chotiprasidhi	10	BETT IA	6/5/2010 CRAA Long Course Kick Off
20	1:42.80	L	F	Sarah Gannon	10	CRAA IA	6/5/2010 CRAA Long Course Kick Off
<b>Girls 10 &amp; Under 50 Breast</b>							
1	40.59	L	F	Olivia Calegan	10	QCA IA	6/5/2010 CRAA Long Course Kick Off
2	45.36	L	F	Jana Fleming	10	UN IA	6/25/2010 IL July Swim Explosion
3	45.74	L	F	Alicia Staver	10	PVST IA	6/25/2010 IL July Swim Explosion
4	46.45	L	F	Jazlyn Horras	10	ACAC IA	6/18/2010 MV CSC Summer Invitational
5	46.75	L	F	Evangelina Scheibe	10	ACAC IA	6/18/2010 MV CSC Summer Invitational
6	47.38	L	F	Claire Murray	10	ICE IA	6/5/2010 CRAA Long Course Kick Off
7	48.22	L	F	Rebecca McDermott	10	DASH IA	6/26/2010 MCSC River City Splash
8	48.38	L	F	Elizabeth Thomas	10	CIA IA	6/5/2010 CRAA Long Course Kick Off
9	49.37	L	F	Kelsey Maher	10	DASH IA	6/26/2010 MCSC River City Splash
10	50.63	L	F	Anna Napolitano	10	ACAC IA	6/18/2010 MV CSC Summer Invitational
11	51.94	L	F	Alexis Read	10	ICE IA	6/5/2010 CRAA Long Course Kick Off
12	51.96	L	F	Jennifer Hughes	10	CRAA IA	6/26/2010 MCSC River City Splash
13	52.41	L	F	Mika McChesney	10	UN IA	6/26/2010 MCSC River City Splash
14	52.52	L	F	Chloe Frazier	10	CIA IA	6/18/2010 MV CSC Summer Invitational
15	52.89	L	F	Rebecca Yaunches	9	DASH IA	6/4/2010 VA SNOW Long Course Invitational
16	53.14	L	F	Brianna Montgomery	10	RCA IA	6/5/2010 CRAA Long Course Kick Off
17	53.40	L	F	Molly Winer	9	ACAC IA	6/18/2010 MV CSC Summer Invitational
18	54.00	L	F	Hailie Dreyer	8	DMET IA	6/25/2010 IL July Swim Explosion
19	54.28	L	F	Rachel Studer	9	DMSF IA	6/5/2010 CRAA Long Course Kick Off
20	54.82	L	F	Takota Weitzel	10	MCSC IA	6/26/2010 MCSC River City Splash
<b>Girls 10 &amp; Under 100 Breast</b>							
1	1:27.09	L	F	Olivia Calegan	10	QCA IA	6/5/2010 CRAA Long Course Kick Off
2	1:36.97	L	F	Jana Fleming	10	UN IA	6/25/2010 IL July Swim Explosion
3	1:38.45	L	F	Ruby Martin	10	ICE IA	6/11/2010 ACAC Ames' Rock the Blocks Jam
4	1:38.87	L	F	Evangelina Scheibe	10	ACAC IA	6/26/2010 MCSC River City Splash
5	1:39.30	L	F	Claire Murray	10	ICE IA	6/5/2010 CRAA Long Course Kick Off
6	1:39.62	L	F	Sophia Sorenson	10	ACAC IA	6/11/2010 ACAC Ames' Rock the Blocks Jam
7	1:40.96	L	F	Alicia Staver	10	PVST IA	6/5/2010 CRAA Long Course Kick Off
8	1:42.68	L	F	Jazlyn Horras	10	ACAC IA	6/11/2010 ACAC Ames' Rock the Blocks Jam
9	1:44.78	L	F	Rebecca McDermott	10	DASH IA	6/26/2010 MCSC River City Splash

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	Time	P/F/S	Name	Age/Yr			
10	1:46.55 L	F	Elizabeth Thomas	10	CIA IA	6/5/2010	CRAA Long Course Kick Off
11	1:46.83 L	F	Anna Napolitano	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
12	1:47.80 L	F	Alexis Read	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
13	1:49.29 L	F	Jennifer Hughes	10	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	1:49.73 L	F	Mika McChesney	10	UN IA	6/26/2010	MCSC River City Splash
15	1:50.60 L	F	Taylor Acheson	10	PVST IA	6/5/2010	CRAA Long Course Kick Off
16	1:51.53 L	F	Brianna Montgomery	10	RCA IA	6/25/2010	IL July Swim Explosion
17	1:52.44 L	F	Chloe Frazier	10	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	1:52.46 L	F	Maria Eure	10	DMET IA	6/5/2010	CRAA Long Course Kick Off
19	1:52.60 L	F	Morgan Chambers	10	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	1:52.74 L	F	Emily Goodman	10	PVST IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 10 &amp; Under 50 Fly</b>							
1	35.34 L	F	Alicia Staver	10	PVST IA	6/25/2010	IL July Swim Explosion
2	35.40 L	F	Olivia Calegan	10	QCA IA	6/25/2010	IL July Swim Explosion
3	37.89 L	F	Sophia Sorenson	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
4	39.23 L	F	Anna Napolitano	10	ACAC IA	6/26/2010	MCSC River City Splash
5	40.37 L	F	Claire Murray	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
6	40.85 L	F	Jana Fleming	10	UN IA	6/5/2010	CRAA Long Course Kick Off
7	41.37 L	F	Caroline Sharis	10	PVST IA	6/25/2010	IL July Swim Explosion
8	43.96 L	F	Kendra Woodward	10	USSD IA	6/5/2010	CRAA Long Course Kick Off
9*	44.84 L	F	Zoe Taylor	10	CRAA IA	6/5/2010	CRAA Long Course Kick Off
9*	44.84 L	F	Olivia Staver	9	PVST IA	6/25/2010	IL July Swim Explosion
11	47.09 L	F	Elizabeth Thomas	10	CIA IA	6/5/2010	CRAA Long Course Kick Off
12	47.52 L	F	Samantha Neese	10	BLST IA	6/5/2010	CRAA Long Course Kick Off
13	47.61 L	F	Alexis Peters	10	USSD IA	6/5/2010	CRAA Long Course Kick Off
14	47.89 L	F	Kelsey Maher	10	DASH IA	6/26/2010	MCSC River City Splash
15	48.29 L	F	Emily Nelson	10	CRAA IA	6/5/2010	CRAA Long Course Kick Off
16	48.47 L	F	Bibiana Granadillo	9	CRAA IA	6/5/2010	CRAA Long Course Kick Off
17	48.57 L	F	Rebecca McDermott	10	DASH IA	6/26/2010	MCSC River City Splash
18	48.87 L	F	Courtney Davis	10	PVST IA	6/5/2010	CRAA Long Course Kick Off
19	49.02 L	F	Lauren Katz	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
20	49.14 L	F	Lillian Kloubec	8	IFLY IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 10 &amp; Under 100 Fly</b>							
1	1:19.28 L	F	Ruby Martin	10	ICE IA	6/5/2010	CRAA Long Course Kick Off
2	1:23.45 L	F	Alicia Staver	10	PVST IA	6/5/2010	CRAA Long Course Kick Off
3	1:26.81 L	F	Sophia Sorenson	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
4	1:27.82 L	F	Anna Napolitano	10	ACAC IA	6/18/2010	MV CSC Summer Invitational
5	1:33.60 L	F	Taylor Acheson	10	PVST IA	6/5/2010	CRAA Long Course Kick Off
6	1:39.32 L	F	Rachael Woods	10	PVST IA	6/5/2010	CRAA Long Course Kick Off
7	1:46.26 L	F	Jazlyn Horras	10	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	1:48.06 L	F	Kendra Woodward	10	USSD IA	6/5/2010	CRAA Long Course Kick Off
9	1:48.15 L	F	Danielle Nauman	9	PVST IA	6/5/2010	CRAA Long Course Kick Off
10	1:50.69 L	F	Olivia Staver	9	PVST IA	6/25/2010	IL July Swim Explosion
11	1:53.50 L	F	Chloe Frazier	10	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	1:56.21 L	F	Morgan Chambers	10	CRAA IA	6/5/2010	CRAA Long Course Kick Off
13	1:57.34 L	F	Molly Winer	9	ACAC IA	6/18/2010	MV CSC Summer Invitational
14	1:57.96 L	F	Evangelina Scheibe	10	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
15	1:59.55 L	F	Alexis Beine	9	BETT IA	6/5/2010	CRAA Long Course Kick Off
16	2:01.36 L	F	Kelsey Maher	10	DASH IA	6/26/2010	MCSC River City Splash
17	2:05.02 L	F	Nicole Lin	7	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	2:05.32 L	F	Takota Weitzel	10	MCSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	2:09.38 L	F	Olivia Jenks	9	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam

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20	2:14.65 L	F	Carly Lundry	8	PVST IA	6/25/2010	IL July Swim Explosion	
<b>Girls 10 &amp; Under 200 IM</b>								
1	2:50.97 L	F	Olivia Calegan	10	QCA IA	6/25/2010	IL July Swim Explosion	
2	2:51.00 L	F	Ruby Martin	10	ICE IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
3	2:58.41 L	F	Alicia Staver	10	PVST IA	6/25/2010	IL July Swim Explosion	
4	3:02.87 L	F	Sophia Sorenson	10	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
5	3:11.17 L	F	Claire Murray	10	ICE IA	6/5/2010	CRAA Long Course Kick Off	
6	3:11.27 L	F	Jana Fleming	10	UN IA	6/25/2010	IL July Swim Explosion	
7	3:15.15 L	F	Anna Napolitano	10	ACAC IA	6/18/2010	MV CSC Summer Invitational	
8	3:16.20 L	F	Jazlyn Horras	10	ACAC IA	6/18/2010	MV CSC Summer Invitational	
9	3:26.22 L	F	Chloe Frazier	10	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
10	3:26.86 L	F	Evangeline Scheibe	10	ACAC IA	6/18/2010	MV CSC Summer Invitational	
11	3:32.19 L	F	Elizabeth Thomas	10	CIA IA	6/5/2010	CRAA Long Course Kick Off	
12	3:32.73 L	F	Takota Weitzel	10	MCSC IA	6/26/2010	MCSC River City Splash	
13	3:33.37 L	F	Megan Obenauf	9	PVST IA	6/5/2010	CRAA Long Course Kick Off	
14	3:35.72 L	F	Emily Goodman	10	PVST IA	6/25/2010	IL July Swim Explosion	
15	3:36.53 L	F	Molly Winer	9	ACAC IA	6/18/2010	MV CSC Summer Invitational	
16	3:39.23 L	F	Morgan Chambers	10	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
17	3:39.63 L	F	Jennifer Hughes	10	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
18	3:41.25 L	F	Jaelynn Klein	9	QCA IA	6/5/2010	CRAA Long Course Kick Off	
19	3:42.44 L	F	Kelsey Maher	10	DASH IA	6/26/2010	MCSC River City Splash	
20	3:43.00 L	F	Olivia Staver	9	PVST IA	6/25/2010	IL July Swim Explosion	
<b>Girls 11-12 50 Free</b>								
1	30.30 L	F	Moriah Moore	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
2	30.46 L	F	Gracyn Snyder	11	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
3	30.57 L	F	Brittany Martin	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
4	30.62 L	F	Kelsey Drake	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off	
5	30.68 L	F	Samantha Fritz	11	QCA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
6	30.97 L	F	Mallorie Myers	12	CIA IA	6/5/2010	CRAA Long Course Kick Off	
7	31.30 L	F	Charlie Langner	12	BLST IA	6/5/2010	CRAA Long Course Kick Off	
8	31.86 L	F	Paige Broghammer	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off	
9	31.92 L	F	Rebecca Hess	12	RCA IA	6/25/2010	IL July Swim Explosion	
10	32.03 L	F	Elizabeth Mitchell	12	CSA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
11	32.30 L	F	Madelyn Vajgrt	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
12	32.35 L	P	Natalie Shimp	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational	
13	32.36 L	F	Lydia Yang	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off	
14	32.77 L	F	Cassandra Frazier	12	CIA IA	6/18/2010	MV CSC Summer Invitational	
15	32.80 L	F	Nicole Ferguson	12	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
16	32.98 L	F	Emily Wilson	11	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
17	32.99 L	F	Sarah Schemmel	11	BETT IA	6/5/2010	CRAA Long Course Kick Off	
18	33.05 L	F	Morgan Rosser	11	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
19*	33.07 L	F	Isabel McLeod	12	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
19*	33.07 L	F	Sam Jacobsen	12	UN IA	6/5/2010	CRAA Long Course Kick Off	
<b>Girls 11-12 100 Free</b>								
1	1:06.62 L	F	Moriah Moore	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
2	1:07.66 L	F	Mallorie Myers	12	CIA IA	6/26/2010	MCSC River City Splash	
3	1:08.48 L	F	Brittany Martin	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
4	1:08.88 L	F	Kelsey Drake	12	CRAA IA	6/26/2010	MCSC River City Splash	
5	1:09.70 L	F	Gracyn Snyder	11	ACAC IA	6/18/2010	MV CSC Summer Invitational	
6	1:10.27 L	P	Charlie Langner	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational	
7	1:11.28 L	F	Cassandra Frazier	12	CIA IA	6/5/2010	CRAA Long Course Kick Off	
8	1:11.43 L	F	Natalie Shultz	12	IFLY IA	6/18/2010	MV CSC Summer Invitational	

