

Iowa Swimming, Inc.

RECORDS IA STATE RECORD

Yards-Girls

10 & U	50 Free	26.75	20-Jan-06	UN IA	MICHAELA KINTER (Cedar Falls,IA)	
	100 Free	58.35	16-Feb-90	CFSC IA	JESSICA MARTIN (Rochester, MN)	
	200 Free	2:05.99	16-Feb-90	CFSC IA	JESSICA MARTIN (Rochester, MN)	
	500 Free	5:45.92	1-Dec-01	ICE IA	CHRISTINE OLSON (Iowa City, IA-Irving B Weber Inv 2001)	
	50 Back	30.72	23-Feb-07	ICE IA	LILIAN ZHU (Cedar Rapids, IA)	
	100 Back	1:05.57	2-Mar-07	ICE IA	LILIAN ZHU (Iowa City, IA)	
	50 Breast	34.43	25-Feb-93	SPNY IA	BRIELLE BOVEE (Omaha, NE)	
	100 Breast	1:13.83	1-Dec-01	ICE IA	CHRISTINE OLSON (Iowa City, IA-Irving B Weber Inv 2001)	
	50 Fly	28.70	20-Jan-06	UN IA	MICHAELA KINTER (Cedar Falls, IA)	
	100 Fly	1:05.16	16-Feb-90	CFSC IA	JESSICA MARTIN (Rochester, MN)	
	100 IM	1:06.95	12-Jan-85	DMSF IA	AMY WALKER (Richfield, MN)	
	200 IM	2:22.97	23-Dec-84	DMSF IA	AMY WALKER (Omaha, NE)	
	200 Free Relay	1:55.78	14-Jan-90	CFSC IA	North,Courts,Peterson,Martin (Omaha, NE)	
	200 Medley Relay	2:13.45	17-Oct-09	MUSC IA	E.Goss;O.Calegan;S.Fritz;T.Beadle (Davenport,IA)	
	11-12	50 Free	24.91	4-Mar-05	CRAA IA	JILL BROGHAMMER (Iowa City, IA)
		100 Free	54.18	11-Jan-87	DMSF IA	AMY WALKER (Indianapolis, IN)
		200 Free	1:56.97	11-Jan-87	DMSF IA	AMY WALKER (Indianapolis, IN)
		500 Free	5:03.84	10-Jan-87	DMSF IA	AMY WALKER (Indianapolis, IN)
		1000 Free	10:51.08	21-Jan-00	BETT IA	MEGAN LONERGAN (Bettendorf, IA)
		1650 Free	17:51.09	21-Jan-00	BETT IA	MEGAN LONERGAN (Bettendorf, IA)
50 Back		27.70	6-Mar-83	WSSC IA	MIEKKA OLSON (Cedar Rapids, IA)	
100 Back		59.17	27-Feb-09	UN IA	LILIAN ZHU (Iowa City, IA)	
200 Back		2:07.58	27-Feb-09	UN IA	LILIAN ZHU (Iowa City, IA)	
50 Breast		31.24	14-Jan-95	UN IA	BRIELLE BOVEE (Omaha, NE)	
100 Breast		1:07.62	31-Mar-95	UN IA	BRIELLE BOVEE (Walnut Creek, CA)	
200 Breast		2:28.42	13-Jun-08	CIA IA	KATHARINE ROSS (West Des Moines, IA)	
50 Fly		27.26	4-Nov-05	CRAA IA	JILL BROGHAMMER (Independence,MO)	
100 Fly		59.84	27-Mar-82	DMAC IA	ANN WALKER (Lincoln, NE)	
200 Fly		2:18.79	20-Feb-09	PVST IA	MADELINE BURNHAM (Cedar Rapids, IA)	
100 IM		1:02.67	28-Mar-09	UN IA	LILIAN ZHU (Minneapolis, MN)	
200 IM		2:11.97	14-Apr-83	WSSC IA	MIEKKA OLSON (Brown Deer, WI)	
400 IM		4:50.02	27-Feb-09	UN IA	LILIAN ZHU (Iowa City, IA)	
200 Free Relay		1:43.89	7-Dec-91	CFSC IA	Martin,Courts,Peterson,Wertz (Waterloo, IA)	
400 Free Relay		3:50.61	2-Feb-86	DMSF IA	Walker,Hanson,Myers,Strader (Brown Deer, WI)	
200 Medley Relay		1:57.42	8-Dec-91	CFSC IA	Courts,Peterson,Martin,Wertz (Waterloo,IA)	
400 Medley Relay		4:21.37	1-Feb-86	DMSF IA	Walker,Strader,Hanson,Myers (Brown Deer, WI)	
13-14		50 Free	23.87	12-Mar-09	ACAC IA	MADDIE BRO (Brown Deer, WI)
		100 Free	51.42	27-Feb-09	ACAC IA	MADDIE BRO (Iowa City, IA)
		200 Free	1:51.61	5-Nov-88	DMSF IA	AMY WALKER (Des Moines, IA)
		500 Free	4:54.56	1-Apr-88	DMSF IA	AMY WALKER (Grand Forks, ND)
		1000 Free	10:01.95	29-Mar-88	DMSF IA	AMY WALKER (Grand Forks, ND)
	1650 Free	16:46.70	8-Jan-88	DMSF IA	AMY WALKER (Indianapolis, IN)	
	100 Back	56.87	12-Mar-09	ACAC IA	MADDIE BRO (Brown Deer, WI)	
	200 Back	2:00.81	29-Feb-08	CRAA IA	KATHARINE ANTON (Iowa City, IA)	
	100 Breast	1:04.52	16-Jan-10	CIA IA	KATHARINE ROSS (Lawrence, KS)	
	200 Breast	2:20.74	16-Jan-10	CIA IA	KATHARINE ROSS (Lawrence, KS)	
	100 Fly	56.56	18-Oct-08	UN IA	MOLLY COONCE (Nashville, TN)	

