

## Iowa Swimming, Inc.

## RECORDS /IA STATE RECORD

## LC Meters-Girls

10 & U	50 Free	29.90	<b>12-Aug-05</b>	UN IA	MICHAELA KINTER (Ann Arbor, MI)	
	100 Free	1:06.39	<b>12-Aug-05</b>	UN IA	MICHAELA KINTER (Ann Arbor, MI)	
	200 Free	2:26.10	<b>8-Aug-86</b>	ICSC IA	JAYME OLSON (St Louis Park, MN)	
	400 Free	5:11.09	<b>30-Jul-09</b>	ICE IA	RUBY MARTIN (Iowa City, IA)	
	50 Back	35.09	<b>7-Aug-81</b>	WSSC IA	MIEKKA OLSON (Milwaukee, WI)	
	100 Back	1:13.68	<b>6-Aug-04</b>	CRAA IA	KATHARINE ANTON (Oxford, OH)	
	100 Breast	1:26.72	<b>10-Aug-01</b>	ICE IA	CHRISTINE OLSON (Indianapolis, IN)	
	50 Fly	32.09	<b>12-Aug-05</b>	UN IA	MICHAELA KINTER (Ann Arbor, MI)	
	100 Fly	1:14.85	<b>14-Aug-81</b>	WSSC IA	MIEKKA OLSON (Norman, OK)	
	200 IM	2:43.84	<b>14-Aug-81</b>	WSSC IA	MIEKKA OLSON (Norman, OK)	
	200 Free Relay	2:12.51	<b>30-Jul-09</b>	MUSC IA	O.Calegan,V.Roth,T.Beadle,S.Frtiz	
	200 Medley Relay	2:28.65	<b>30-Jul-09</b>	MUSC IA	E.Goss,O.Calegan,S.Fritz,T.Beadle	
	11-12	50 Free	28.43	<b>12-Aug-05</b>	CRAA IA	JILL BROGHAMMER (Ann Arbor, MI)
		100 Free	1:01.00	<b>8-Aug-86</b>	DMSF IA	AMY WALKER (St Louis Park, MN)
		200 Free	2:12.63	<b>8-Aug-86</b>	DMSF IA	AMY WALKER (St Louis Park, MN)
		400 Free	4:39.73	<b>7-Aug-86</b>	DMSF IA	AMY WALKER (St Louis Park, MN)
		800 Free	10:18.04	<b>31-Jul-08</b>	CIA IA	JENNY BROWN (Iowa City, IA)
1500 Free		19:12.44	<b>1-May-99</b>	BETT IA	MEGAN LONERGAN (Iowa City, IA)	
50 Back		32.37	<b>12-Aug-05</b>	CRAA IA	KATHARINE ANTON (Ann Arbor, MI)	
100 Back		1:08.89	<b>4-Aug-06</b>	CRAA IA	KATHARINE ANTON (Iowa City, IA)	
200 Back		2:26.87	<b>4-Aug-06</b>	CRAA IA	KATHARINE ANTON (Iowa City, IA)	
50 Breast		35.70	<b>9-Aug-07</b>	CIA IA	HANNAH ALDRIDGE (Topeka, KS)	
100 Breast		1:17.48	<b>15-Feb-08</b>	CIA IA	KATHARINE ROSS (Columbia, MO)	
200 Breast		2:50.34	<b>3-Aug-07</b>	CIA IA	HANNAH ALDRIDGE (Iowa City, IA)	
50 Fly		30.05	<b>5-Aug-05</b>	CRAA IA	JILL BROGHAMMER (Iowa City, IA)	
100 Fly		1:08.17	<b>22-Jun-86</b>	DMSF IA	AMY WALKER (Des Moines, IA)	
200 Fly		2:39.75	<b>30-Jul-04</b>	ICE IA	BETH EYANSON (Iowa City, IA)	
200 IM		2:29.60	<b>8-Aug-86</b>	DMSF IA	AMY WALKER (St Louis Park, MN)	
400 IM		5:42.05	<b>31-Jul-08</b>	ICE IA	LILIAN ZHU (Iowa City, IA)	
200 Free Relay		1:58.24	<b>10-Aug-91</b>	CFSC IA	Peterson, Courts, Martin, Wertz (Mpls, MN)	
400 Free Relay		4:16.73	<b>9-Aug-91</b>	CFSC IA	Peterson, Courts, Martin, Wertz (Minneapolis, MN)	
200 Medley Relay		2:14.37	<b>30-Jul-04</b>	ICE IA	Eyanson,Striegel,Doehrmann,Zhu (Iowa City, IA)	
400 Medley Relay	4:59.28	<b>4-Aug-91</b>	CFSC IA	Courts, Peterson, Martin, Wertz (Cedar Rapids, IA)		
13-14	50 Free	27.30	<b>17-Jul-88</b>	DMSF IA	AMY WALKER (Brown Deer, WI)	
	100 Free	58.27	<b>31-Jul-88</b>	DMSF IA	AMY WALKER (Tempe, AZ)	
	200 Free	2:09.55	<b>20-Jul-85</b>	WSSC IA	MIEKKA OLSON (Brown Deer, WI)	
	400 Free	4:29.03	<b>18-Dec-88</b>	DMSF IA	AMY WALKER (Indianapolis, IN)	
	800 Free	9:09.20	<b>30-Jul-88</b>	DMSF IA	AMY WALKER (Tempe, AZ)	
	1500 Free	17:21.80	<b>15-Aug-87</b>	DMSF IA	AMY WALKER (Mission Viejo, CA)	
	100 Back	1:04.93	<b>29-Jun-08</b>	CRAA IA	KATHARINE ANTON (ttOmaha,NE)	
	200 Back	2:15.55	<b>5-Jun-08</b>	CRAA IA	KATHARINE ANTON (Omaha, NE)	
	100 Breast	1:15.19	<b>22-Jul-09</b>	CIA IA	KATHARINE ROSS (Minneapolis, MN)	
	200 Breast	2:46.19	<b>13-Jan-09</b>	CIA IA	KATHARINE ROSS (St Louis, MO)	
	100 Fly	1:03.63	<b>25-Aug-82</b>	DMAC IA	ANN WALKER (San Jose, CA)	
	200 Fly	2:17.62	<b>24-Jul-83</b>	DMAC IA	ANN WALKER (Milwaukee, WI)	
	200 IM	2:24.48	<b>7-Aug-93</b>	CRAA IA	SARAH DOUGALL (Mpls, MN)	
	400 IM	4:57.88	<b>8-Aug-93</b>	CRAA IA	SARAH DOUGALL (Mpls, MN)	