## Iowa Swimming, Inc.

### Individual Top Times

Times since: 01-Sep-09

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	Time	P/F/S	Name	Age/Yr			
9	1:11.46 L	P	Natalie Shimp	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
10	1:11.61 L	F	Shannon Carney	12	PVST IA	6/5/2010	CRAA Long Course Kick Off
11	1:11.63 L	F	Morgan Rosser	11	ACAC IA	6/18/2010	MV CSC Summer Invitational
12	1:12.01 L	F	Ariel Roghair	12	ICE IA	6/5/2010	CRAA Long Course Kick Off
13	1:12.24 L	F	Jenna - Lynn Willer	11	DASH IA	6/26/2010	MCSC River City Splash
14	1:12.41 L	F	Madelyn Vajgrt	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
15	1:12.63 L	F	Lydia Yang	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
16	1:12.85 L	F	Elizabeth Mitchell	12	CSA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
17	1:13.08 L	F	Rebecca Hess	12	RCA IA	6/25/2010	IL July Swim Explosion
18	1:13.14 L	F	Erin Goss	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
19	1:13.79 L	F	Nicole Ferguson	12	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	1:13.97 L	F	Meghan Hackett	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 11-12 200 Free</b>							
1	2:23.70 L	F	Samantha Fritz	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
2	2:28.58 L	F	Mallorie Myers	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
3	2:28.60 L	F	Brittany Martin	12	CIA IA	6/26/2010	MCSC River City Splash
4	2:29.45 L	F	Charlie Langner	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
5	2:31.62 L	F	Elizabeth Mitchell	12	CSA IA	6/5/2010	CRAA Long Course Kick Off
6	2:32.14 L	F	Morgan Rosser	11	ACAC IA	6/18/2010	MV CSC Summer Invitational
7	2:32.22 L	F	Natalie Shoultz	12	IFLY IA	6/26/2010	MCSC River City Splash
8	2:35.87 L	F	Cassandra Frazier	12	CIA IA	6/18/2010	MV CSC Summer Invitational
9	2:36.19 L	F	Gracyn Snyder	11	ACAC IA	6/18/2010	MV CSC Summer Invitational
10	2:36.38 L	F	Ariel Roghair	12	ICE IA	6/5/2010	CRAA Long Course Kick Off
11	2:37.70 L	F	Erin Goss	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
12	2:40.17 L	F	Paris Sissel	11	ICE IA	6/5/2010	CRAA Long Course Kick Off
13	2:40.58 L	F	Emma Hruby	11	ICE IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	2:40.99 L	F	Jacqueline Galang	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
15	2:42.52 L	F	Jenna - Lynn Willer	11	DASH IA	6/26/2010	MCSC River City Splash
16	2:42.68 L	F	Sam Jacobsen	12	UN IA	6/5/2010	CRAA Long Course Kick Off
17	2:43.03 L	F	Lydia Yang	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
18	2:43.14 L	F	Emily Wilson	11	CIA IA	6/18/2010	MV CSC Summer Invitational
19	2:44.23 L	F	Lauren Clingman	11	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	2:45.31 L	F	Alison Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 11-12 400 Free</b>							
1	5:05.83 L	F	Samantha Fritz	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
2	5:12.75 L	F	Charlie Langner	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
3	5:16.48 L	F	Brittany Martin	12	CIA IA	6/26/2010	MCSC River City Splash
4	5:18.70 L	F	Mallorie Myers	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
5	5:19.03 L	F	Elizabeth Mitchell	12	CSA IA	6/5/2010	CRAA Long Course Kick Off
6	5:19.23 L	F	Natalie Shoultz	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
7	5:23.30 L	F	Cassandra Frazier	12	CIA IA	6/18/2010	MV CSC Summer Invitational
8	5:23.46 L	F	Morgan Rosser	11	ACAC IA	6/18/2010	MV CSC Summer Invitational
9	5:25.46 L	F	Erica Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
10	5:33.21 L	F	Taylor Beadle	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
11	5:34.16 L	F	Emma Hruby	11	ICE IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	5:34.32 L	F	Madelyn Vajgrt	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
13	5:38.62 L	F	Ariel Roghair	11	ICE IA	5/1/2010	ICE Spring Meltdown
14	5:39.04 L	F	Meghan Hackett	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
15	5:40.36 L	F	Lauren Clingman	11	CIA IA	6/5/2010	CRAA Long Course Kick Off
16	5:42.19 L	F	Emily Wilson	11	CIA IA	6/5/2010	CRAA Long Course Kick Off
17	5:43.52 L	F	Paris Sissel	11	ICE IA	6/26/2010	MCSC River City Splash
18	5:45.13 L	F	Gracyn Snyder	11	ACAC IA	6/18/2010	MV CSC Summer Invitational

## Iowa Swimming, Inc.

## Individual Top Times

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	Time	P/F/S	Name	Age/Yr			
19	5:46.69 L	F	Nicole Ferguson	12	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	5:47.08 L	F	Jacqueline Galang	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 11-12 800 Free</b>							
1	10:45.18 L	F	Samantha Fritz	11	QCA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	11:11.73 L	F	Morgan Rosser	11	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
3	11:15.00 L	F	Moriah Moore	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	12:31.08 L	F	Lexi HORNER	11	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 11-12 1500 Free</b>							
1	20:22.05 L	F	Natalie Shoultz	12	IFLY IA	6/26/2010	MCSC River City Splash
2	20:55.71 L	F	Morgan Rosser	11	ACAC IA	5/1/2010	ICE Spring Meltdown
3	20:56.44 L	F	Charlie Langner	12	BLST IA	5/1/2010	ICE Spring Meltdown
4	22:32.08 L	F	Emma Hruby	11	ICE IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 11-12 50 Back</b>							
1	36.50 L	F	Mallorie Myers	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
2	36.93 L	F	Kelsey Drake	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
3	37.00 L	F	Moriah Moore	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	37.02 L	F	Rebecca Hess	12	RCA IA	6/25/2010	IL July Swim Explosion
5	37.09 L	F	Paige Broghammer	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
6	37.33 L	F	Samantha Fritz	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
7	37.42 L	F	Brittany Martin	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	37.78 L	P	Meghan Hackett	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
9	38.05 L	F	Emily Wilson	11	CIA IA	6/18/2010	MV CSC Summer Invitational
10	38.33 L	F	Elizabeth Mitchell	12	CSA IA	6/5/2010	CRAA Long Course Kick Off
11	38.35 L	F	Nicole Ferguson	12	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	38.91 L	F	Morgan Rosser	11	ACAC IA	6/18/2010	MV CSC Summer Invitational
13	38.99 L	F	Taylor Beadle	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
14*	39.00 L	F	Victoria Roth	11	QCA IA	6/25/2010	IL July Swim Explosion
14*	39.00 L	F	Lydia Yang	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
16	39.32 L	F	Cassandra Frazier	12	CIA IA	6/18/2010	MV CSC Summer Invitational
17	39.33 L	F	Megan Schill	12	DASH IA	6/5/2010	CRAA Long Course Kick Off
18	39.54 L	F	Jenna - Lynn Willer	11	DASH IA	6/26/2010	MCSC River City Splash
19	39.60 L	F	Jacqueline Galang	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
20	39.62 L	F	Ariel Roghair	12	ICE IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 11-12 100 Back</b>							
1	1:16.58 L	F	Mallorie Myers	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
2	1:19.26 L	F	Moriah Moore	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
3	1:20.39 L	F	Elizabeth Mitchell	12	CSA IA	6/5/2010	CRAA Long Course Kick Off
4	1:20.89 L	F	Paige Broghammer	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
5	1:21.12 L	F	Ariel Roghair	12	ICE IA	6/5/2010	CRAA Long Course Kick Off
6	1:21.70 L	F	Brittany Martin	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
7	1:22.79 L	F	Rebecca Hess	12	RCA IA	6/25/2010	IL July Swim Explosion
8	1:22.94 L	F	Erica Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
9	1:23.04 L	F	Kelsey Drake	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
10	1:23.35 L	F	Erin Goss	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
11	1:23.56 L	F	Emily Wilson	11	CIA IA	6/18/2010	MV CSC Summer Invitational
12	1:23.58 L	P	Meghan Hackett	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
13	1:23.63 L	F	Cassandra Frazier	12	CIA IA	6/18/2010	MV CSC Summer Invitational
14	1:23.71 L	F	Lydia Yang	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
15	1:23.95 L	F	Shannon Carney	12	PVST IA	6/5/2010	CRAA Long Course Kick Off
16	1:24.31 L	F	Nicole Ferguson	12	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
17	1:24.36 L	F	Jacqueline Galang	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
18	1:25.73 L	F	Morgan Rosser	11	ACAC IA	6/18/2010	MV CSC Summer Invitational

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
19	1:26.35 L	F	Mallory Obenauf	11	PVST IA	6/5/2010	CRAA Long Course Kick Off
20	1:26.54 L	F	Alison Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 11-12 200 Back</b>							
1	2:43.64 L	F	Mallorie Myers	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
2	2:51.70 L	F	Charlie Langner	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
3	2:52.87 L	F	Samantha Fritz	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
4	2:54.17 L	F	Elizabeth Mitchell	12	CSA IA	6/5/2010	CRAA Long Course Kick Off
5	2:57.70 L	F	Brittany Martin	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
6	2:58.74 L	F	Natalie Shultz	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
7	3:00.29 L	F	Emily Wilson	11	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	3:00.93 L	F	Alanna Thompson	12	USSD IA	6/5/2010	CRAA Long Course Kick Off
9	3:02.25 L	F	Meghan Hackett	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
10	3:02.33 L	F	Alison Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
11	3:03.27 L	F	Ariel Roghair	11	ICE IA	5/1/2010	ICE Spring Meltdown
12	3:04.72 L	F	Jenna - Lynn Willer	11	DASH IA	6/5/2010	CRAA Long Course Kick Off
13	3:04.90 L	F	Paris Sissel	11	ICE IA	6/5/2010	CRAA Long Course Kick Off
14	3:07.02 L	F	Emma Hruby	11	ICE IA	5/1/2010	ICE Spring Meltdown
15	3:08.52 L	F	Carlie Noel	11	DASH IA	6/5/2010	CRAA Long Course Kick Off
16	3:08.65 L	F	Carlyn Haas	12	ICE IA	5/1/2010	ICE Spring Meltdown
17	3:09.03 L	F	Jessica Sund	11	BLST IA	6/5/2010	CRAA Long Course Kick Off
18	3:09.30 L	F	Victoria Roth	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
19	3:10.22 L	F	Lauren Clingman	11	CIA IA	6/5/2010	CRAA Long Course Kick Off
20	3:12.54 L	F	Megan Schill	12	DASH IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 11-12 50 Breast</b>							
1	37.42 L	F	Natalie Shimp	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
2	39.02 L	F	Moriah Moore	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
3	39.14 L	F	Cassandra Frazier	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	40.09 L	F	Kelsey Drake	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
5	40.76 L	F	Charlie Langner	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
6	41.99 L	F	Rachel Manderscheid	12	ACAC IA	6/18/2010	MV CSC Summer Invitational
7	42.70 L	F	Paige Broghammer	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
8	43.33 L	F	Brittany Martin	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
9	43.84 L	F	Madelyn Vajgrt	12	CIA IA	6/26/2010	MCSC River City Splash
10	44.03 L	P	Meghan Hackett	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
11	44.13 L	F	Erica Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
12	44.38 L	F	Emily Wilson	11	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
13	44.82 L	F	Lauren Clingman	11	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	44.95 L	F	Sarah Lammers	12	BETT IA	6/5/2010	CRAA Long Course Kick Off
15	45.39 L	F	Jenna Pehowski	11	PVST IA	6/5/2010	CRAA Long Course Kick Off
16	46.12 L	F	Rebecca Hess	12	RCA IA	6/25/2010	IL July Swim Explosion
17	46.21 L	F	Taylor Golden	11	CRAA IA	6/5/2010	CRAA Long Course Kick Off
18	46.24 L	F	Kelly Cherrier	12	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	46.29 L	F	Lexi HORNER	11	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	46.31 L	F	McClaren Rodriguez	12	MCSC IA	6/26/2010	MCSC River City Splash
<b>Girls 11-12 100 Breast</b>							
1	1:23.27 L	F	Natalie Shimp	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
2	1:27.80 L	F	Cassandra Frazier	12	CIA IA	6/18/2010	MV CSC Summer Invitational
3	1:28.64 L	P	Charlie Langner	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
4	1:29.31 L	F	Rachel Manderscheid	12	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
5	1:30.50 L	F	Paige Broghammer	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
6	1:31.20 L	F	Kelsey Drake	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
7	1:32.03 L	F	Mallorie Myers	12	CIA IA	6/26/2010	MCSC River City Splash

