

## Iowa Swimming, Inc.

## RECORDS IA OPEN STATE

## Yards-Girls

10 & U	50 Free	26.75	<b>20-Jan-06</b>	UN IA	MICHAELA KINTER (Cedar Falls, IA)	
	100 Free	58.35	<b>16-Feb-90</b>	CFSC IA	JESSICA MARTIN (Rochester, MN)	
	200 Free	2:05.99	<b>16-Feb-90</b>	CFSC IA	JESSICA MARTIN (Rochester, MN)	
	500 Free	5:45.92	<b>1-Dec-01</b>	ICE IA	CHRISTINE OLSON (Iowa City, IA)	
	50 Back	30.72	<b>23-Feb-07</b>	ICE IA	LILIAN ZHU (Cedar Rapids, IA)	
	100 Back	1:05.57	<b>2-Mar-07</b>	ICE IA	LILIAN ZHU (Iowa City, IA)	
	50 Breast	34.43	<b>25-Feb-93</b>	SPNY IA	BRIELLE BOVEE (Omaha, NE)	
	100 Breast	1:13.83	<b>1-Dec-01</b>	ICE IA	CHRISTINE OLSON (Iowa City, IA)	
	50 Fly	28.70	<b>20-Jan-06</b>	UN IA	MICHAELA KINTER (Cedar Falls, IA)	
	100 Fly	1:05.16	<b>16-Feb-90</b>	CFSC IA	JESSICA MARTIN (Rochester, MN)	
	100 IM	1:06.95	<b>12-Jan-85</b>	DMSF IA	AMY WALKER (Richfield, MN)	
	200 IM	2:22.97	<b>23-Dec-84</b>	DMSF IA	AMY WALKER (Omaha, NE)	
	200 Free Relay	1:55.78	<b>14-Jan-90</b>	CFSC IA	CFSC-North, Courts, Peterson, Martin (Omaha, NE)	
	200 Medley Relay	2:13.45	<b>17-Oct-09</b>	MUSC IA	E.Goss;O.Calegan;S.Fritz;T.Beadle(Davenport, IA)	
	11-12	50 Free	24.91	<b>4-Mar-05</b>	CRAA IA	JILL BROGHAMMER (Iowa City, IA)
		100 Free	54.18	<b>11-Jan-87</b>	DMSF IA	AMY WALKER (Indianapolis, IN)
		200 Free	1:56.97	<b>11-Jan-87</b>	DMSF IA	AMY WALKER (Indianapolis, IN)
		500 Free	5:03.84	<b>10-Jan-87</b>	DMSF IA	AMY WALKER (Indianapolis, IN)
		1000 Free	10:51.08	<b>21-Jan-00</b>	BETT IA	MEGAN LONERGAN (Bettendorf, IA)
		1650 Free	17:51.09	<b>21-Jan-00</b>	BETT IA	MEGAN LONERGAN (Bettendorf, IA)
50 Back		27.70	<b>6-Mar-83</b>	WSSC IA	MIEKKA OLSON (Cedar Rapids, IA)	
100 Back		59.17	<b>27-Feb-09</b>	UN IA	LILIAN ZHU (Iowa City, IA)	
200 Back		2:07.58	<b>27-Feb-09</b>	UN IA	LILIAN ZHU (Iowa City, IA)	
50 Breast		31.24	<b>14-Jan-95</b>	UN IA	BRIELLE BOVEE (Omaha, NE)	
100 Breast		1:07.62	<b>31-Mar-95</b>	UN IA	BRIELLE BOVEE (Walnut Creek, CA)	
200 Breast		2:28.42	<b>13-Jun-08</b>	CIA IA	KATHARINE ROSS (West Des Moines, IA)	
50 Fly		27.26	<b>4-Nov-05</b>	CRAA IA	JILL BROGHAMMER (MV)	
100 Fly		59.84	<b>27-Mar-82</b>	DMAC IA	ANN WALKER (Lincoln, NE)	
200 Fly		2:18.51	<b>14-Oct-00</b>	LAKE WI	ANDREA BORITZKE (Iowa City, IA)	
100 IM		1:02.67	<b>28-Mar-09</b>	UN IA	LILIAN ZHU (Minneapolis, MN)	
200 IM		2:11.97	<b>14-Apr-83</b>	WSSC IA	MIEKKA OLSON (Brown Deer, WI)	
400 IM		4:48.10	<b>14-Oct-00</b>	LAKE WI	ANDREA BORETZKE	
200 Free Relay		1:43.89	<b>7-Dec-91</b>	CFSC IA	CFSC-Martin, Courts, Peterson, Wertz (Waterloo, IA)	
400 Free Relay		3:50.61	<b>2-Feb-86</b>	DMSF IA	DMSF-Walker, Hanson, Myers, Strader (Brown Deer, WI)	
200 Medley Relay		1:57.42	<b>8-Dec-91</b>	CFSC IA	CFSC-Courts, Peterson, Martin, Wertz (Waterloo, IA)	
400 Medley Relay		4:21.37	<b>1-Feb-86</b>	DMSF IA	DMSF-Walker, Strader, Hanson, Myers (Brown Deer, WI)	
13-14		50 Free	23.87	<b>12-Mar-09</b>	ACAC IA	MADDIE BRO (Brown Deer, WI)
		100 Free	51.42	<b>27-Feb-09</b>	ACAC IA	MADDIE BRO (Iowa City, IA)
		200 Free	1:51.61	<b>5-Nov-88</b>	DMSF IA	AMY WALKER (Des Moines, IA)
		500 Free	4:54.56	<b>1-Apr-88</b>	DMSF IA	AMY WALKER (Grand Forks, ND)
		1000 Free	10:01.95	<b>29-Mar-88</b>	DMSF IA	AMY WALKER (Grand Forks, ND)
	1650 Free	16:46.70	<b>8-Jan-88</b>	DMSF IA	AMY WALKER (Indianapolis, IN)	
	100 Back	56.87	<b>12-Mar-09</b>	ACAC IA	MADDIE BRO (Brown Deer, WI)	
	200 Back	2:00.81	<b>29-Feb-08</b>	CRAA IA	KATHARINE ANTON (Iowa City, IA)	
	100 Breast	1:04.52	<b>16-Jan-10</b>	CIA IA	KATHARINE ROSS (Lawrence, KS)	
	200 Breast	2:20.74	<b>16-Jan-10</b>	CIA IA	KATHARINE ROSS (Lawrence, KS)	
	100 Fly	56.56	<b>18-Oct-08</b>	UN IA	MOLLY COONCE (Nashville, TN)	