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13-14	200 Fly	2:02.55	5-Feb-98	DMSF IA	ANN WALKER (Brown Deer, WI)	
	200 IM	2:06.18	6-Nov-93	CRAA IA	SARAH DOUGALL (Fort Dodge, IA)	
	400 IM	4:26.23	23-Mar-95	CRAA IA	HEIDI LANDHERR (Midland, TX)	
	200 Free Relay	1:41.58	6-Mar-92	CFSC IA	Wertz,Fletcher,Teel,Martin (Iowa City, IA)	
	400 Free Relay	3:40.49	5-Mar-10	CIA IA	CIA-K.Ross,C.Colville,J.Brown,M.Lynch (Iowa City,IA)	
	800 Free Relay	8:00.61	4-Feb-83	DMAC IA	Walker,Elwell,Hanson,Linder (Brown Deer, WI)	
	200 Medley Relay	1:53.15	5-Mar-10	CIA IA	CIA-E.Tuazon,K.Ross,C.Colville,M.Lynch (Iowa City,IA)	
	400 Medley Relay	4:07.68	5-Mar-10	CIA IA	CIA-J.Brown,K.Ross,M.Lynch,C.Colville (Iowa City,IA)	
15-16	50 Free	23.27	8-Mar-07	DMSF IA	ALEXA MEHESAN (Chicago, IL)	
	100 Free	50.94	29-Feb-08	ACAC IA	STEPHANIE KOCH (Iowa City, IA)	
	200 Free	1:50.92	3-Nov-07	ACAC IA	STEPHANIE KOCH (Marshalltown,IA)	
	500 Free	4:49.18	28-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
	1000 Free	9:49.84	25-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
	1650 Free	16:15.06	29-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
	100 Back	56.05	12-Mar-09	CRAA IA	KATHARINE ANTON (Brown Deer, WI)	
	200 Back	1:59.04	12-Mar-09	CRAA IA	KATHARINE ANTON (Brown Deer, WI)	
	100 Breast	1:03.96	8-Nov-03	CRAA IA	HAYLEY FRY (Ft Dodge,IA)	
	200 Breast	2:18.68	11-Mar-04	CRAA IA	HAYLEY FRY (Chicago,IL)	
	100 Fly	56.23	8-Mar-07	DMSF IA	ALEXA MEHESAN (Chicago, IL)	
	200 Fly	1:59.48	4-Apr-85	DMSF IA	ANN WALKER (Los Angeles, CA)	
	200 IM	2:05.84	6-Nov-09	UN IA	MOLLY COONCE (Marshalltown, IA)	
	400 IM	4:24.41	23-Mar-95	CRAA IA	SARAH DOUGALL (Midland, TX)	
	15-18	200 Free Relay	1:33.83	3-Nov-07	DMSF IA	L.Nathanson,D.Harris,L.Lamair,A.Mehesan (Marshalltown,IA)
		400 Free Relay	3:31.05	8-Mar-07	DMSF IA	L.Nathanson,M.Carr,D.Harris,A.Mehesan (Chicago, IL)
		800 Free Relay	7:45.41	1-Mar-02	BLST IA	R.Smith,E.Noah,K.Rogers,L.Hohnstein (Iowa City,IA)
200 Medley Relay		1:47.22	29-Feb-08	DMSF IA	K.Kubat,D.Harris,A.Mehesan,L.Nathanson (Iowa City, IA)	
400 Medley Relay		3:55.62	8-Mar-07	DMSF IA	K.Kubat,D.Harris,A.Mehesan,L.Nathanson (Chicago, IL)	
17-18	50 Free	22.92	3-Nov-07	DMSF IA	ALEXA MEHESAN (Marshalltown,IA)	
	100 Free	50.15	12-Mar-09	ACAC IA	STEPHANIE KOCH (Brown Deer, WI)	
	200 Free	1:48.32	12-Mar-09	ACAC IA	STEPHANIE KOCH (Brown Deer, WI)	
	500 Free	4:53.75	10-Jan-87	DMSF IA	JENNIFER LINDER (Indianapolis, IN)	
	1000 Free	10:06.51	20-Mar-97	CRAA IA	JINNY SMESTAD (College Station, TX)	
	1650 Free	16:41.54	11-Jan-87	DMSF IA	JENNIFER LINDER (Indianapolis, IN)	
	100 Back	55.57	12-Mar-09	UN IA	DANIELLE HARRIS (Brown Deer,WI)	
	200 Back	2:02.12	12-Mar-09	UN IA	DANIELLE HARRIS (Brown Deer, WI)	
	100 Breast	1:02.73	10-Mar-10	DMSF IA	IMELDA WISTEY (Minneapolis, MN)	
	200 Breast	2:21.00	10-Mar-10	DMSF IA	IMELDA WISTEY (Minneapolis, MN)	
	100 Fly	54.57	3-Nov-07	DMSF IA	ALEXA MEHESAN (Marshalltown,IA)	
	200 Fly	2:02.88	11-Jan-87	DMSF IA	JENNIFER LINDER (Indianapolis, IN)	
	200 IM	2:04.21	12-Mar-09	UN IA	DANIELLE HARRIS (Brown Deer, WI)	
	400 IM	4:24.94	6-Mar-98	CRAA IA	JINNY SMEDSTAD (Iowa City, IA)	
	50 Free	22.92	3-Nov-07	DMSF IA	ALEXA MEHESAN (Marshalltown,IA)	
	100 Free	50.15	12-Mar-09	ACAC IA	STEPHANIE KOCH (Brown Deer, WI)	
	200 Free	1:48.32	12-Mar-09	ACAC IA	STEPHANIE KOCH (Brown Deer, WI)	
	500 Free	4:49.18	28-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
	1000 Free	9:49.84	25-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
	1650 Free	16:15.06	29-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
100 Back	55.57	12-Mar-09	UN IA	Danielle Harris,UN(Brown Deer,WI)tie Danielle Carty,IOWA 12/3/09(Federal W)		
200 Back	1:59.04	12-Mar-09	CRAA IA	KATHARINE ANTON (Brown Deer, WI)		

