

IOWA SWIMMING E-NEWSLETTER

#9 – 2009 May

ATHLETES you have the opportunity to vote for the male athlete who will be featured on the 2010 athlete membership card. Voting takes place on the USA Swimming Website (www.usaswimming.org) until May 8th. A link to the ballot appears on the home page.

HOUSE OF DELEGATE HIGHLIGHTS

Passed proposal:

A – Regional Meet Start Times – AM Session – Warm-ups to Not Before 7:30AM Competition Not Before 8:30AM

PM Session – Warm-ups to Not Before 11:00AM, Competition Not Before 12:00PM – This proposal gives host clubs more flexibility to move warm ups based on entries.

C – Championship & Regional Meet Fees Increase – Championship meets – Ind events \$5, Relays \$10.

Regional meets - \$4, Relays \$8

E – Championship meet – Timers – Effective with 2009 summer meets – Regional and Championship meet host club may require visiting teams to help run the meet by providing up to 50 percent of the timing positions required per session to efficiently run the meet. Visiting team's timing responsibilities should be equally shared among all visiting teams based on each team's participation in the meet..

F – Iowa Team Time Frame for Meet Entries – Effective 9/1/2009 – Meet entries will be accepted beginning no less than 30 days from the first day of the meet. Only ISI teams/athletes will be allowed to enter the meet during the first seven days entries are accepted. Entries outside of the Iowa LSC and those from ISI teams not entering during those first seven days, will be accepted beginning on the eighth day and will be taken on a first received basis. ISI invitations shall have their meet invitations postmarked and/or emailed to all ISI contacts 15 days prior to the acceptance of entries.

USA Rules & Regulations:

SWIMWEAR 102.9.1 change effective May 15, 2009: 102.9 Swimwear - .1 Design –

A. Swimsuits worn for all 12 & under age group defined competition shall not cover the neck; extend past the shoulder, nor past the knee.

B. Swimsuits worn for competition must be non-transparent and conform to the current concept of the appropriate. C. The Referee shall have the authority to bar offenders from the competition until they comply with the rule.

SWIMWEAR effective immediately: The use of more than one swimsuit at a time during any USA Swimming sanctioned approved competition is prohibited. (Rules & Regulations require that USA Swimming technical swimming rules conform to those of FINA.)

COACHES – Effective January 1, 2009 change in Article 502.4.3 - Anyone who coaches athletes at a USA Swimming practice or competition must be a coach member of USA Swimming and must have satisfactorily completed safety training and background screening required by USA Swimming.

DIVING – As of May 1st, all athletes need to be signed off as being able to dive in shallow water.

2009 MEMBERSHIP AS OF 4/30/2009

Clubs - 19 Athletes – 1626 Athlete-Season 1 – 62 Athlete-Individual Season - 33 Non-Athletes – 244

New ISI Clubs – HAWK-Hawkeye Aquatics, Iowa City area - USSD-USS Destroyers, Waterloo area

SUMMER SCHEDULE CHANGES

June 12 – 14 ACAC meet cancelled due to pool construction not completed

June 19 – 21 DMSF Birdland meet has been moved to June 12 – 14 & will be co-hosted with ACAC

July 11 – 12 RCA Stars of Tomorrow meet will add Friday evening session July 10

July 17 – 19 BLST Summer Sizzler meet will add Thursday evening session July 16

CALENDAR – MAY

May 2 – 8:00am- Officials Certification Clinic, Wellness Center, UNI Room 103, Cedar Falls – contact Dennis Peters 319-240-7997 or upsautotech@cfu.net

May 2 – AM- Official Certification Clinic, Mercer Aquatic Center, Iowa City – contact Phil Barnes 319-373-9804 or gjpbarnes@aol.com

May 2 & 3 – ICE Spring Meltdown hosted by Iowa Eels at Mercer Aquatic Center, Iowa City

May 16 – CRAA Spring Pentathlon hosted by Cedar Rapids Aquatic Association at Coe College, Cedar Rapids

May 30 & 31 – PVST Summer Invite hosted by Pleasant Valley Stingrays at Pleasant Valley High School, Bettendorf

Have a good day!

Any questions please contact: ISI Office / Elaine

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