Iowa Swimming, Inc.

RECORDS IA OPEN STATE

13-14	200 Fly	2:02.55	5-Feb-98	DMSF IA	ANN WALKER (Brown Deer, WI)	
	200 IM	2:06.18	6-Nov-93	CRAA IA	SARAH DOUGALL (Fort Dodge, IA)	
	400 IM	4:26.23	23-Mar-95	CRAA IA	HEIDI LANDHERR (Midland, TX)	
	200 Free Relay	1:41.58	6-Mar-92	CFSC IA	CFSC-Wertz,Fletcher,Teel,Martin (Iowa City, IA)	
	400 Free Relay	3:40.49	5-Mar-10	CIA IA	CIA-K.Ross,C.Colville,J.Brown,M.Lynch (Iowa City, IA)	
	800 Free Relay	8:00.61	4-Feb-83	DMAC IA	DMAC-Walker,Elwell,Hanson,Linder (Brown Deer,WI)	
	200 Medley Relay	1:53.15	5-Mar-10	CIA IA	CIA-E.Tuazon,K.Ross,C.Colville,M.Lynch (Iowa City, IA)	
	400 Medley Relay	4:07.68	5-Mar-10	CIA IA	CIA-J.Brown,K.Ross,M.Lynch,C.Colville (Iowa City,IA)	
15-16	50 Free	23.27	8-Mar-07	DMSF IA	ALEXA MEHESAN (Chicago, IL)	
	100 Free	50.94	29-Feb-08	ACAC IA	STEPHANIE KOCH (Iowa City, IA)	
	200 Free	1:50.92	3-Nov-07	ACAC IA	STEPHANIE KOCH (Marshalltown, IA)	
	500 Free	4:49.18	28-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
	1000 Free	9:49.84	25-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
	1650 Free	16:15.06	29-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
	100 Back	56.05	12-Mar-09	CRAA IA	KATHARINE ANTON (Brown Deer, WI)	
	200 Back	1:59.04	12-Mar-09	CRAA IA	KATHARINE ANTON (Brown Deer, WI)	
	100 Breast	1:03.96	8-Nov-03	CRAA IA	HAYLEY FRY (Ft Dodge, IA)	
	200 Breast	2:18.68	11-Mar-04	CRAA IA	HAYLEY FRY (Chicago, IL)	
	100 Fly	56.23	8-Mar-07	DMSF IA	ALEXA MEHESAN (Chicago, IL)	
	200 Fly	1:59.48	4-Apr-85	DMSF IA	ANN WALKER (Los Angeles, CA)	
	200 IM	2:05.84	6-Nov-09	UN IA	MOLLY COONCE (Marshalltown, IA)	
	400 IM	4:24.41	23-Mar-95	CRAA IA	SARAH DOUGALL (Midland, TX)	
	15-18	200 Free Relay	1:33.83	3-Nov-07	DMSF IA	DMSF-L.Nathanson,D.Harris,L.Lamair,A.Mehesan (Marshalltown,IA)
		400 Free Relay	3:31.05	8-Mar-07	DMSF IA	DMSF-L.Nathanson,M.Carr,D.Harris,A.Mehesan (Chicago,IL)
		800 Free Relay	7:45.41	1-Mar-02	BLST IA	BLST-R.Smith,E.Noah,K.Rogers,L.Hohnstein (Iowa City, IA)
200 Medley Relay		1:47.22	29-Feb-08	DMSF IA	K.Kubat,D.Harris,A.Mehesan,L.Nathansono (Iowa City, IA)	
400 Medley Relay		3:55.62	8-Mar-07	DMSF IA	DMSF-K.Kubat,D.Harris,A.Mehesan,L.Nathanson (Chicago,IL)	
17-18	50 Free	22.92	3-Nov-07	DMSF IA	ALEXA MEHESAN (Marshalltown, IA)	
	100 Free	50.15	12-Mar-09	ACAC IA	STEPHANIE KOCH (Brown Deer, WI)	
	200 Free	1:48.32	12-Mar-09	ACAC IA	STEPHANIE KOCH (Brown Deer, WI)	
	500 Free	4:53.75	10-Jan-87	DMSF IA	JENNIFER LINDER (Indianapolis,IN)	
	1000 Free	10:06.51	20-Mar-97	CRAA IA	JINNY SMESTAD (College Station,TX)	
	1650 Free	16:41.54	11-Jan-87	DMSF IA	JENNIFER LINDER (Indianapolis,IN)	
	100 Back	55.57	12-Mar-09	UN IA	DANIELLE HARRIS (Brown Deer, WI)	
	200 Back	2:02.12	12-Mar-09	UN IA	DANIELLE HARRIS (Brown Deer, WI)	
	100 Breast	1:02.73	10-Mar-10	DMSF IA	IMELDA WISTEY (Minneapolis, MN)	
	200 Breast	2:21.00	10-Mar-10	DMSF IA	IMELDA WISTEY (Minneapolis, MN)	
	100 Fly	54.57	3-Nov-07	DMSF IA	ALEXA MEHESAN (Marshalltown, IA)	
	200 Fly	2:02.88	11-Jan-87	DMSF IA	JENNIFER LINDER (Indianapolis,IN)	
	200 IM	2:04.21	12-Mar-09	UN IA	DANIELLE HARRIS (Brown Deer, WI)	
	400 IM	4:24.94	6-Mar-98	CRAA IA	JINNY SMEDSTAD (Iowa City, IA)	
	50 Free	22.92	3-Nov-07	DMSF IA	ALEXA MEHESAN (Marshalltown,IA)	
	100 Free	50.15	12-Mar-09	ACAC IA	STEPHANIE KOCH (Brown Deer, WI)	
	200 Free	1:48.32	12-Mar-09	ACAC IA	STEPHANIE KOCH (Brown Deer, WI)	
	500 Free	4:49.18	28-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
	1000 Free	9:49.84	25-Mar-86	DMSF IA	JENNIFER LINDER (Orlando,FL)	
	1650 Free	16:15.06	29-Mar-86	DMSF IA	JENNIFER LINDER (Orlando, FL)	
100 Back	55.57	12-Mar-09	UN IA	Danielle Harris,UN (Brown Deer, WI)tie Danielle Carty,IOWA(Federal Way,WA)		
200 Back	1:59.04	12-Mar-09	CRAA IA	KATHARINE ANTON (Brown Deer, WI)		