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

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	Time	P/F/S	Name	Age/Yr			
8	1:33.29 L	F	Lauren Goeser	12	DMET IA	6/5/2010	CRAA Long Course Kick Off
9	1:34.32 L	F	Madelyn Vajgrt	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	1:34.90 L	F	Gracyn Snyder	11	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
11	1:36.07 L	F	Erica Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
12	1:37.06 L	P	Meghan Hackett	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
13	1:38.46 L	F	Emily Wilson	11	CIA IA	6/18/2010	MV CSC Summer Invitational
14	1:39.00 L	F	Sarah Lammers	12	BETT IA	6/5/2010	CRAA Long Course Kick Off
15	1:39.17 L	F	Kelly Cherrier	12	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
16	1:39.28 L	F	Megan Schill	12	DASH IA	6/5/2010	CRAA Long Course Kick Off
17	1:39.59 L	F	Emma Hruby	11	ICE IA	6/5/2010	CRAA Long Course Kick Off
18	1:40.36 L	F	Karen Sell	11	IFLY IA	6/5/2010	CRAA Long Course Kick Off
19	1:40.58 L	F	Carlie Noel	11	DASH IA	6/5/2010	CRAA Long Course Kick Off
20	1:40.62 L	F	Lauren Clingman	11	CIA IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 11-12 200 Breast</b>							
1	3:11.44 L	F	Charlie Langner	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
2	3:11.75 L	F	Samantha Fritz	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
3	3:13.48 L	F	Mallorie Myers	12	CIA IA	6/26/2010	MCSC River City Splash
4	3:19.29 L	F	Madelyn Vajgrt	12	CIA IA	6/26/2010	MCSC River City Splash
5	3:20.37 L	F	Paige Broghammer	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
6	3:25.41 L	F	Shannon Carney	12	PVST IA	6/5/2010	CRAA Long Course Kick Off
7	3:26.56 L	F	Megan Schill	12	DASH IA	6/5/2010	CRAA Long Course Kick Off
8	3:29.82 L	F	Kelly Cherrier	12	UN IA	6/5/2010	CRAA Long Course Kick Off
9	3:30.11 L	F	Sarah Lammers	12	BETT IA	6/5/2010	CRAA Long Course Kick Off
10	3:32.00 L	F	Morgan Rosser	11	ACAC IA	5/1/2010	ICE Spring Meltdown
11	3:32.85 L	F	Emma Hruby	11	ICE IA	6/5/2010	CRAA Long Course Kick Off
12	3:36.51 L	F	Alisia Woodward	12	USSD IA	6/26/2010	MCSC River City Splash
13	3:40.76 L	F	Jessica Sund	11	BLST IA	6/5/2010	CRAA Long Course Kick Off
14	3:43.28 L	F	Caro Lamarque	12	DMET IA	6/5/2010	CRAA Long Course Kick Off
15	3:44.72 L	F	Catherine Bayouth	12	ICE IA	6/5/2010	CRAA Long Course Kick Off
16	3:44.86 L	F	Megan Schade	12	PVST IA	6/5/2010	CRAA Long Course Kick Off
17	3:52.83 L	F	Teresa Howard	12	MCSC IA	6/26/2010	MCSC River City Splash
18	4:05.72 L	F	Lauren Gifford	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
19	4:10.82 L	F	Angela Eppens	12	MCSC IA	6/26/2010	MCSC River City Splash
20	4:18.59 L	F	Kathryn Alden	11	ICE IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 11-12 50 Fly</b>							
1	32.35 L	F	Kelsey Drake	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
2	32.54 L	F	Samantha Fritz	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
3	33.79 L	F	Gracyn Snyder	11	ACAC IA	6/18/2010	MV CSC Summer Invitational
4	34.26 L	F	Meghan Hackett	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
5	34.86 L	F	Rebecca Hess	12	RCA IA	6/5/2010	CRAA Long Course Kick Off
6	35.12 L	F	Brittany Martin	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
7	35.20 L	F	Charlie Langner	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
8	35.47 L	P	Natalie Shimp	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
9	35.49 L	F	Cassandra Frazier	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	35.91 L	F	Jenna - Lynn Willer	11	DASH IA	6/26/2010	MCSC River City Splash
11	36.11 L	F	Sarah Schemmel	11	BETT IA	6/5/2010	CRAA Long Course Kick Off
12	36.17 L	F	Taylor Beadle	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
13	36.39 L	F	Moriah Moore	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14*	36.69 L	F	Lydia Yang	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
14*	36.69 L	F	Elizabeth Mitchell	12	CSA IA	6/5/2010	CRAA Long Course Kick Off
16	36.88 L	F	Erin Goss	11	QCA IA	6/25/2010	IL July Swim Explosion
17	37.04 L	F	Emily Wilson	11	CIA IA	6/5/2010	CRAA Long Course Kick Off

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
18	37.33 L	F	Nicole Ferguson	12	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	37.42 L	F	Megan Schill	12	DASH IA	6/5/2010	CRAA Long Course Kick Off
20	37.65 L	F	Jacqueline Galang	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 11-12 100 Fly</b>							
1	1:12.66 L	F	Kelsey Drake	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
2	1:13.91 L	F	Samantha Fritz	11	QCA IA	6/5/2010	CRAA Long Course Kick Off
3	1:18.87 L	F	Meghan Hackett	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
4	1:19.08 L	F	Gracyn Snyder	11	ACAC IA	6/18/2010	MV CSC Summer Invitational
5	1:20.68 L	F	Natalie Shoultz	12	IFLY IA	6/18/2010	MV CSC Summer Invitational
6	1:20.70 L	F	Cassandra Frazier	12	CIA IA	6/18/2010	MV CSC Summer Invitational
7	1:23.54 L	F	Brittany Martin	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
8	1:23.74 L	F	Rebecca Hess	12	RCA IA	6/25/2010	IL July Swim Explosion
9	1:23.78 L	F	Erica Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
10	1:23.94 L	F	Charlie Langner	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
11	1:25.05 L	F	Ariel Roghair	12	ICE IA	6/5/2010	CRAA Long Course Kick Off
12	1:26.02 L	F	Morgan Rosser	11	ACAC IA	6/18/2010	MV CSC Summer Invitational
13	1:27.45 L	P	Natalie Shimp	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
14	1:28.03 L	F	Alison Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
15	1:28.49 L	F	Lauren Goeser	12	DMET IA	6/5/2010	CRAA Long Course Kick Off
16	1:29.19 L	F	Megan Schill	12	DASH IA	6/5/2010	CRAA Long Course Kick Off
17	1:29.86 L	F	Katherine Severino	11	CIA IA	6/5/2010	CRAA Long Course Kick Off
18	1:30.12 L	F	Emily Wilson	11	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	1:30.30 L	F	Jenna - Lynn Willer	11	DASH IA	6/26/2010	MCSC River City Splash
20	1:30.40 L	F	Elizabeth Mitchell	12	CSA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 11-12 200 Fly</b>							
1	3:00.93 L	F	Natalie Shoultz	12	IFLY IA	6/26/2010	MCSC River City Splash
2	3:06.00 L	F	Morgan Rosser	11	ACAC IA	6/26/2010	MCSC River City Splash
3	3:20.19 L	F	Meghan Hackett	12	BLST IA	6/5/2010	CRAA Long Course Kick Off
4	3:40.08 L	F	Alanna Thompson	12	USSD IA	6/26/2010	MCSC River City Splash
<b>Girls 11-12 200 IM</b>							
1	2:45.19 L	F	Mallorie Myers	12	CIA IA	6/5/2010	CRAA Long Course Kick Off
2	2:47.40 L	F	Charlie Langner	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
3	2:47.88 L	F	Cassandra Frazier	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	2:51.63 L	F	Brittany Martin	12	CIA IA	6/18/2010	MV CSC Summer Invitational
5	2:51.96 L	F	Natalie Shoultz	12	IFLY IA	6/18/2010	MV CSC Summer Invitational
6	2:53.34 L	F	Natalie Shimp	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
7	2:55.14 L	F	Kelsey Drake	12	CRAA IA	6/26/2010	MCSC River City Splash
8	2:55.66 L	F	Erica Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
9	2:55.96 L	F	Morgan Rosser	11	ACAC IA	6/18/2010	MV CSC Summer Invitational
10	2:57.70 L	F	Gracyn Snyder	11	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
11	2:58.23 L	F	Madelyn Vajgrt	12	CIA IA	6/26/2010	MCSC River City Splash
12	2:58.38 L	F	Shannon Carney	12	PVST IA	6/5/2010	CRAA Long Course Kick Off
13	2:59.21 L	F	Erin Goss	11	QCA IA	6/25/2010	IL July Swim Explosion
14	2:59.30 L	F	Ariel Roghair	12	ICE IA	6/5/2010	CRAA Long Course Kick Off
15	3:00.52 L	F	Paige Broghammer	12	CRAA IA	6/5/2010	CRAA Long Course Kick Off
16	3:00.79 L	F	Meghan Hackett	12	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
17	3:01.81 L	F	Nicole Ferguson	12	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	3:02.25 L	F	Alison Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
19	3:02.49 L	F	Jacqueline Galang	12	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	3:02.77 L	F	Emily Wilson	11	CIA IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 11-12 400 IM</b>							
1	5:58.38 L	F	Samantha Fritz	11	QCA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
2	6:02.78 L	F	Natalie Shoultz	12	IFLY IA	6/26/2010	MCSC River City Splash
3	6:08.99 L	F	Erica Hsu	12	IFLY IA	6/5/2010	CRAA Long Course Kick Off
4	6:17.24 L	F	Brittany Martin	12	CIA IA	6/26/2010	MCSC River City Splash
5	6:24.82 L	F	Nicole Ferguson	12	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
6	6:31.25 L	F	Elizabeth Mitchell	12	CSA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
7	6:33.31 L	F	Lauren Clingman	11	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	6:39.12 L	F	Emma Hruby	11	ICE IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 13-14 50 Free</b>							
1	28.51 L	F	McKenna Lynch	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	28.57 L	F	Ashton Ehrecke	13	BETT IA	6/25/2010	IN FAST Summer Jam Invitational
3	29.45 L	F	Hannah Newell	14	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	29.61 L	F	Madeline Burnham	14	PVST IA	6/25/2010	IL July Swim Explosion
5	29.62 L	F	Sydney Sorenson	14	ACAC IA	6/18/2010	MV CSC Summer Invitational
6	29.71 L	F	Allison Moore	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
7	29.74 L	F	Katharine Ross	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	29.98 L	F	Tereysa Lehnertz	14	IFLY IA	5/1/2010	ICE Spring Meltdown
9	30.04 L	F	Regan Kilburn	13	QCA IA	6/25/2010	IL July Swim Explosion
10	30.06 L	F	Nicole Davis	14	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
11	30.24 L	F	Lilian ZHU	14	IFLY IA	6/5/2010	CRAA Long Course Kick Off
12	30.70 L	F	Baylee Bowman	13	QCA IA	6/5/2010	CRAA Long Course Kick Off
13	30.73 L	F	Jennifer Brown	14	CIA IA	6/18/2010	MV CSC Summer Invitational
14	30.74 L	F	McKenna Pierce	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
15	30.83 L	F	Carly Colville	14	CIA IA	6/26/2010	MCSC River City Splash
16	30.91 L	F	Sara Bentley	13	ACAC IA	5/1/2010	ICE Spring Meltdown
17	31.36 L	F	Carmen Vajgrt	14	CIA IA	6/26/2010	MCSC River City Splash
18	31.42 L	F	Evan Hundley	13	BETT IA	6/5/2010	CRAA Long Course Kick Off
19*	31.47 L	F	Catherine Sell	14	IFLY IA	6/26/2010	MCSC River City Splash
19*	31.47 L	F	Savannah Butler	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
<b>Girls 13-14 100 Free</b>							
1	1:01.32 L	F	McKenna Lynch	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	1:03.88 L	F	Ashton Ehrecke	13	BETT IA	6/25/2010	IN FAST Summer Jam Invitational
3	1:04.60 L	F	Lilian ZHU	14	IFLY IA	6/5/2010	CRAA Long Course Kick Off
4	1:04.77 L	F	Hannah Newell	14	ACAC IA	6/18/2010	MV CSC Summer Invitational
5	1:05.09 L	F	Jennifer Brown	14	CIA IA	6/18/2010	MV CSC Summer Invitational
6	1:05.26 L	F	Carly Colville	14	CIA IA	6/26/2010	MCSC River City Splash
7	1:05.35 L	F	Tereysa Lehnertz	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
8	1:05.53 L	F	Sydney Sorenson	14	ACAC IA	6/18/2010	MV CSC Summer Invitational
9	1:05.58 L	F	Jacquelyn Hughes	14	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	1:05.96 L	F	Madeline Burnham	14	PVST IA	6/25/2010	IL July Swim Explosion
11*	1:06.05 L	F	Regan Kilburn	13	QCA IA	6/25/2010	IL July Swim Explosion
11*	1:06.05 L	F	Katharine Ross	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
13	1:06.48 L	F	Baylee Bowman	13	QCA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	1:06.53 L	F	Carmen Vajgrt	14	CIA IA	6/26/2010	MCSC River City Splash
15	1:06.69 L	F	Sophie Shoultz	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
16	1:07.01 L	F	Savannah Butler	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
17	1:07.36 L	F	Evan Hundley	13	BETT IA	6/5/2010	CRAA Long Course Kick Off
18	1:07.76 L	F	McKenna Pierce	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	1:08.08 L	F	Taylor Pherigo	14	BLST IA	5/1/2010	ICE Spring Meltdown
20	1:08.25 L	F	Aftin Phyfe	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 13-14 200 Free</b>							
1	2:12.56 L	F	McKenna Lynch	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	2:18.39 L	F	Jennifer Brown	14	CIA IA	6/18/2010	MV CSC Summer Invitational