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13-14	200 Free Relay	1:55.36	<b>1-Aug-92</b>	CFSC IA	Wertz, Martin, Peterson, Fletcher (Iowa City, IA)
	400 Free Relay	4:14.60	<b>2-Aug-92</b>	CFSC IA	Wertz, Fletcher, Martin, Peterson (Iowa City, IA)
	800 Free Relay	9:11.43	<b>5-Aug-05</b>	ICE IA	Hartman, Eyanson, Doehrmann, Murray (Iowa City, IA)
	200 Medley Relay	2:09.83	<b>1-Aug-03</b>	CRAA IA	A.Allen,A.Mangrich,C.Baker,J.Day (Iowa City,IA)
	400 Medley Relay	4:43.49	<b>5-Aug-05</b>	ICE IA	B.Eyanson,S.Striegel,S.Doehrmann,C.Hartman (Iowa City, IA)
15-16	50 Free	26.85	<b>16-Feb-07</b>	DMSF IA	LISA NATHANSON (Columbia, MO)
	100 Free	58.43	<b>18-Jul-07</b>	ACAC IA	STEPHANIE KOCH (Minnapolis, MN)
	200 Free	2:07.33	<b>20-Jul-89</b>	DMSF IA	AMY WALKER (Oklahoma City, OK)
	400 Free	4:26.64	<b>8-Aug-93</b>	CRAA IA	SHERI THEISN (Mpls, MN)
	800 Free	8:57.25	<b>27-Jul-85</b>	DMSF IA	JENNIFER LINDER (Baton Rouge, LA)
	1500 Free	16:59.14	<b>9-Aug-93</b>	CRAA IA	SHERI THEISEN (Mpls, MN)
	100 Back	1:05.20	<b>8-Aug-95</b>	CRAA IA	JOCELYN WRIGHT (Mpls, MN)
	200 Back	2:14.88	<b>10-Aug-09</b>	CRAA IA	KATHARINE ANTON (Federal Way, WA)
	100 Breast	1:12.93	<b>10-Feb-04</b>	CRAA IA	HAYLEY FRY (Orlando,FL)
	200 Breast	2:40.46	<b>26-Jun-09</b>	BETT IA	MOLLY COONCE (Nashville, TN)
	100 Fly	1:03.97	<b>20-Jul-85</b>	DMAC IA	ANN WALKER (Brown Deer, WI)
	200 Fly	2:16.06	<b>5-Aug-85</b>	DMAC IA	ANN WALKER (Mission Viejo, CA)
	200 IM	2:24.06	<b>26-Jun-09</b>	BETT IA	MOLLY COONCE (Nashville, TN)
	400 IM	4:56.32	<b>18-Jul-89</b>	DMSF IA	AMY WALKER (Oklahoma City, OK)
	15-18	200 Free Relay	1:50.23	<b>4-Aug-06</b>	DMSF IA
400 Free Relay		3:59.72	<b>6-Aug-07</b>	DMSF IA	L.Nathanson,E.Doerge,D.Harris,A.Mehesan (Indianapolis,IN)
800 Free Relay		8:47.39	<b>4-Aug-94</b>	CRAA IA	Carew, Smedstad, Dougall, Theisen (Clovis, CA)
200 Medley Relay		2:06.02	<b>1-Aug-03</b>	CRAA IA	W.Wodstrchill,H.Fry,C.Bueter,M.Burkman (Iowa City, IA)
400 Medley Relay		4:29.51	<b>6-Aug-07</b>	DMSF IA	E.Doerge,D.Harris,A.Mehesan,L.Nathanson (Indianapolis,IN)
17-18	50 Free	26.23	<b>29-Jun-08</b>	DMSF IA	LISA NATHANSON (Omaha,NE)
	100 Free	57.64	<b>4-Aug-08</b>	DMSF IA	LISA NATHANSON (Minneapolis, MN)
	200 Free	2:04.68	<b>22-Jul-09</b>	ACAC IA	STEPHANIE KOCH (Minneapolis, MN)
	400 Free	4:17.58	<b>24-Jun-86</b>	DMSF IA	JENNIFER LINDER (Orlando, FL)
	800 Free	8:40.62	<b>25-Jun-86</b>	DMSF IA	JENNIFER LINDER (Orlando, FL)
	1500 Free	16:38.46	<b>4-Jul-86</b>	DMSF IA	JENNIFER LINDER (Moscow, USSR)
	100 Back	1:05.82	<b>30-Jul-09</b>	CIA IA	DANIELLE HARRIS (Iowa City, IA)
	200 Back	2:20.45	<b>30-Nov-00</b>	CFSC IA	KIM ROGERS (Auburn, AL)
	100 Breast	1:14.07	<b>5-Aug-05</b>	CRAA IA	HAYLEY FRY (Iowa City, IA)
	200 Breast	2:42.64	<b>9-Aug-04</b>	CRAA IA	HAYLEY FRY (Stanford, CA)
	100 Fly	1:02.46	<b>27-Mar-08</b>	DMSF IA	ALEXA MEHESAN (Indianapolis, IN)
	200 Fly	2:14.29	<b>4-Jul-86</b>	DMSF IA	JENNIFER LINDER (Moscow, USSR)
	200 IM	2:23.37	<b>22-Jul-09</b>	ACAC IA	STEPHANIE KOCH (Minneapolis, MN)
	400 IM	4:57.95	<b>1-Aug-96</b>	CRAA IA	JINNY SMEDSTAD (Santa Clara, CA)
	50 Free	26.23	<b>29-Jun-08</b>	DMSF IA	LISA NATHANSON (Omaha,NE)
100 Free	57.64	<b>4-Aug-08</b>	DMSF IA	LISA NATHANSON (Minneapolis, MN)	
200 Free	2:04.68	<b>22-Jul-09</b>	ACAC IA	STEPHANIE KOCH (Minneapolis, MN)	
400 Free	4:17.58	<b>24-Jun-86</b>	DMSF IA	JENNIFER LINDER (Orlando, FL)	
800 Free	8:40.62	<b>25-Jun-86</b>	DMSF IA	JENNIFER LINDER (Orlando, FL)	
1500 Free	16:38.46	<b>4-Jul-86</b>	DMSF IA	JENNIFER LINDER (Moscow, USSR)	
100 Back	1:04.93	<b>29-Jun-08</b>	CRAA IA	KATHARINE ANTON (ttOmaha,NE)	
200 Back	2:14.88	<b>10-Aug-09</b>	CRAA IA	KATHARINE ANTON (Federal Way, WA)	
100 Breast	1:12.93	<b>10-Feb-04</b>	CRAA IA	HALEY FRY (Orlando, FL)	
200 Breast	2:40.46	<b>26-Jun-09</b>	BETT IA	MOLLY COONCE (Nashville, TN)	
100 Fly	1:02.01	<b>22-Jul-09</b>	CYSC IA	NAN LIU (Minnapolis, MN)	