## Iowa Swimming, Inc.

### RECORDS IA OPEN STATE

100 Breast	1:02.73	<b>10-Mar-10</b>	DMSF IA	IMELDA WISTEY (Minneapolis, MN)
200 Breast	2:18.41	<b>1-Mar-02</b>	IOWA IA	ALLISON LYLE (Iowa City, IA)
100 Fly	54.57	<b>3-Nov-07</b>	DMSF IA	ALEXA MEHESAN (Marshalltown, IA)
200 Fly	1:59.48	<b>4-Apr-85</b>	DMSF IA	ANN WALKER (Los Angeles, CA)
200 IM	2:03.98	<b>1-Mar-02</b>	IOWA IA	ALLISON LYLE (Iowa City, IA)
400 IM	4:20.14	<b>7-Mar-03</b>	IOWA IA	JENNIFER SKOLASKI (Iowa City, IA)
200 Free Relay	1:33.83	<b>3-Nov-07</b>	DMSF IA	DMSF-L.Nathanson,D.Harris,L.Lamair,A.Mehesan (Marshalltown,IA)
400 Free Relay	3:24.46	<b>3-Dec-09</b>	IOWA IA	C.Kuczek,D.Cubelic,V.Hicks,D.Carty(Federal Way,WA)
800 Free Relay	7:28.54	<b>3-Dec-09</b>	IOWA IA	C.Kuczek,D.Cubelic,V.Hicks,S.Galvin(Federal Way,WA)
200 Medley Relay	1:44.15	<b>3-Dec-09</b>	IOWA IA	C.Carty,K.Tour,D.Cubelic,C.Kuczek(Federal Way,WA)
400 Medley Relay	3:48.02	<b>3-Dec-09</b>	IOWA IA	D.Carty,K.Tour,D.Cubelic,C.Kuczek(Federal Way,WA)