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

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	Time	P/F/S	Name	Age/Yr			
3	2:20.36 L	F	Jacquelyn Hughes	14	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	2:21.64 L	F	Madeline Burnham	14	PVST IA	6/25/2010	IL July Swim Explosion
5	2:22.10 L	F	Evan Hundley	13	BETT IA	6/5/2010	CRAA Long Course Kick Off
6	2:22.67 L	F	Tereysa Lehnertz	14	IFLY IA	5/1/2010	ICE Spring Meltdown
7	2:22.90 L	F	Sophie Shoultz	14	IFLY IA	6/5/2010	CRAA Long Course Kick Off
8	2:23.46 L	F	Regan Kilburn	13	QCA IA	6/25/2010	IL July Swim Explosion
9	2:23.94 L	F	Sydney Sorenson	14	ACAC IA	6/18/2010	MV CSC Summer Invitational
10	2:24.49 L	F	Taylor Pherigo	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
11	2:24.99 L	F	Savannah Butler	14	IFLY IA	6/5/2010	CRAA Long Course Kick Off
12	2:25.46 L	F	Hannah Newell	14	ACAC IA	6/18/2010	MV CSC Summer Invitational
13	2:26.08 L	F	Carly Colville	14	CIA IA	6/26/2010	MCSC River City Splash
14	2:27.24 L	F	Emily Tuazon	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
15	2:27.50 L	F	Allison Moore	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
16	2:27.71 L	F	Carmen Vajgrt	14	CIA IA	6/26/2010	MCSC River City Splash
17	2:28.82 L	F	Quinn Taylor	14	CRAA IA	6/5/2010	CRAA Long Course Kick Off
18	2:29.71 L	F	Melanie Schaefer	13	DASH IA	6/5/2010	CRAA Long Course Kick Off
19	2:30.37 L	F	Sarah Ritchie	13	IFLY IA	6/5/2010	CRAA Long Course Kick Off
20	2:30.48 L	F	Sara Bentley	13	ACAC IA	6/18/2010	MV CSC Summer Invitational

## Girls 13-14 400 Free

1	4:35.24 L	F	McKenna Lynch	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	4:49.16 L	F	Jacquelyn Hughes	14	CRAA IA	6/26/2010	MCSC River City Splash
3	4:50.03 L	F	Sophie Shoultz	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
4	4:50.27 L	F	Tereysa Lehnertz	14	IFLY IA	6/26/2010	MCSC River City Splash
5	4:51.40 L	F	Jennifer Brown	14	CIA IA	6/18/2010	MV CSC Summer Invitational
6	5:01.17 L	F	Madeline Burnham	14	PVST IA	6/25/2010	IL July Swim Explosion
7	5:01.44 L	F	Evan Hundley	13	BETT IA	6/5/2010	CRAA Long Course Kick Off
8	5:05.84 L	F	Emily Tuazon	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
9	5:06.38 L	F	Carly Colville	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	5:07.18 L	F	Taylor Pherigo	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
11	5:08.99 L	F	McKenna Pierce	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12*	5:11.21 L	F	Allison Moore	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12*	5:11.21 L	F	Sara Bentley	13	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	5:11.58 L	F	Carmen Vajgrt	14	CIA IA	6/26/2010	MCSC River City Splash
15	5:13.52 L	F	Savannah Butler	14	IFLY IA	6/5/2010	CRAA Long Course Kick Off
16	5:13.97 L	F	Jasmine Roghair	14	ICE IA	6/5/2010	CRAA Long Course Kick Off
17	5:15.57 L	F	Nicole Davis	14	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	5:18.48 L	F	Sarah Ritchie	13	IFLY IA	6/5/2010	CRAA Long Course Kick Off
19	5:19.72 L	F	Quinn Taylor	14	CRAA IA	5/1/2010	ICE Spring Meltdown
20	5:20.41 L	F	Payton Augustine	13	BLST IA	5/1/2010	ICE Spring Meltdown

## Girls 13-14 800 Free

1	9:37.83 L	F	McKenna Lynch	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	9:59.09 L	F	Jacquelyn Hughes	14	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
3	10:06.86 L	F	Sophie Shoultz	14	IFLY IA	6/26/2010	MCSC River City Splash
4	10:31.30 L	F	McKenna Pierce	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
5	11:08.01 L	F	Sara Bentley	13	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
6	11:19.48 L	F	Hannah Newell	14	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
7	11:22.89 L	F	Kaitlin Wistey	14	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	11:41.08 L	F	Makayla Kadner	13	CSA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
9	11:45.45 L	F	Hannah Saulnier	14	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	11:47.82 L	F	Johannah Gillaspey	14	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
11	12:49.77 L	F	Angie Ellendson	14	UN IA	6/26/2010	MCSC River City Splash

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

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	Time	P/F/S	Name	Age/Yr			
<b>Girls 13-14 1500 Free</b>							
1	18:45.78 L	F	Jennifer Brown	14	CIA IA	6/18/2010	MV CSC Summer Invitational
2	19:22.23 L	F	Sophie Shoultz	14	IFLY IA	5/1/2010	ICE Spring Meltdown
3	19:25.51 L	F	Jacquelyn Hughes	14	CRAA IA	5/1/2010	ICE Spring Meltdown
4	20:05.71 L	F	Savannah Butler	14	IFLY IA	6/26/2010	MCSC River City Splash
5	20:29.34 L	F	Quinn Taylor	14	CRAA IA	5/1/2010	ICE Spring Meltdown
6	21:46.80 L	F	Diana Zarate	14	BLST IA	6/26/2010	MCSC River City Splash
7	23:04.88 L	F	Haley Harding	13	DMSF IA	6/26/2010	MCSC River City Splash
<b>Girls 13-14 100 Back</b>							
1	1:12.56 L	F	Kaitlin Wistey	14	DMSF IA	6/18/2010	MV CSC Summer Invitational
2	1:13.02 L	F	Regan Kilburn	13	QCA IA	6/5/2010	CRAA Long Course Kick Off
3	1:13.08 L	F	Lilian ZHU	14	IFLY IA	6/5/2010	CRAA Long Course Kick Off
4	1:13.50 L	F	Tereysa Lehnertz	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
5	1:14.46 L	F	McKenna Lynch	14	CIA IA	5/1/2010	ICE Spring Meltdown
6	1:14.72 L	F	Sophie Shoultz	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
7	1:14.90 L	F	Evan Hundley	13	BETT IA	6/5/2010	CRAA Long Course Kick Off
8	1:14.94 L	F	Katharine Ross	14	CIA IA	6/26/2010	MCSC River City Splash
9	1:15.11 L	F	Ashton Ehrecke	13	BETT IA	6/25/2010	IN FAST Summer Jam Invitational
10	1:15.20 L	F	Jennifer Brown	14	CIA IA	6/18/2010	MV CSC Summer Invitational
11	1:15.53 L	F	Aftin Phyfe	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
12	1:16.50 L	F	Emily Tuazon	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
13	1:17.53 L	F	Sara Bentley	13	ACAC IA	6/18/2010	MV CSC Summer Invitational
14	1:19.41 L	F	Lexi Banwart	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
15	1:19.50 L	F	Baylee Bowman	13	QCA IA	6/25/2010	IL July Swim Explosion
16	1:20.50 L	P	Martee Grainger	13	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
17	1:20.95 L	F	Taylor Pherigo	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
18	1:21.06 L	F	Payton Augustine	13	BLST IA	6/5/2010	CRAA Long Course Kick Off
19	1:21.48 L	F	Allison Moore	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	1:22.11 L	F	Quinn Taylor	14	CRAA IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 13-14 200 Back</b>							
1	2:33.71 L	F	McKenna Lynch	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	2:35.02 L	F	Sophie Shoultz	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
3	2:35.59 L	F	Tereysa Lehnertz	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
4	2:36.70 L	F	Kaitlin Wistey	14	DMSF IA	6/18/2010	MV CSC Summer Invitational
5	2:37.94 L	F	Evan Hundley	13	BETT IA	6/5/2010	CRAA Long Course Kick Off
6	2:39.17 L	F	Regan Kilburn	13	QCA IA	6/25/2010	IL July Swim Explosion
7	2:41.51 L	F	Jennifer Brown	14	CIA IA	6/18/2010	MV CSC Summer Invitational
8	2:43.93 L	F	Sara Bentley	13	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
9	2:44.67 L	F	Jacquelyn Hughes	14	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	2:44.73 L	F	Aftin Phyfe	14	BLST IA	5/1/2010	ICE Spring Meltdown
11	2:45.16 L	F	Ashton Ehrecke	13	BETT IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	2:46.36 L	F	Emily Tuazon	14	CIA IA	6/5/2010	CRAA Long Course Kick Off
13	2:46.39 L	F	Allison Moore	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	2:47.89 L	P	Lexi Banwart	14	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
15	2:48.00 L	F	Madeline Burnham	14	PVST IA	6/25/2010	IL July Swim Explosion
16	2:48.26 L	F	Quinn Taylor	14	CRAA IA	6/5/2010	CRAA Long Course Kick Off
17	2:49.49 L	F	McKenna Pierce	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	2:50.12 L	F	Baylee Bowman	13	QCA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	2:50.36 L	F	Payton Augustine	13	BLST IA	6/5/2010	CRAA Long Course Kick Off
20	2:55.31 L	F	Lauren Noel	13	DASH IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 13-14 100 Breast</b>							
1	1:18.50 L	F	Katharine Ross	14	CIA IA	5/1/2010	ICE Spring Meltdown

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
2	1:19.99 L	F	Sydney Sorenson	14	ACAC IA	6/18/2010	MV CSC Summer Invitational
3	1:20.43 L	F	Savannah Butler	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
4	1:20.63 L	F	Jacquelyn Hughes	14	CRAA IA	6/26/2010	MCSC River City Splash
5	1:21.17 L	F	Ashton Ehrecke	13	BETT IA	6/25/2010	IN FAST Summer Jam Invitational
6	1:23.31 L	F	Payton Augustine	13	BLST IA	5/1/2010	ICE Spring Meltdown
7	1:25.10 L	F	Sara Bentley	13	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	1:25.16 L	F	Chloe Kuehner	14	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
9	1:27.19 L	F	Moriah Ross	13	CIA IA	6/26/2010	MCSC River City Splash
10	1:27.51 L	F	Carmen Vajgrt	14	CIA IA	6/26/2010	MCSC River City Splash
11	1:28.79 L	F	Allison Moore	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	1:29.66 L	F	Taylor Pherigo	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
13	1:30.07 L	F	Carly Colville	14	CIA IA	6/26/2010	MCSC River City Splash
14	1:30.24 L	F	Catherine Sell	14	IFLY IA	6/26/2010	MCSC River City Splash
15	1:31.20 L	F	Lilian ZHU	14	IFLY IA	6/5/2010	CRAA Long Course Kick Off
16	1:31.28 L	F	Amanda Jacobsen	14	UN IA	6/5/2010	CRAA Long Course Kick Off
17	1:32.06 L	F	Kaitlin Wistey	14	DMSF IA	6/5/2010	CRAA Long Course Kick Off
18	1:32.34 L	F	Lauren Anderson	14	PVST IA	6/25/2010	IL July Swim Explosion
19	1:32.40 L	F	Nikki Erling	14	RCA IA	6/25/2010	IL July Swim Explosion
20	1:32.68 L	F	Lauren Goeser	13	DMET IA	6/25/2010	IL July Swim Explosion
<b>Girls 13-14 200 Breast</b>							
1	2:53.04 L	F	Jacquelyn Hughes	14	CRAA IA	6/26/2010	MCSC River City Splash
2	2:54.03 L	F	Savannah Butler	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
3	2:54.23 L	F	Sydney Sorenson	14	ACAC IA	6/18/2010	MV CSC Summer Invitational
4	2:54.84 L	F	Katharine Ross	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
5	2:58.00 L	F	Ashton Ehrecke	13	BETT IA	6/25/2010	IN FAST Summer Jam Invitational
6	2:58.22 L	P	Payton Augustine	13	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
7	3:04.45 L	F	Sara Bentley	13	ACAC IA	6/18/2010	MV CSC Summer Invitational
8	3:06.63 L	F	Moriah Ross	13	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
9	3:08.97 L	F	Chloe Kuehner	14	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	3:11.26 L	F	Carmen Vajgrt	14	CIA IA	6/26/2010	MCSC River City Splash
11	3:12.95 L	F	McKenna Pierce	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	3:14.68 L	F	McKenna Lynch	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
13	3:15.98 L	F	Catherine Sell	14	IFLY IA	6/26/2010	MCSC River City Splash
14	3:16.49 L	F	Lauren Goeser	13	DMET IA	6/25/2010	IL July Swim Explosion
15	3:16.62 L	F	Kaitlin Wistey	14	DMSF IA	6/18/2010	MV CSC Summer Invitational
16	3:20.04 L	F	Quinn Taylor	14	CRAA IA	5/1/2010	ICE Spring Meltdown
17	3:22.52 L	F	Johannah Gillaspey	14	DMSF IA	6/5/2010	CRAA Long Course Kick Off
18	3:23.82 L	F	Haley Harding	13	DMSF IA	6/5/2010	CRAA Long Course Kick Off
19	3:24.89 L	F	Emily Hassebroek	14	USSD IA	6/5/2010	CRAA Long Course Kick Off
20	3:26.66 L	F	Nikki Erling	14	RCA IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 13-14 100 Fly</b>							
1	1:08.11 L	F	McKenna Lynch	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	1:09.78 L	F	Katharine Ross	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
3	1:10.79 L	F	Madeline Burnham	14	PVST IA	6/25/2010	IL July Swim Explosion
4	1:11.92 L	F	Ashton Ehrecke	13	BETT IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
5	1:12.79 L	F	Tereysa Lehnertz	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
6	1:13.48 L	F	Taylor Pherigo	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
7	1:14.43 L	F	Lilian ZHU	14	IFLY IA	6/5/2010	CRAA Long Course Kick Off
8	1:16.77 L	F	Sydney Sorenson	14	ACAC IA	6/18/2010	MV CSC Summer Invitational
9	1:17.02 L	F	Sara Bentley	13	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	1:17.55 L	F	Hannah Newell	14	ACAC IA	6/18/2010	MV CSC Summer Invitational
11	1:17.63 L	F	Lauren Noel	13	DASH IA	6/5/2010	CRAA Long Course Kick Off