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200 Fly	2:14.29	<b>4-Jul-86</b>	DMSF IA	JENNIFER LINDER (Moscow, USSR)
200 IM	2:22.24	<b>30-Jul-09</b>	DMSF IA	ALEXA MEHESAN (Iowa City, IA)
400 IM	4:56.32	<b>18-Jul-89</b>	DMSF IA	AMY WALKER, Oklahoma City, OK)
200 Free Relay	1:50.23	<b>4-Aug-06</b>	DMSF IA	A.Mehesan,L.Nathanson,E.Doerge,K.Kubat (Iowa City, IA)
400 Free Relay	3:59.72	<b>6-Aug-07</b>	DMSF IA	L.Nathanson,E.Doerge,D.Harris,A.Mehesan (Indianapolis, IN)
800 Free Relay	8:47.39	<b>4-Aug-94</b>	CRAA IA	Carew,Smedstad,Dougall,Theisen (Clovis,CA)
200 Medley Relay	2:03.97	<b>5-Aug-05</b>	CRAA IA	W.Wodstrchill,H.Fry,C.Baker,J.Day (Iowa City,IA)
400 Medley Relay	4:28.80	<b>22-Jul-09</b>	CYSC IA	N.Liu,L.Frodyma,L.Behrens,F.Calzada (Mpls,MN)