

IOWA SWIMMING E-NEWSLETTER

#8-2008 - MARCH

12 & UNDER SHORT COURSE CHAMPIONSHIPS, February 22, 23, & 24, 2008

Top 3 Teams: 1st Central Iowa Aquatics; 2nd Iowa City Eels; 3rd Cedar Rapids Aquatics

Top 3 Individual 8&U: Girls: 1st Olivia Calegan, UN 114; 2nd Ruby Martin, ICE 107; 3rd Sophie Sorenson, ACAC 89 Boys: 1st Bohan Yao, ICE 101; 2nd Jong-Min Choi, PVST 95; 3rd Andrew Shie, DMET 82

Top 3 Individual 9-10: Girls: 1st Moriah Ross, CIA 173; 2nd Kate Busswitz 161; 3rd Moriah Moore, CIA 141 Boys: 1st Alek Martin, CIA 177; 2nd Oliver Martin, ICE 160; 3rd Nicholas Staver, PVST 148

Top 3 Individual 11-12: Girls: 1st Lilian Zhu, ICE 177; 2nd Katharine Ross, CIA 160; 3rd Emily Tuazon, CIA 146 - Boys: 1st Ben Severino, CIA 168; 2nd Haden Calegan, UN 160; 3rd Spencer Clark, CIA 156

New State Records: Boys 10& Under 500 Free – Alek Martin, CIA

Sportsmanship/Spirit Award – Black Hawk Area Swim Team

IA SHORT COURSE CHAMPIONSHIPS, February 29, March 1 & 2, 2008

Top 3 Teams: 1st Iowa City Eels; 2nd Central Iowa Aquatics; 3rd Dubuque Area Swimmin' Hurricanes

Top 3 Individual 13-14: Girls: 1st Allison Orvis, DASH 117; 2nd tie Katharine Anton, CRAA 114, Emma Sougstad, MCSC 114 Boys: 1st John Beck, BETT 117; 2nd Connor Huff, DASH 114; 3rd Theo Coyne, ICE 109

Top 3 Individual Senior: Girls: 1st Danielle Harris, DMSF 95; 2nd Jaryn Studer, CIA 94; 3rd Alexa Mehesan, DMSF 93 Boys: 1st Jordan Huff, DASH 120; 2nd Andy White, BETT 95; 3rd Jake VanRoekel, CIA 90

National Age Group Record Broken: 17-18 200 Free Relay 1:35.29 – DMSF - Alexa Mehesan, Lisa Nathanson, Danielle Harris, Katie Kubat

New State Records: Girls 11-12 200 Back – Lilian Zhu, ICE; Girls 13-14 200 Back – Katharine Anton, CRAA; Girls 13-14 100 Breast – Ali Stearns, MCSC; Girls 15-16 100 Free – Stephanie Koch, ACAC; Girls 17-18 100 Free - Lisa Nathanson, DMSF; Girls 17-18 100 Back – Alexa Mehesan, DMSF; Girls 17-18 200 IM – Alexa Mehesan, DMSF; Boys 15-16 100 Free – Jordan Huff, DASH; Girls 15-18 & SR 200 Medley Relay - DMSF-Katie Kubat, Danielle Harris, Alexa Mehesan, Lisa Nathanson

Sportsmanship/Spirit Award: Iowa City Eels Swim Club

Junior Athlete Representative elected at the Iowa Swimming Championships in Iowa City is ASHLEE GRAHAM, BLST. Her term will start September 2008. Congratulations!

USA Swimming Swimposium – April 19, 2008 – Plan to attend something for everyone

Coe College, Cedar Rapids, Iowa – Flyers will be available as soon as times are finalized

Club Leadership – Presenter - Tom Avischious, USA Swimming

Officials Workshop – Presenter - John Wilson

Coach Workshop – Presenter – Scott Riewald

Athlete Clinic (2 sessions) – Brielle White, member of 2007 Pan American Team

Iowa Swimming Awards Banquet – April 19, 2008, 6:00pm, will be held at Coe College Union, Cedar Rapids.

Iowa Swimming House of Delegates Meeting – April 20, 2008, 2:00pm, (registration 1:30pm) Beems

Auditorium, Cedar Rapids Library. Agenda items or proposals are due to the ISI office by March 26 to be included in packets. Packets will be sent March 31.

Meet Bids (form APP-4) are due to Jamie Langner at either jamielangner@yahoo.com or 512 Alvarado Ave, Cedar Falls, IA 50613-7297 by **March 15th**. The Meet Bid meeting will be held Saturday, April 12 - 9:00am at the Cedar Falls Recreation Center, 110 East 13th Street, Cedar Falls, IA 50613.

2008 Phillip's Petroleum Service Award will be awarded in recognition of service to swimming. This award, sponsored by Phillip's Petroleum, is presented to a volunteer in recognition of service to swimming. Criteria for selection of honoree will include the quality, level and years of service to USA Swimming in elected or appointed positions. Please make nominations along with description of contributions to the ISI office **by March 15th**. Award will be presented at the ISI Awards Banquet on April 19.

Iowa Swimming Scholarships – ISI presents three scholarships each year. Each recipient will receive a plaque and \$600 (payable to college). Scholarships and applications are **due March 15**. Form APP-20 can be found on the ISI website: www.isiswim.org. Mail application along with 4 copies to the ISI office, 2715 Pioneer Court, Davenport, IA 52804-1099.

Nominating Committee is working on a slate of officers for election at the Spring House of Delegates Meeting. Positions up for election are: General Chair; Admin VC; Treasurer; along with two members of the Board of

Review. Please take a few minutes to think about any parents who might make good ISI board members. The ability to work well with people, the best interests of all the swimmers and clubs of ISI, and enthusiasm and fresh ideas are some of the qualities that would be valuable in a board member. If you are interested in any of the positions or would like to nominate someone please contact Nick Lakin, Nominating Committee Chair at nicholaslakin@hotmail.com or the ISI office **by March 15**.

2008 REGISTRATIONS – Registrations as of 2/29/08 - Club-17; Athlete-1347; Individual Season –8; Non-Athletes-195

PICTURES – We are trying to locate a copy of Team Iowa group pictures from **2006 Zones**. If you have one & can scan a copy, please send to the ISI office – isiswim@aol.com

Have a good day!

Any questions please contact: ISI Office / Elaine

Office hours - 10am-2pm Mon,Tues,Thurs,Fri, (available other hours if in) – Leave message if I'm not available

Spring Break, March 21-31 – I will be in & out of the office

E-mail: ISISWIM@aol.com Phone & Fax: 1-877-ISI-SWIM or 563-391-5832

Address: 2715 Pioneer Court, Davenport, IA 52804-1099