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
12	1:17.78 L	F	Carly Colville	14	CIA IA	6/26/2010	MCSC River City Splash
13	1:18.31 L	F	Catherine Sell	14	IFLY IA	6/26/2010	MCSC River City Splash
14	1:18.94 L	F	Savannah Butler	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
15	1:19.56 L	F	McKenna Pierce	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
16	1:20.22 L	F	Emily Tuazon	14	CIA IA	6/5/2010	CRAA Long Course Kick Off
17	1:20.41 L	F	Sarah Ritchie	13	IFLY IA	6/5/2010	CRAA Long Course Kick Off
18	1:20.48 L	F	Moriah Ross	13	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	1:20.91 L	F	Carmen Vajgrt	14	CIA IA	6/26/2010	MCSC River City Splash
20	1:21.62 L	F	Aftin Phyfe	14	BLST IA	5/1/2010	ICE Spring Meltdown
<b>Girls 13-14 200 Fly</b>							
1	2:40.15 L	F	McKenna Lynch	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	2:42.08 L	F	Taylor Pherigo	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
3	2:52.42 L	F	Madeline Burnham	14	PVST IA	6/25/2010	IL July Swim Explosion
4	2:56.43 L	F	Jacquelyn Hughes	14	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
5	3:01.67 L	F	Catherine Sell	14	IFLY IA	6/26/2010	MCSC River City Splash
6	3:06.87 L	F	Moriah Ross	13	CIA IA	6/26/2010	MCSC River City Splash
7	3:07.16 L	F	Sara Bentley	13	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	3:08.83 L	F	Lauren Goeser	13	DMET IA	6/25/2010	IL July Swim Explosion
9	3:09.84 L	F	Courtney Goeser	13	DMET IA	6/25/2010	IL July Swim Explosion
10	3:10.44 L	F	Sydney Sorenson	14	ACAC IA	5/1/2010	ICE Spring Meltdown
11	3:24.41 L	F	Hannah Newell	14	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 13-14 200 IM</b>							
1	2:34.56 L	F	McKenna Lynch	14	CIA IA	6/26/2010	MCSC River City Splash
2	2:35.68 L	F	Katharine Ross	14	CIA IA	6/26/2010	MCSC River City Splash
3	2:37.99 L	F	Jacquelyn Hughes	14	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	2:38.35 L	F	Sydney Sorenson	14	ACAC IA	6/18/2010	MV CSC Summer Invitational
5	2:39.18 L	F	Ashton Ehrecke	13	BETT IA	6/25/2010	IN FAST Summer Jam Invitational
6	2:39.72 L	F	Lilian ZHU	14	IFLY IA	6/5/2010	CRAA Long Course Kick Off
7	2:40.54 L	F	Sophie Shoultz	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
8	2:42.29 L	F	Madeline Burnham	14	PVST IA	6/25/2010	IL July Swim Explosion
9	2:42.57 L	F	Tereysa Lehnertz	14	IFLY IA	5/1/2010	ICE Spring Meltdown
10	2:42.64 L	F	Savannah Butler	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
11	2:43.00 L	F	Sara Bentley	13	ACAC IA	6/18/2010	MV CSC Summer Invitational
12	2:43.31 L	F	Taylor Pherigo	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
13	2:44.19 L	F	Evan Hundley	13	BETT IA	6/5/2010	CRAA Long Course Kick Off
14	2:44.90 L	F	Payton Augustine	13	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
15	2:45.21 L	F	Carmen Vajgrt	14	CIA IA	6/26/2010	MCSC River City Splash
16	2:46.93 L	F	Carly Colville	14	CIA IA	6/26/2010	MCSC River City Splash
17	2:48.09 L	F	Catherine Sell	13	IFLY IA	5/1/2010	ICE Spring Meltdown
18	2:48.10 L	F	Jennifer Brown	14	CIA IA	5/1/2010	ICE Spring Meltdown
19	2:49.37 L	F	Kaitlin Wistey	14	DMSF IA	6/18/2010	MV CSC Summer Invitational
20	2:49.61 L	F	Sarah Ritchie	13	IFLY IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 13-14 400 IM</b>							
1	5:22.72 L	F	Katharine Ross	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	5:23.04 L	F	McKenna Lynch	14	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
3	5:27.26 L	F	Jacquelyn Hughes	14	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	5:34.25 L	F	Sophie Shoultz	14	IFLY IA	6/18/2010	MV CSC Summer Invitational
5	5:44.58 L	F	Lilian ZHU	14	IFLY IA	6/5/2010	CRAA Long Course Kick Off
6	5:48.15 L	F	Payton Augustine	13	BLST IA	5/1/2010	ICE Spring Meltdown
7	5:53.66 L	F	Sara Bentley	13	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	5:55.03 L	F	Taylor Pherigo	14	BLST IA	5/1/2010	ICE Spring Meltdown
9	6:01.67 L	F	Sydney Sorenson	14	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
10	6:05.01 L	F	Moriah Ross	13	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
11	6:06.87 L	F	Emily Tuazon	14	CIA IA	6/5/2010	CRAA Long Course Kick Off
12	6:07.25 L	F	Sarah Ritchie	13	IFLY IA	6/5/2010	CRAA Long Course Kick Off
13	6:07.43 L	F	Aftin Phyfe	14	BLST IA	5/1/2010	ICE Spring Meltdown
14	6:10.70 L	F	Quinn Taylor	14	CRAA IA	6/5/2010	CRAA Long Course Kick Off
15	6:19.57 L	F	Lexi Banwart	14	BLST IA	6/5/2010	CRAA Long Course Kick Off
16	6:19.96 L	F	Lauren Goeser	13	DMET IA	6/25/2010	IL July Swim Explosion
17	6:20.30 L	F	Baylee Bowman	13	QCA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	6:21.46 L	F	Chloe Kuehner	14	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	6:27.86 L	F	Haley Harding	13	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	6:28.29 L	F	Kelly Cherrier	13	UN IA	6/26/2010	MCSC River City Splash
<b>Girls 15-16 50 Free</b>							
1	27.59 L	F	Maddie Bro	15	CIA IA	6/4/2010	MN TWIN Jump Into June
2	28.27 L	F	Taylor Flummerfelt	15	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
3	28.75 L	F	Gabrielle Stecker	15	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
4	28.80 L	F	Margaret Barber	16	QCA IA	6/25/2010	IL July Swim Explosion
5	29.00 L	P	Alexandra Stecker	16	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
6	29.28 L	F	Lauren Rosser	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
7	29.39 L	F	Brittney Buckner	16	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	29.49 L	F	Loretta Kraling	16	MCSC IA	6/26/2010	MCSC River City Splash
9	29.58 L	F	Claire Larson	15	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	29.65 L	F	Anna Bump	15	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
11*	29.91 L	F	Rachel Shriver	16	ACAC IA	6/18/2010	MV CSC Summer Invitational
11*	29.91 L	F	Samantha Zuckerman	16	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
13	30.26 L	F	Rebecca Alves	16	QCA IA	6/25/2010	IL July Swim Explosion
14	30.35 L	F	Margaret Yapp	16	ICE IA	6/18/2010	MV CSC Summer Invitational
15	30.49 L	F	Autumn Roepsch	15	DASH IA	6/26/2010	MCSC River City Splash
16	30.72 L	F	Pallavi Aurora	16	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
17	30.75 L	F	Elizabeth Olson	16	MCSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	30.82 L	F	Kelsey Abbas	16	BLST IA	6/5/2010	CRAA Long Course Kick Off
19*	30.90 L	F	Lauren Banwart	15	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19*	30.90 L	F	Catherine DeFino	16	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 15-16 100 Free</b>							
1	59.75 L	F	Maddie Bro	15	CIA IA	6/18/2010	MV CSC Summer Invitational
2	1:01.38 L	F	Taylor Flummerfelt	15	ACAC IA	6/18/2010	MV CSC Summer Invitational
3	1:02.52 L	P	Gabrielle Stecker	15	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
4	1:02.98 L	F	Margaret Barber	16	QCA IA	6/5/2010	CRAA Long Course Kick Off
5	1:03.68 L	F	Rachel Shriver	16	ACAC IA	6/18/2010	MV CSC Summer Invitational
6	1:04.03 L	F	Kathleen Bowman	16	ICE IA	6/18/2010	MV CSC Summer Invitational
7	1:04.22 L	F	Kelly Bishop	15	UN IA	6/25/2010	IL July Swim Explosion
8	1:04.34 L	P	Alexandra Stecker	16	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
9	1:04.72 L	F	Autumn Roepsch	15	DASH IA	6/26/2010	MCSC River City Splash
10	1:04.86 L	F	Rebecca Alves	16	QCA IA	6/5/2010	CRAA Long Course Kick Off
11	1:05.33 L	F	Mikalay Smith	15	DMSF IA	6/18/2010	MV CSC Summer Invitational
12	1:05.82 L	F	Claire Larson	15	DMSF IA	6/5/2010	CRAA Long Course Kick Off
13	1:05.90 L	F	Margaret Yapp	16	ICE IA	6/5/2010	CRAA Long Course Kick Off
14	1:06.25 L	F	Anna Bump	15	CIA IA	6/5/2010	CRAA Long Course Kick Off
15	1:06.59 L	F	Emma Sougstad	15	MCSC IA	6/26/2010	MCSC River City Splash
16	1:06.78 L	F	Anne Whalen	15	MCSC IA	6/26/2010	MCSC River City Splash
17	1:06.79 L	F	Samantha Zuckerman	16	DMSF IA	6/18/2010	MV CSC Summer Invitational
18	1:07.10 L	F	Montana Clasby	15	USSD IA	6/5/2010	CRAA Long Course Kick Off
19	1:07.44 L	F	Ellen Colville	16	CIA IA	6/26/2010	MCSC River City Splash

