

IOWA SWIMMING E-NEWSLETTER

#3 – 2010 HAPPY HOLIDAYS!!!!

2010 MIDWEST ALL-STARS will be held January 16th & 17th, 2010 at Lawrence Aquatic Center, Lawrence, KS. Meet entry information for TEAM IOWA is available under the meet/invite tab on the ISI website. Mail entry deadline is Friday, December 11th and electronic entries by 6pm Monday, December 14th. Questions contact ISI Age Group Chair, Eric Follmuth isientries@gmail.com or 641-425-5357

2008-2009 SCHOLASTIC ALL AMERICAN TEAM – Congratulations to Iowa Swimming Athletes – **Katharine Anton**, CRAA 1st yr; **Elizabeth Eyanson**, ICE 2nd yr; **Hannah Maher**, DASH 1st yr; **Nathan Maloney**, DASH 2nd yr; **Grace Murray**, ICE 1st yr; **Bailey Pons**, BLST 1st yr; **Sarah Weihe**, ICE 1st yr; **Emily Wiltsie**, MCSC 2nd yr. The Scholastic All America Team is comprised of high school student-athletes who have completed 10, 11 or 12 grades, 3.5 GPA for current academic year in academic subjects only, and achieved individual qualifying time in the USA Times database.

2009 TOP 10 – IOWA ATHLETES – Congratulations to Iowa athletes who achieved a Top Ten Time nationally.

Alek Martin, CIA - Boys Age 11: 8th 200yd Freestyle; 10th 500yd Freestyle; 9th 1000yd Freestyle; 9th 1650yd Freestyle; 9th 400yd Individual Medley

Jorden Studer, CIA – Boys Age 14: 6th 100yd Breaststroke

Haden Calegan, MUSC – Boys Age 13: 10th 200yd Individual Medley

Lilian Zhu, UN – Girls Age 12: 10th 50yd Backstroke; 9th 100yd Backstroke; 8th 200yd Backstroke

Katharine Ross, CIA – Girls Age 13: 6th 100m Breaststroke

Josh Gill, DASH – Boys Age 14: 7th 50m Freestyle; 5th 100m Breaststroke

Luke Farley, USSD – Boys Age 12: 8th 50m Backstroke

Katharine Anton, CRAA – Girls Age 15: 9th 200m Backstroke

Katharine Anton, CRAA – Girls Age 16: 7th 200m Backstroke

Jordan Huff, DASH – Boys Age 17: 4th 100m Freestyle

OFFICIAL CLINICS

Sunday, December 6 following AM Session at BLAST Holiday Classic, Holmes Junior HS, Cedar Falls – contact Jamie Langner, jamielangner@yahoo.com

Sunday, December 13 following AM Session at ICE Weber Inv, Mercer Aquatic Center, Iowa City – contact Phil Barnes, gjpbarnes@aol.com

2010 REGISTRATION as of 11/30/2009 – Clubs – 15; Athlete – 1132; Individual Season - 5; Non-Athletes – 121

2010 MEMBERSHIP began September 1 – Athlete-Annual \$58.00; Athlete-Individual Season (150 days) \$35.50; Non-Athlete-Individual \$53.00; Non-Athlete Family \$97.00. Contact your club registration chair for registration materials & information, or Elaine at the ISI office.

2009 MEMBERSHIP for Athlete with Annual membership and all Non-Athlete membership expires 12/31/2009 Individual Season membership expiration date is printed on athlete membership card. Season 1 membership expired on August 28, 2009. All Season 1 athletes will need to be registered for 2010 prior to participating this fall. Reminder: ALL Athletes and Non-Athletes (officials, coaches, meet directors, etc.) must be currently registered to be participating in practice and meets. Also coaches & officials should be sure that ALL certifications are up to date before participating & sent to the ISI office

COACH REMINDER – All swimmers that haven't been signed off on shallow water diving, prior to start of the new season will need to be signed off & kept on file as being able to dive in shallow water. Details have been sent to all coaches and is available on the USA Swimming website (www.usaswimming.org under coaches tab).

OLYMPIC TRIALS INFO – 2012 Olympic Trials have been awarded to Omaha, NE for June 25-July 2, 2012 at the Qwest Center. Time standards will not be set until the Fall of 2010 at the earliest. Tentative qualifying period start date will be October 1, 2009. Hotels will not be opened for reservations until mid-2010. USA Swimming will notify teams via email and its website when hotels are available.

CALENDAR – DECEMBER/JANUARY

Dec 3-5 – ConocoPhillips National Championships SCY, Federal Way, WA
Dec 4, 5 & 6 – Holiday Classic hosted by Black Hawk Area Swim Team at Holmes Jr High, Cedar Falls
Dec 10-12 – Speedo Junior National Championships SCY, Columbus, OH
Dec 12 & 13. – Weber Invitation hosted by Iowa City Eels Swim Club at Mercer Park , Iowa City
January 2 – CRAA Sr Train & Race hosted by Cedar Rapids Aquatics at Coe College, Cedar Rapids
January 3 – DMSF Winter Freeze hosted by Des Moines Swimming Federation at Valley HS, West Des Moines
January 8-10 – BETT January Splash hosted by Bettendorf Swim Club at Bettendorf HS, Bettendorf
January 16-17 – TEAM IOWA at 2010 Midwest All-Stars, Lawrence, KS
January 17 – DASH Key City Invite hosted by Dubuque Area Swimmin' Hurricanes at Loras College, Dubuque
January 23 & 24 – CIA Winter Blue Buster hosted by Central Iowa Aquatics at Valley HS, West Des Moines
January 27 – CRAA Senior Dual Invite hosted by Cedar Rapids Aquatics at Coe College, Cedar Rapids
January 29-31 – BLST Winter Invite hosted by Black Hawk Area Swim Team at Holmes Jr High, Cedar Falls

Have a good day!

Any questions please contact: ISI Office / Elaine

E-mail: ISISWIM@aol.com

Phone & Fax: 563-391-5832 or 1-877-ISI-SWIM (IA toll free)

Address: 2715 Pioneer Court, Davenport, IA 52804-1099

Elaine will be out of the office December 21-January 4, but will be able to check emails and phone messages & will get back to you (just working at another location).