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100 Breast	1:02.73	10-Mar-10	DMSF IA	IMELDA WISTEY (Minneapolis, MN)
200 Breast	2:18.41	1-Mar-02	IOWA IA	ALLISON LYLE (Iowa City, IA)
100 Fly	54.57	3-Nov-07	DMSF IA	ALEXA MEHESAN (Marshalltown,IA)
200 Fly	1:59.48	4-Apr-85	DMSF IA	ANN WALKER (Los Angeles, CA)
200 IM	2:03.98	1-Mar-02	IOWA IA	ALLISON LYLE (Iowa City, IA)
400 IM	4:20.14	7-Mar-03	IOWA IA	JENNIFER SKOLASKI (Iowa City, IA)
200 Free Relay	1:33.83	3-Nov-07	DMSF IA	L.Nathanson,D.Harris,L.Lamair,A.Mehesan (Marshalltown,IA)
400 Free Relay	3:24.46	3-Dec-09	IOWA IA	C.Kuczek,D.Cubelic,V.Hicks,D.Carty(Federal Way, WA)
800 Free Relay	7:28.54	3-Dec-09	IOWA IA	C.Kuczek,D.Cubelic,V.Hicks,S.Galvin(Federal Way, WA)
200 Medley Relay	1:44.15	3-Dec-09	IOWA IA	D.Carty,K.Tour,D.Cubelic,C.Kuczek(Federal Way, WA)
400 Medley Relay	3:48.02	3-Dec-09	IOWA IA	D.Carty,K.Tour,D.Cubelic,C.Kuczek(Federal Way, WA)