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

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	Time	P/F/S	Name	Age/Yr			
20	1:07.51 L	F	Loretta Kraling	16	MCSC IA	6/26/2010	MCSC River City Splash
<b>Girls 15-16 200 Free</b>							
1	2:12.22 L	F	Maddie Bro	15	CIA IA	6/4/2010	MN TWIN Jump Into June
2	2:12.61 L	P	Gabrielle Stecker	15	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
3	2:15.33 L	F	Kathleen Bowman	16	ICE IA	6/18/2010	MV CSC Summer Invitational
4	2:16.17 L	F	Margaret Barber	16	QCA IA	6/5/2010	CRAA Long Course Kick Off
5	2:16.57 L	F	Taylor Flummerfelt	15	ACAC IA	6/18/2010	MV CSC Summer Invitational
6	2:17.68 L	P	Katharine Anton	16	CRAA IA	2/12/2010	Missouri Grand Prix
7	2:20.13 L	F	Mikalah Smith	15	DMSF IA	6/18/2010	MV CSC Summer Invitational
8	2:22.82 L	F	Kelsey Abbas	16	BLST IA	6/5/2010	CRAA Long Course Kick Off
9	2:23.23 L	F	Autumn Roepsch	15	DASH IA	6/26/2010	MCSC River City Splash
10	2:24.83 L	F	Rebecca Alves	15	UN IA	5/1/2010	ICE Spring Meltdown
11	2:26.32 L	F	Claire Larson	15	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	2:27.93 L	F	Margaret Yapp	16	ICE IA	6/18/2010	MV CSC Summer Invitational
13	2:29.05 L	F	Rachel Shriver	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	2:29.37 L	F	McKenzie Asplund	15	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
15	2:29.87 L	F	Quinn Taylor	15	CRAA IA	6/26/2010	MCSC River City Splash
16	2:30.09 L	F	Samantha Zuckerman	16	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
17	2:30.84 L	F	Abigail Anderson	16	BLST IA	6/5/2010	CRAA Long Course Kick Off
18	2:30.95 L	F	Claire Fieweger	15	DMET IA	6/25/2010	IL July Swim Explosion
19	2:32.77 L	F	Alesha Rettenmeier	16	BLST IA	5/1/2010	ICE Spring Meltdown
20	2:33.01 L	F	Anna Bump	15	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 15-16 400 Free</b>							
1	4:34.63 L	F	Gabrielle Stecker	15	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
2	4:42.53 L	F	Margaret Barber	16	QCA IA	6/5/2010	CRAA Long Course Kick Off
3	4:45.43 L	F	Kathleen Bowman	16	ICE IA	6/18/2010	MV CSC Summer Invitational
4	4:52.21 L	F	Mikalah Smith	15	DMSF IA	6/18/2010	MV CSC Summer Invitational
5	4:55.26 L	F	Kelly Bishop	15	UN IA	6/25/2010	IL July Swim Explosion
6	5:04.58 L	F	Autumn Roepsch	15	DASH IA	6/26/2010	MCSC River City Splash
7	5:12.83 L	F	Claire Larson	15	DMSF IA	6/5/2010	CRAA Long Course Kick Off
8	5:14.17 L	F	McKenzie Asplund	15	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
9	5:15.35 L	F	Alesha Rettenmeier	16	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
10	5:17.54 L	F	Quinn Taylor	15	CRAA IA	6/26/2010	MCSC River City Splash
11	5:17.75 L	F	Rachel Shriver	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12*	5:21.75 L	F	Gloria Campbell	15	CRAA IA	6/5/2010	CRAA Long Course Kick Off
12*	5:21.75 L	F	Taylor Flummerfelt	15	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	5:23.15 L	F	Lauren Rosser	16	ACAC IA	5/1/2010	ICE Spring Meltdown
15	5:23.21 L	F	Abigail Anderson	16	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
16	5:26.36 L	F	Emily Schroeder	15	DASH IA	6/26/2010	MCSC River City Splash
17	5:27.26 L	F	Emma Shie	15	DMET IA	6/25/2010	IL July Swim Explosion
18	5:30.78 L	F	Charlotte Quant	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	5:33.40 L	F	Meredith Farrell	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	5:34.37 L	F	Claire Fieweger	15	DMET IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 15-16 800 Free</b>							
1	10:16.56 L	F	Mikalah Smith	15	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	10:30.56 L	F	Claire Larson	15	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
3	10:47.64 L	F	Lauren Rosser	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	10:51.42 L	F	Quinn Taylor	15	CRAA IA	6/26/2010	MCSC River City Splash
5	11:13.54 L	F	Meredith Farrell	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
6	11:31.63 L	F	Elizabeth Thompson	15	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
7	11:45.31 L	F	Madeline Aberg	15	MCSC IA	6/26/2010	MCSC River City Splash
8	11:55.85 L	F	Lauren Banwart	15	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
9	12:30.01 L	F	Whitney Overlin	15	DMSF IA	6/26/2010	MCSC River City Splash
<b>Girls 15-16 1500 Free</b>							
1	18:21.81 L	F	Gabrielle Stecker	15	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
2	19:44.83 L	F	Mikaloh Smith	15	DMSF IA	6/18/2010	MV CSC Summer Invitational
3	20:16.20 L	F	Alesha Rettenmeier	16	BLST IA	5/1/2010	ICE Spring Meltdown
4	21:06.46 L	F	Claire Larson	15	DMSF IA	6/26/2010	MCSC River City Splash
5	21:49.96 L	F	Meredith Farrell	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 15-16 100 Back</b>							
1	1:05.99 L	F	Maddie Bro	15	CIA IA	6/18/2010	MV CSC Summer Invitational
2	1:10.80 L	P	Gabrielle Stecker	15	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
3	1:12.85 L	F	Rebecca Alves	16	QCA IA	6/5/2010	CRAA Long Course Kick Off
4	1:16.18 L	F	Mikaloh Smith	15	DMSF IA	6/18/2010	MV CSC Summer Invitational
5	1:16.55 L	F	Ellen Colville	16	CIA IA	6/26/2010	MCSC River City Splash
6	1:16.67 L	F	Kelly Bishop	15	UN IA	6/25/2010	IL July Swim Explosion
7	1:17.05 L	F	Autumn Roepsch	15	DASH IA	6/26/2010	MCSC River City Splash
8	1:17.62 L	F	Taylor Flummerfelt	15	ACAC IA	6/18/2010	MV CSC Summer Invitational
9	1:17.68 L	F	Montana Clasby	15	USSD IA	6/5/2010	CRAA Long Course Kick Off
10	1:17.69 L	F	Elizabeth Olson	16	MCSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
11	1:17.93 L	F	Claire Fieweger	15	DMET IA	6/25/2010	IL July Swim Explosion
12	1:19.62 L	F	Kathleen Bowman	16	ICE IA	6/18/2010	MV CSC Summer Invitational
13	1:19.96 L L	F	Emily Schroeder	15	DASH IA	6/26/2010	MCSC River City Splash
14	1:20.42 L	F	Emma Shie	15	DMET IA	6/18/2010	IL TOPS Father's Day Clas
15	1:20.60 L	F	Rachel Shriver	16	ACAC IA	6/18/2010	MV CSC Summer Invitational
16	1:21.01 L	F	Pallavi Aurora	16	DMSF IA	6/5/2010	CRAA Long Course Kick Off
17	1:21.25 L	F	Claire Larson	15	DMSF IA	6/5/2010	CRAA Long Course Kick Off
18	1:21.84 L	P	Abigail Anderson	16	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
19	1:22.34 L	F	Anna Bump	15	CIA IA	6/5/2010	CRAA Long Course Kick Off
20	1:22.52 L	F	Janelle Galang	16	CIA IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 15-16 200 Back</b>							
1	2:28.38 L	F	Maddie Bro	15	CIA IA	6/18/2010	MV CSC Summer Invitational
2	2:28.43 L	F	Gabrielle Stecker	15	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
3	2:39.44 L	F	Ellen Colville	16	CIA IA	6/26/2010	MCSC River City Splash
4	2:39.45 L	F	Autumn Roepsch	15	DASH IA	6/26/2010	MCSC River City Splash
5	2:39.57 L	F	Kelsey Abbas	16	BLST IA	6/5/2010	CRAA Long Course Kick Off
6	2:43.76 L	F	Mikaloh Smith	15	DMSF IA	6/18/2010	MV CSC Summer Invitational
7	2:43.90 L	F	Anne Whalen	15	MCSC IA	6/26/2010	MCSC River City Splash
8	2:45.37 L	F	Montana Clasby	16	USSD IA	6/26/2010	MCSC River City Splash
9	2:45.55 L	F	Elizabeth Olson	16	MCSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	2:50.17 L	F	Kathleen Bowman	16	ICE IA	6/5/2010	CRAA Long Course Kick Off
11	2:50.91 L	F	Lauren Rosser	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	2:51.19 L	F	Samantha Zuckerman	16	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
13	2:52.52 L	F	Alesha Rettenmeier	16	BLST IA	5/1/2010	ICE Spring Meltdown
14	2:53.33 L	F	Emma Shie	15	DMET IA	6/18/2010	IL TOPS Father's Day Clas
15	2:55.13 L	F	Taylor Flummerfelt	15	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
16	2:55.20 L	F	Claire Fieweger	15	DMET IA	6/5/2010	CRAA Long Course Kick Off
17	2:55.75 L	F	Quinn Taylor	15	CRAA IA	6/26/2010	MCSC River City Splash
18	2:56.49 L	F	Charlotte Quant	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	2:57.04 L	F	Abigail Anderson	16	BLST IA	5/1/2010	ICE Spring Meltdown
20	2:57.42 L	F	Claire Larson	15	DMSF IA	6/26/2010	MCSC River City Splash
<b>Girls 15-16 100 Breast</b>							
1	1:21.52 L	F	Emma Shie	15	DMET IA	6/18/2010	IL TOPS Father's Day Clas
2	1:22.40 L	F	Montana Clasby	15	USSD IA	6/5/2010	CRAA Long Course Kick Off

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
3	1:23.69 L	F	Hannah Aldridge	15	CIA IA	7/2/2010	WI Wisconsin SwimFest
4	1:24.36 L	F	Alexandra Stecker	16	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
5	1:25.72 L	F	Elizabeth Olson	16	MCSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
6	1:25.74 L	F	McKenzie Asplund	15	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
7	1:27.84 L	F	Rebecca Alves	16	QCA IA	6/5/2010	CRAA Long Course Kick Off
8	1:27.92 L	F	Autumn Roepsch	15	DASH IA	5/1/2010	ICE Spring Meltdown
9	1:27.93 L	F	Emma Sougstad	15	MCSC IA	6/26/2010	MCSC River City Splash
10	1:28.49 L	F	Taylor Flummerfelt	15	ACAC IA	6/18/2010	MV CSC Summer Invitational
11	1:29.18 L	F	Abigael McMahon	16	QCA IA	6/25/2010	IL July Swim Explosion
12	1:29.62 L	F	Pallavi Aurora	16	DMSF IA	6/5/2010	CRAA Long Course Kick Off
13	1:30.05 L	F	Emily Schroeder	15	DASH IA	6/26/2010	MCSC River City Splash
14	1:30.18 L	F	Ellen Colville	16	CIA IA	6/26/2010	MCSC River City Splash
15	1:30.44 L	F	Kathleen Bowman	16	ICE IA	6/5/2010	CRAA Long Course Kick Off
16	1:30.47 L	F	Anna Bump	15	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
17	1:30.62 L	F	Genevieve Fontaine	15	UN IA	6/25/2010	IL July Swim Explosion
18	1:33.20 L	F	Whitney Overlin	15	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
19	1:34.43 L	F	Hanna Burkle	16	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	1:35.94 L	F	Taylor Messingham	15	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 15-16 200 Breast</b>							
1	2:55.61 L	F	Emma Shie	15	DMET IA	6/18/2010	IL TOPS Father's Day Clas
2	2:58.49 L	F	Kelly Bishop	15	UN IA	6/25/2010	IL July Swim Explosion
3	2:59.82 L	F	Montana Clasby	15	USSD IA	6/5/2010	CRAA Long Course Kick Off
4	3:01.15 L	F	Elizabeth Olson	16	MCSC IA	6/26/2010	MCSC River City Splash
5	3:02.14 L	F	Alicia Stearns	16	MCSC IA	6/26/2010	MCSC River City Splash
6	3:02.90 L	F	Samantha Zuckerman	16	DMSF IA	6/18/2010	MV CSC Summer Invitational
7	3:05.09 L	P	Alexandra Stecker	16	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
8	3:05.64 L	F	Hannah Aldridge	15	CIA IA	6/26/2010	MCSC River City Splash
9	3:13.48 L	F	McKenzie Asplund	15	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	3:14.11 L	F	Lauren Rosser	16	ACAC IA	5/1/2010	ICE Spring Meltdown
11	3:14.73 L	F	Genevieve Fontaine	15	UN IA	6/25/2010	IL July Swim Explosion
12	3:16.19 L	F	Pallavi Aurora	16	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
13	3:16.66 L	F	Abigael McMahon	16	QCA IA	6/25/2010	IL July Swim Explosion
14	3:18.86 L	F	Taylor Flummerfelt	15	ACAC IA	6/18/2010	MV CSC Summer Invitational
15	3:20.00 L	P	Abigail Anderson	16	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
16	3:21.00 L	F	Mikalsh Smith	15	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
17	3:22.89 L	F	Janelle Galang	16	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	3:25.73 L	P	Alesha Rettenmeier	16	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
19	3:27.04 L	F	Rachel Shriver	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
20	3:27.50 L	F	Quinn Taylor	15	CRAA IA	6/26/2010	MCSC River City Splash
<b>Girls 15-16 100 Fly</b>							
1	1:08.28 L	F	Kelly Bishop	15	UN IA	6/25/2010	IL July Swim Explosion
2	1:09.33 L	F	Samantha Zuckerman	16	DMSF IA	6/18/2010	MV CSC Summer Invitational
3	1:10.99 L	P	Katharine Anton	16	CRAA IA	2/12/2010	Missouri Grand Prix
4	1:12.07 L	F	Emma Sougstad	15	MCSC IA	6/26/2010	MCSC River City Splash
5	1:12.46 L	F	Taylor Flummerfelt	15	ACAC IA	6/18/2010	MV CSC Summer Invitational
6	1:13.73 L	F	Montana Clasby	15	USSD IA	6/5/2010	CRAA Long Course Kick Off
7	1:14.13 L	F	Lauren Rosser	16	ACAC IA	5/1/2010	ICE Spring Meltdown
8	1:14.32 L	F	Rebecca Alves	16	QCA IA	6/5/2010	CRAA Long Course Kick Off
9	1:15.55 L	P	Alexandra Stecker	16	PVST IA	6/25/2010	IN FAST Summer Jam Invitational
10	1:16.91 L	F	Maddie Bro	15	CIA IA	6/4/2010	MN TWIN Jump Into June
11	1:17.10 L	F	Charlotte Quant	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	1:17.37 L	P	Abigail Anderson	16	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

