

IOWA SWIMMING E-NEWSLETTER  
#5 – 2010

**DEADLINES MARCH 1<sup>st</sup>:**

**DIVERSITY SELECT CAMP** will be held in Colorado Springs April 29-May 1. Camp information and the application can be found at the USA Swimming Camps Page. Application Deadline for the Camp is March 1, 2010. The Diversity Select Camp aims to instill a vision of success and inspire athletes from ethnically under-represented populations to become leaders in the sport of swimming.

**JUNIOR ATHLETE REPRESENTATIVE** will be elected at Senior champs, March 7<sup>th</sup>. The position of Junior Representative requires a two-year commitment starting Sept 2009 from the athlete. The athlete serves as Junior Representative for the first year of their term and becomes Senior Representative for the second year. A swimmer wishing to be nominated must 1) be a Athlete Member of or a Seasonal Athlete member in good standing; b) be sixteen years of age or at least a sophomore in high school; c) be currently competing, or have competed during the three preceding years in the program of swimming conducted by ISI or another LSC; 3) reside in the Territory and expect to reside therein throughout at least the first half of the term. Voting will take place during the prelims session on Sunday of the championship meet, with new Junior Representative to be announced at the start of finals that evening. Submit form APP-22 (on ISI website) to the ISI office, 2715 Pioneer Court, Davenport, IA 52804-1099 or email [isiswim@aol.com](mailto:isiswim@aol.com) by March 1<sup>st</sup>.

**DEADLINES MARCH 15<sup>th</sup>:**

**WANTED NOMINATIONS FOR ISI BOD – Nominating committee is working on a slate of officers for election at the Spring House of Delegates Meeting.** Positions up for election are General Chair, Admin VC; Treasurer; along with two members of the Board of Review. Please take a few minutes to think about any persons who might make good ISI board members. The ability to work well with people, the best interests of all the swimmers and clubs of ISI, and enthusiasm and fresh ideas are some of the qualities that would be valuable in a board member. If you are interested in any of the positions or would like to nominate someone please contact Nick Lakin, Nominating Committee Chair at [blackhawkswim@gmail.com](mailto:blackhawkswim@gmail.com) or the ISI office by March 15<sup>th</sup>.

**MEET BID MEETING** will be held Saturday, April 10, 2010 at the Cedar Falls Rec Center from 10:00am-Noon. Meet bid schedule and bid form has been sent via email to all club contacts and head coaches. Bid forms are due Monday, March 15 to ISI Admin VC, Jamie Langner. Meet bid schedule has been sent to all club contacts and head coaches. Questions please contact Jamie at [jamielangner@yahoo.com](mailto:jamielangner@yahoo.com) or phone 563-277-2602.

**ISI & JUDY HOFFMAN SCHOLARSHIP AWARD** application (APP-21) is due to the ISI office March 15. The applicant must 1) Be a high school senior graduating at or about the time the nomination or application is submitted. (2) Be registered with USA Swimming for a minimum of three years and ISI during the year the award is made. 3) Plan to attend college the same year as high school graduation. Application APP-21 can be found on the ISI website or by contacting the ISI office.

**PHILLIP'S PETROLEUM SERVICE AWARD NOMINATIONS:** Nominations for the Phillip's Petroleum Service Award for Outstanding Service are due March 15. This award sponsored by Phillip's Petroleum is presented to a volunteer in recognition of service to swimming. Criteria for selection includes the quality, level and years of service to USA Swimming elected or appointed positions. Nominations need to be sent with a description of the nominee's contribution to the ISI office.

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**APPROVED SWIMSUITS FOR 2010** effective 1/25 – Letter from rules & regulations along with list is posted on the ISI website on the Officials page or can be found on the USA Swimming website. The suits included on this final list were all submitted to and approved by FINA. In addition to the suits included on this list, FINA has indicated that 'older suits' are also acceptable for competition. Although the term 'older suits' was not specifically defined, it generally refers to suits made from nylon or lycra that meet the following criteria:

1. Swimsuits for men may not extend above the navel or below the knee and for women may not cover the neck, or extend past the shoulders or below the knee;
2. Material used for swimsuits can be only textile material, which is defined as materials consisting of natural and/or synthetic, individual and non-consolidated yarns used to constitute a fabric by weaving, knitting, and/or braiding. Simply put, this would generally refer to suits made only from nylon or Lycra that do not have any rubberized material such as polyurethane or neoprene; and

3. No zippers or other fastening devices are allowed except for a waist tie on a brief or jammer.  
BE SURE TO READ THE COMPLETE LETTER FROM RULES & REGULATIONS REGARDING INFORMATION ON SUITS FOR USA SWIMMING CHAMPIONSHIP MEETS, ETC.

**2010 REGISTRATION** as of 1/31/2010 – Clubs – 20; Athlete – 1671; Individual Season - 6; Non-Athletes – 240

**2010 MEMBERSHIP** - Reminder: ALL Athletes and Non-Athletes (officials, coaches, meet directors, etc.) must be 2010 registered to be participating in practice and meets. Also coaches & officials should be sure that ALL certifications are up to date before participating & sent to the ISI office. Contact your club registration chair for registration materials & information or Elaine at the ISI office, if you aren't currently registered for 2010.

**COACH REMINDER** – All swimmers that haven't been signed off on shallow water diving, prior to start of the new season will need to be signed off & kept on file as being able to dive in shallow water. Details have been sent to all coaches and is available on the USA Swimming website ([www.usaswimming.org](http://www.usaswimming.org) under coaches tab).

**OLYMPIC TRIALS INFO** – 2012 Olympic Trials have been awarded to Omaha, NE for June 25-July 2, 2012 at the Qwest Center. Time standards will not be set until the Fall of 2010 at the earliest. Tentative qualifying period start date will be October 1, 2009. Hotels will not be opened for reservations until mid-2010. USA Swimming will notify teams via email and its website when hotels are available.

### **CALENDAR**

February 5-7 – DASH Valentine's Classic hosted by Dubuque Area Swimmin' Hurricanes at Loras College, Dubuque

February 6 – Iowa Boys HS Districts

February 12-15 – Missouri Grand Prix

February 13 – Iowa Boys HS State meet at Marshalltown

February 18 – CRAA Senior Dual Invite hosted by Cedar Rapids Aquatics at Coe College, Cedar Rapids

February 20&21 – West Regionals hosted by Black Hawk Area Swim Team at Holmes Jr High, Cedar Falls

February 20&21 – East Regionals hosted by Bettendorf Swim Club at Bettendorf HS, Bettendorf

February 26,27&28 – 12 & U Short course Championships hosted by CRAA & ICE at Mercer Aquatic Center, Iowa City

March 5, 6 & 7 – 13/14 & Senior Championships hosted by ICE at U of I Field House, Iowa City

Have a good day!

Any questions please contact: ISI Office / Elaine

E-mail: [ISISWIM@aol.com](mailto:ISISWIM@aol.com)

Phone & Fax: 563-391-5832 or 1-877-ISI-SWIM (IA toll free)

Address: 2715 Pioneer Court, Davenport, IA 52804-1099