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	Time	P/F/S	Name	Age/Yr			
13	1:18.03 L	F	Claire Fieweger	15	DMET IA	6/25/2010	IL July Swim Explosion
14	1:19.23 L	F	Janelle Galang	16	CIA IA	6/5/2010	CRAA Long Course Kick Off
15	1:19.34 L	F	Claire Larson	15	DMSF IA	6/26/2010	MCSC River City Splash
16	1:20.00 L	F	Emma Shie	15	DMET IA	6/18/2010	IL TOPS Father's Day Clas
17	1:21.56 L	F	McKenzie Asplund	15	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	1:23.64 L	P	Alesha Rettenmeier	16	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
19	1:25.48 L	F	Autumn Roepsch	15	DASH IA	5/1/2010	ICE Spring Meltdown
20	1:26.73 L	F	Rachel Shriver	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 15-16 200 Fly</b>							
1	2:34.34 L	F	Kelly Bishop	15	UN IA	6/25/2010	IL July Swim Explosion
2	2:45.17 L	F	Samantha Zuckerman	16	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
3	2:45.20 L	F	Montana Clasby	15	USSD IA	6/5/2010	CRAA Long Course Kick Off
4	2:56.84 L	F	Claire Fieweger	15	DMET IA	6/25/2010	IL July Swim Explosion
5	2:57.70 L	F	Lauren Rosser	16	ACAC IA	5/1/2010	ICE Spring Meltdown
6	2:59.35 L	F	Charlotte Quant	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
7	3:01.37 L	F	Claire Larson	15	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
8	3:02.75 L	P	Alesha Rettenmeier	16	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
9	3:07.65 L	F	Taylor Flummerfelt	15	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	3:20.37 L	F	Rachel Shriver	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
11	3:25.23 L	F	Meredith Farrell	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	3:47.65 L	F	Taylor Messingham	15	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 15-16 200 IM</b>							
1	2:37.21 L	F	Kathleen Bowman	16	ICE IA	6/18/2010	MV CSC Summer Invitational
2	2:37.39 L	F	Kelly Bishop	15	UN IA	6/25/2010	IL July Swim Explosion
3	2:38.16 L	F	Maddie Bro	15	CIA IA	6/18/2010	MV CSC Summer Invitational
4	2:39.95 L	F	Alicia Stearns	16	MCSC IA	6/26/2010	MCSC River City Splash
5	2:40.11 L	F	Samantha Zuckerman	16	DMSF IA	6/18/2010	MV CSC Summer Invitational
6	2:40.68 L	F	Taylor Flummerfelt	15	ACAC IA	6/18/2010	MV CSC Summer Invitational
7	2:41.31 L	F	Autumn Roepsch	15	DASH IA	6/26/2010	MCSC River City Splash
8	2:42.04 L	F	Mikaloh Smith	15	DMSF IA	6/5/2010	CRAA Long Course Kick Off
9	2:43.45 L	F	Rebecca Alves	16	QCA IA	6/25/2010	IL July Swim Explosion
10	2:44.19 L	F	Elizabeth Olson	16	MCSC IA	6/26/2010	MCSC River City Splash
11	2:45.23 L	F	Ellen Colville	16	CIA IA	6/26/2010	MCSC River City Splash
12	2:45.53 L	F	Emma Shie	15	DMET IA	6/25/2010	IL July Swim Explosion
13	2:45.77 L	F	Lauren Rosser	16	ACAC IA	5/1/2010	ICE Spring Meltdown
14	2:45.78 L	F	Claire Larson	15	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
15	2:48.97 L	F	Kylie Hershberger	16	BETT IA	6/5/2010	CRAA Long Course Kick Off
16	2:49.40 L	F	McKenzie Asplund	15	UN IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
17	2:49.79 L	F	Margaret Barber	16	QCA IA	6/25/2010	IL July Swim Explosion
18	2:50.21 L	F	Rachel Shriver	16	ACAC IA	6/18/2010	MV CSC Summer Invitational
19	2:51.20 L	F	Montana Clasby	16	USSD IA	6/26/2010	MCSC River City Splash
20	2:51.33 L	F	Alesha Rettenmeier	16	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
<b>Girls 15-16 400 IM</b>							
1	5:43.71 L	F	Montana Clasby	16	USSD IA	6/26/2010	MCSC River City Splash
2	5:44.77 L	F	Emma Sougstad	15	MCSC IA	6/26/2010	MCSC River City Splash
3	5:45.44 L	F	Kelsey Abbas	16	BLST IA	6/5/2010	CRAA Long Course Kick Off
4	5:47.65 L	F	Kathleen Bowman	16	ICE IA	5/1/2010	ICE Spring Meltdown
5	5:47.70 L	F	Lauren Rosser	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
6	5:50.03 L	F	Elizabeth Olson	16	MCSC IA	6/26/2010	MCSC River City Splash
7	5:51.96 L	F	Mikaloh Smith	15	DMSF IA	6/5/2010	CRAA Long Course Kick Off
8	5:55.33 L	F	Alesha Rettenmeier	16	BLST IA	5/1/2010	ICE Spring Meltdown
9	5:56.48 L	F	Emily Schroeder	15	DASH IA	6/26/2010	MCSC River City Splash

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

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	Time	P/F/S	Name	Age/Yr			
10	6:00.86 L	F	Emma Shie	15	DMET IA	6/25/2010	IL July Swim Explosion
11	6:01.88 L	F	Taylor Flummerfelt	15	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	6:05.02 L	F	Abigail Anderson	16	BLST IA	6/5/2010	CRAA Long Course Kick Off
13	6:06.69 L	F	Quinn Taylor	15	CRAA IA	6/26/2010	MCSC River City Splash
14	6:06.83 L	F	Charlotte Quant	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
15	6:14.01 L	F	Pallavi Aurora	16	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
16	6:21.85 L	F	Janelle Galang	16	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
17	6:45.88 L	F	Taylor Messingham	15	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	7:16.36 L	F	Grace Carleton	16	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 17-18 50 Free</b>							
1	27.64 L	F	Stephanie Koch	18	UN IA	4/30/2010	ST CNSA AB
2	28.79 L	F	Imelda Wistey	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
3	29.18 L	F	Sarah Larson	17	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
4	29.32 L	F	Samantha Puk	17	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
5	29.54 L	F	Hannah Maher	17	DASH IA	6/26/2010	MCSC River City Splash
6	29.55 L	F	Courtney Busch	18	MCSC IA	6/26/2010	MCSC River City Splash
7	29.73 L	F	Sarah Weihe	17	ICE IA	6/18/2010	MV CSC Summer Invitational
8	29.85 L	F	Alexandra Gustafson	17	CIA IA	5/1/2010	ICE Spring Meltdown
9	30.08 L	F	Brianna Carlberg	18	CYSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	30.24 L	F	Ashlee Graham	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
11	30.52 L	F	Abigail Wenthe	17	DMSF IA	6/26/2010	MCSC River City Splash
12	30.60 L	F	Vivian Zhu	17	IFLY IA	6/5/2010	CRAA Long Course Kick Off
13	30.62 L	F	Annie Sullivan	17	CIA IA	6/26/2010	MCSC River City Splash
14	30.66 L	F	Mary Schulte	17	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
15	30.75 L	F	Grace Murray	18	ICE IA	6/5/2010	CRAA Long Course Kick Off
16	31.24 L	F	Elizabeth Eyanson	18	ICE IA	6/5/2010	CRAA Long Course Kick Off
17	31.82 L	F	Mary Maher	17	DASH IA	6/26/2010	MCSC River City Splash
18	32.37 L	F	Elizabeth Hess	18	RCA IA	6/25/2010	IL July Swim Explosion
19	33.02 L	F	Megan Skold	17	DMSF IA	6/26/2010	MCSC River City Splash
20	33.36 L	F	Janelle Galang	17	CIA IA	6/26/2010	MCSC River City Splash
<b>Girls 17-18 100 Free</b>							
1	59.20 L	F	Stephanie Koch	18	UN IA	4/30/2010	ST CNSA AB
2	1:00.67 L	F	Annie Sullivan	17	CIA IA	6/26/2010	MCSC River City Splash
3	1:01.43 L	F	Bailey Pons	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
4	1:02.27 L	F	Imelda Wistey	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
5	1:03.57 L	F	Alexandra Gustafson	17	CIA IA	5/1/2010	ICE Spring Meltdown
6	1:03.60 L	F	Sarah Weihe	17	ICE IA	5/1/2010	ICE Spring Meltdown
7	1:04.05 L	F	Courtney Busch	18	MCSC IA	6/26/2010	MCSC River City Splash
8	1:05.09 L	F	Grace Murray	18	ICE IA	6/18/2010	MV CSC Summer Invitational
9	1:05.69 L	F	Ashlee Graham	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
10	1:05.71 L	F	Elizabeth Eyanson	18	ICE IA	6/18/2010	MV CSC Summer Invitational
11	1:06.38 L	F	Brianna Carlberg	18	CYSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	1:06.70 L	F	Sarah Larson	17	DMSF IA	6/26/2010	MCSC River City Splash
13	1:07.19 L	F	Samantha Puk	17	CRAA IA	6/26/2010	MCSC River City Splash
14	1:07.25 L	F	Mary Maher	17	DASH IA	6/26/2010	MCSC River City Splash
15	1:07.26 L	F	Vivian Zhu	17	IFLY IA	6/5/2010	CRAA Long Course Kick Off
16	1:07.34 L	F	Chrisann Zuerner	17	ACAC IA	5/1/2010	ICE Spring Meltdown
17	1:07.44 L	F	Elizabeth Myers	17	CIA IA	6/18/2010	MV CSC Summer Invitational
18	1:07.48 L	F	Emily Wiltsie	18	MCSC IA	6/26/2010	MCSC River City Splash
19	1:07.65 L	F	Mary Schulte	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
20	1:08.46 L	F	Allison Harding	18	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
<b>Girls 17-18 200 Free</b>							
1	2:09.02 L	F	Stephanie Koch	18	UN IA	4/30/2010	ST CNSA AB
2	2:12.72 L	F	Bailey Pons	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
3	2:14.48 L	P	Sarah Weihe	17	ICE IA	2/12/2010	Missouri Grand Prix
4	2:15.93 L	F	Grace Murray	18	ICE IA	6/18/2010	MV CSC Summer Invitational
5	2:17.42 L	F	Alexandra Gustafson	17	CIA IA	5/1/2010	ICE Spring Meltdown
6	2:17.45 L	F	Imelda Wistey	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
7	2:19.23 L	F	Hannah Maher	17	DASH IA	6/26/2010	MCSC River City Splash
8	2:22.20 L	F	Courtney Busch	18	MCSC IA	6/26/2010	MCSC River City Splash
9	2:23.65 L	F	Emily Wiltsie	18	MCSC IA	6/26/2010	MCSC River City Splash
10	2:24.35 L	F	Allison Harding	18	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
11	2:24.42 L	F	Mary Schulte	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
12	2:25.09 L	F	Elizabeth Myers	17	CIA IA	6/18/2010	MV CSC Summer Invitational
13	2:27.45 L	F	Gwendolyn Sorensen	17	CIA IA	6/5/2010	CRAA Long Course Kick Off
14	2:28.59 L	F	Ashlee Graham	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
15	2:30.66 L	F	Vivian Zhu	17	IFLY IA	6/5/2010	CRAA Long Course Kick Off
16	2:34.90 L	F	Megan Skold	17	DMSF IA	6/26/2010	MCSC River City Splash
17	2:38.02 L	F	Abigail Wenthe	17	DMSF IA	6/26/2010	MCSC River City Splash
<b>Girls 17-18 400 Free</b>							
1	4:35.85 L	F	Bailey Pons	18	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
2	4:42.58 L	P	Grace Murray	18	ICE IA	2/12/2010	Missouri Grand Prix
3	4:48.54 L	F	Sarah Weihe	17	ICE IA	6/18/2010	MV CSC Summer Invitational
4	4:54.18 L	F	Hannah Maher	17	DASH IA	6/26/2010	MCSC River City Splash
5	4:54.30 L	F	Imelda Wistey	17	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
6	4:58.56 L	F	Gwendolyn Sorensen	17	CIA IA	6/5/2010	CRAA Long Course Kick Off
7	4:59.92 L	F	Elizabeth Eyanson	18	ICE IA	6/5/2010	CRAA Long Course Kick Off
8	5:00.00 L	F	Mary Maher	17	DASH IA	6/26/2010	MCSC River City Splash
9	5:03.25 L	F	Allison Harding	18	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	5:03.88 L	F	Ashlee Graham	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
11	5:04.97 L	F	Mary Schulte	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
12	5:09.90 L	F	Elizabeth Myers	17	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
13	5:21.61 L	F	Megan Skold	17	DMSF IA	6/26/2010	MCSC River City Splash
14	5:27.47 L	F	Abigail Wenthe	17	DMSF IA	6/26/2010	MCSC River City Splash
<b>Girls 17-18 800 Free</b>							
1	10:34.55 L	F	Gwendolyn Sorensen	17	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
2	10:38.91 L	F	Mary Schulte	17	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
3	10:51.65 L	F	Megan Skold	17	DMSF IA	6/26/2010	MCSC River City Splash
4	11:30.33 L	F	Abigail Wenthe	17	DMSF IA	6/26/2010	MCSC River City Splash
<b>Girls 17-18 1500 Free</b>							
1	18:31.37 L	F	Grace Murray	18	ICE IA	5/1/2010	ICE Spring Meltdown
2	19:59.23 L	F	Gwendolyn Sorensen	17	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 17-18 100 Back</b>							
1	1:09.30 L	P	Elizabeth Eyanson	18	ICE IA	2/12/2010	Missouri Grand Prix
2	1:10.94 L	P	Sarah Weihe	17	ICE IA	2/12/2010	Missouri Grand Prix
3	1:11.38 L	F	Courtney Busch	18	MCSC IA	6/26/2010	MCSC River City Splash
4	1:12.63 L	P	Samantha Puk	17	CRAA IA	2/12/2010	Missouri Grand Prix
5	1:14.57 L	F	Imelda Wistey	17	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
6	1:14.80 L	F	Annie Sullivan	17	CIA IA	6/26/2010	MCSC River City Splash
7	1:16.50 L	F	Ashlee Graham	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
8	1:17.56 L	F	Mary Maher	17	DASH IA	6/26/2010	MCSC River City Splash
9	1:17.87 L	F	Elizabeth Myers	17	CIA IA	6/18/2010	MV CSC Summer Invitational

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
10	1:18.03 L	F	Grace Murray	18	ICE IA	6/18/2010	MV CSC Summer Invitational
11	1:19.27 L	F	Abbey Wharton	18	CRAA IA	6/26/2010	MCSC River City Splash
12	1:19.37 L	F	Sarah Wodnik	18	CRAA IA	6/26/2010	MCSC River City Splash
13	1:20.57 L	F	Allison Harding	18	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
14	1:23.93 L	F	Janelle Galang	17	CIA IA	6/26/2010	MCSC River City Splash
15	1:26.35 L	F	Chrisann Zuerner	17	ACAC IA	5/1/2010	ICE Spring Meltdown
16	1:27.69 L	F	Vivian Zhu	17	IFLY IA	6/5/2010	CRAA Long Course Kick Off
17	1:28.20 L	F	Mary Schulte	17	DMSF IA	6/5/2010	CRAA Long Course Kick Off
18	1:28.97 L	F	Abigail Wenthe	17	DMSF IA	6/26/2010	MCSC River City Splash
<b>Girls 17-18 200 Back</b>							
1	2:31.43 L	P	Sarah Weihe	17	ICE IA	2/12/2010	Missouri Grand Prix
2	2:34.14 L	F	Elizabeth Eyanson	18	ICE IA	6/18/2010	MV CSC Summer Invitational
3	2:35.32 L	P	Samantha Puk	17	CRAA IA	2/12/2010	Missouri Grand Prix
4	2:35.65 L	P	Bailey Pons	18	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
5	2:38.30 L	F	Annie Sullivan	17	CIA IA	6/26/2010	MCSC River City Splash
6	2:40.67 L	F	Courtney Busch	18	MCSC IA	6/26/2010	MCSC River City Splash
7	2:40.81 L	F	Mary Maher	17	DASH IA	6/26/2010	MCSC River City Splash
8	2:41.88 L	F	Imelda Wistey	17	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
9	2:44.14 L	F	Sarah Wodnik	18	CRAA IA	6/26/2010	MCSC River City Splash
10	2:44.64 L	F	Elizabeth Myers	17	CIA IA	6/18/2010	MV CSC Summer Invitational
11	2:46.08 L	F	Ashlee Graham	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
12	2:48.48 L	F	Grace Murray	18	ICE IA	6/5/2010	CRAA Long Course Kick Off
13	3:04.08 L	F	Megan Skold	17	DMSF IA	6/26/2010	MCSC River City Splash
14	3:07.37 L	F	Abigail Wenthe	17	DMSF IA	6/26/2010	MCSC River City Splash
15	3:09.47 L	F	Mary Schulte	17	DMSF IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 17-18 100 Breast</b>							
1	1:16.43 L	F	Imelda Wistey	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
2	1:21.64 L	F	Emily Wiltsie	18	MCSC IA	6/26/2010	MCSC River City Splash
3	1:22.13 L	F	Courtney Busch	18	MCSC IA	6/26/2010	MCSC River City Splash
4	1:22.89 L	F	Hannah Maher	17	DASH IA	6/26/2010	MCSC River City Splash
5	1:22.90 L	F	Abbey Wharton	18	CRAA IA	6/26/2010	MCSC River City Splash
6	1:25.48 L	F	Gwendolyn Sorensen	17	CIA IA	6/5/2010	CRAA Long Course Kick Off
7	1:26.19 L	F	Stephanie Koch	18	UN IA	4/30/2010	ST CNSA AB
8	1:27.03 L	F	Elizabeth Hess	18	RCA IA	6/25/2010	IL July Swim Explosion
9	1:33.01 L	F	Sarah Larson	17	DMSF IA	6/26/2010	MCSC River City Splash
10	1:33.62 L	F	Mary Maher	17	DASH IA	6/26/2010	MCSC River City Splash
11	1:36.00 L	F	Mary Schulte	17	DMSF IA	6/5/2010	CRAA Long Course Kick Off
12	1:47.25 L	F	Abigail Wenthe	17	DMSF IA	6/26/2010	MCSC River City Splash
<b>Girls 17-18 200 Breast</b>							
1	2:49.67 L	F	Imelda Wistey	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
2	2:53.33 L	F	Hannah Maher	17	DASH IA	6/26/2010	MCSC River City Splash
3	3:00.05 L	F	Emily Wiltsie	18	MCSC IA	6/26/2010	MCSC River City Splash
4	3:00.11 L	F	Gwendolyn Sorensen	17	CIA IA	6/5/2010	CRAA Long Course Kick Off
5	3:03.74 L	F	Abbey Wharton	18	CRAA IA	6/26/2010	MCSC River City Splash
6	3:05.60 L	F	Allison Harding	18	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
7	3:11.26 L	F	Elizabeth Hess	18	RCA IA	6/25/2010	IL July Swim Explosion
8	3:20.88 L	F	Janelle Galang	17	CIA IA	6/26/2010	MCSC River City Splash
<b>Girls 17-18 100 Fly</b>							
1	1:07.53 L	F	Imelda Wistey	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
2	1:08.40 L	F	Stephanie Koch	18	UN IA	4/30/2010	ST CNSA AB
3	1:08.75 L	F	Elizabeth Eyanson	18	ICE IA	6/18/2010	MV CSC Summer Invitational
4	1:08.95 L	F	Grace Murray	18	ICE IA	6/18/2010	MV CSC Summer Invitational

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr			
5	1:10.00 L	P	Samantha Puk	17	CRAA IA	2/12/2010	Missouri Grand Prix
6	1:10.21 L	F	Bailey Pons	18	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational
7	1:13.41 L	F	Hannah Maher	17	DASH IA	6/26/2010	MCSC River City Splash
8	1:16.14 L	F	Sarah Wodnik	18	CRAA IA	6/26/2010	MCSC River City Splash
9	1:16.31 L	F	Ashlee Graham	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
10	1:17.47 L	F	Alexandra Gustafson	17	CIA IA	5/1/2010	ICE Spring Meltdown
11	1:21.40 L	F	Elizabeth Myers	17	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
12	1:24.59 L	F	Gwendolyn Sorensen	17	CIA IA	6/5/2010	CRAA Long Course Kick Off
13	1:26.41 L	F	Sarah Larson	17	DMSF IA	6/26/2010	MCSC River City Splash
<b>Girls 17-18 200 Fly</b>							
1	2:29.59 L	P	Grace Murray	18	ICE IA	2/12/2010	Missouri Grand Prix
2	2:35.68 L	F	Elizabeth Eyanson	18	ICE IA	6/18/2010	MV CSC Summer Invitational
3	2:39.20 L	F	Bailey Pons	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
4	2:42.87 L	F	Imelda Wistey	17	DMSF IA	6/5/2010	CRAA Long Course Kick Off
5	2:54.62 L	F	Chrisann Zuerner	17	ACAC IA	5/1/2010	ICE Spring Meltdown
6	3:10.32 L	F	Gwendolyn Sorensen	17	CIA IA	6/5/2010	CRAA Long Course Kick Off
<b>Girls 17-18 200 IM</b>							
1	2:28.69 L	F	Imelda Wistey	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
2	2:29.50 L	F	Stephanie Koch	18	UN IA	4/30/2010	ST CNSA AB
3	2:31.75 L	F	Bailey Pons	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
4	2:35.39 L	F	Hannah Maher	17	DASH IA	6/26/2010	MCSC River City Splash
5	2:39.92 L	F	Emily Wiltsie	18	MCSC IA	6/26/2010	MCSC River City Splash
6	2:40.99 L	F	Sarah Weihe	17	ICE IA	5/1/2010	ICE Spring Meltdown
7	2:41.38 L	F	Alexandra Gustafson	17	CIA IA	5/1/2010	ICE Spring Meltdown
8	2:41.46 L	F	Annie Sullivan	17	CIA IA	6/26/2010	MCSC River City Splash
9	2:43.18 L	F	Allison Harding	18	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
10	2:43.80 L	F	Samantha Puk	17	CRAA IA	6/26/2010	MCSC River City Splash
11	2:46.59 L	F	Elizabeth Myers	17	CIA IA	6/18/2010	MV CSC Summer Invitational
12	2:46.84 L	F	Mary Maher	17	DASH IA	6/26/2010	MCSC River City Splash
13*	2:47.53 L	F	Sarah Wodnik	18	CRAA IA	6/26/2010	MCSC River City Splash
13*	2:47.53 L	F	Ashlee Graham	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
15	2:49.72 L	F	Gwendolyn Sorensen	17	CIA IA	6/5/2010	CRAA Long Course Kick Off
16	2:51.23 L	F	Abbey Wharton	18	CRAA IA	6/26/2010	MCSC River City Splash
17	2:56.38 L	F	Mary Schulte	17	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
18	2:58.53 L	F	Megan Skold	17	DMSF IA	6/26/2010	MCSC River City Splash
19	2:58.77 L	F	Janelle Galang	17	CIA IA	6/26/2010	MCSC River City Splash
<b>Girls 17-18 400 IM</b>							
1	5:21.33 L	F	Bailey Pons	18	BLST IA	6/5/2010	CRAA Long Course Kick Off
2	5:24.63 L	F	Imelda Wistey	17	DMSF IA	6/18/2010	MV CSC Summer Invitational
3	5:28.07 L	F	Hannah Maher	17	DASH IA	6/26/2010	MCSC River City Splash
4	5:40.15 L	F	Sarah Weihe	17	ICE IA	6/5/2010	CRAA Long Course Kick Off
5	5:40.35 L	F	Emily Wiltsie	18	MCSC IA	6/26/2010	MCSC River City Splash
6	5:40.90 L	F	Allison Harding	18	DMSF IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
7	5:55.54 L	F	Gwendolyn Sorensen	17	CIA IA	6/5/2010	CRAA Long Course Kick Off
8	5:58.97 L	F	Chrisann Zuerner	17	ACAC IA	5/1/2010	ICE Spring Meltdown
9	6:12.91 L	F	Megan Skold	17	DMSF IA	6/26/2010	MCSC River City Splash
10	6:22.89 L	F	Sarah Wodnik	18	CRAA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam
<b>Girls 19 &amp; Over 50 Free</b>							
1	27.05 L	F	Lisa Nathanson	19	CIA IA	6/18/2010	MV CSC Summer Invitational
2	27.06 L	F	Stephanie Koch	19	ACAC IA	6/18/2010	MV CSC Summer Invitational
3	28.75 L	F	Danielle Harris	19	CIA IA	6/18/2010	MV CSC Summer Invitational
4	29.11 L	F	Malinda Caudle	20	CYSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam

## Iowa Swimming, Inc.

## Individual Top Times

Times since: 01-Sep-09

Number of Top Times: 20 Show Long Course Only

	Time	P/F/S	Name	Age/Yr				
5	29.43 L	F	Lauren Mason	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
6	30.94 L	P	Kelsey Noah	20	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational	
<b>Girls 19 &amp; Over 100 Free</b>								
1	58.01 L	F	Stephanie Koch	19	ACAC IA	6/18/2010	MV CSC Summer Invitational	
2	59.52 L	F	Lisa Nathanson	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
3	1:02.50 L	F	Danielle Harris	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
4	1:02.92 L	F	Christine Mauro	21	UN IA	6/26/2010	MCSC River City Splash	
5	1:03.33 L	F	Kalyn Amundsen	21	CYSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
6	1:05.43 L	F	Malinda Caudle	20	CYSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
7	1:05.48 L	F	Lauren Mason	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
8	1:06.35 L	P	Kelsey Noah	20	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational	
9	1:10.89 L	F	Heidi Culver	20	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
10	1:20.78 L	F	Jaryn Studer	19	CIA IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
<b>Girls 19 &amp; Over 200 Free</b>								
1	2:11.06 L	F	Stephanie Koch	19	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
2	2:15.98 L	F	Danielle Harris	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
3	2:22.01 L	P	Kelsey Noah	20	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational	
4	2:22.05 L	F	Lauren Mason	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
5	2:29.94 L	F	Heidi Culver	20	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
<b>Girls 19 &amp; Over 400 Free</b>								
1	4:36.98 L	F	Stephanie Koch	19	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
2	4:39.27 L	F	Lisa Nathanson	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
3	4:42.56 L	F	Christine Mauro	21	UN IA	6/26/2010	MCSC River City Splash	
4	5:21.01 L	F	Heidi Culver	20	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
<b>Girls 19 &amp; Over 100 Back</b>								
1	1:06.91 L	F	Stephanie Koch	19	ACAC IA	6/18/2010	MV CSC Summer Invitational	
2	1:09.87 L	F	Danielle Harris	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
3	1:17.51 L	F	Lisa Nathanson	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
4	1:17.72 L	F	Heidi Culver	20	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
5	1:22.12 L	P	Kelsey Noah	20	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational	
<b>Girls 19 &amp; Over 200 Back</b>								
1	2:33.13 L	F	Stephanie Koch	19	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
2	2:50.62 L	P	Kelsey Noah	20	BLST IA	6/18/2010	MN ROC Rochester Summer Invitational	
<b>Girls 19 &amp; Over 100 Breast</b>								
1	1:19.82 L	F	Lisa Nathanson	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
2	1:21.78 L	F	April Allen	19	UN IA	6/26/2010	MCSC River City Splash	
3	1:24.12 L	F	Kalyn Amundsen	21	CYSC IA	6/26/2010	MCSC River City Splash	
<b>Girls 19 &amp; Over 200 Breast</b>								
1	3:05.02 L	F	Stephanie Koch	19	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
<b>Girls 19 &amp; Over 100 Fly</b>								
1	1:08.28 L	F	Stephanie Koch	19	ACAC IA	6/18/2010	MV CSC Summer Invitational	
2	1:11.37 L	F	Danielle Harris	19	CIA IA	6/18/2010	MV CSC Summer Invitational	
3	1:11.54 L	F	Malinda Caudle	20	CYSC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
4	1:23.51 L	F	Heidi Culver	20	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
<b>Girls 19 &amp; Over 200 Fly</b>								
1	2:49.06 L	F	Stephanie Koch	19	ACAC IA	6/11/2010	ACAC Ames' Rock the Blocks Jam	
<b>Girls 19 &amp; Over 200 IM</b>								
1	2:26.76 L	F	Stephanie Koch	19	ACAC IA	6/18/2010	MV CSC Summer Invitational	

Iowa Swimming, Inc.

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Individual Top Times

Times since: 01-Sep-09

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	Time	P/F/S	Name	Age/Yr			
<b>Girls 19 &amp; Over 400 IM</b>							
1	5:15.43 L	F	Stephanie Koch	19	ACAC IA	6/18/2010	MV CSC Summer Invitational