

# IOWA SWIMMING E-NEWSLETTER

#5 – 2009 January

**GOOD LUCK - TEAM IOWA** who will be traveling to Midwest All-Stars, Lawrence, KS. Team Iowa members are Victoria Adkins, Larkyn Aldrich, Hannah Aldridge, Becca Alves, Payton Augustine, Maddie Bro, Madeline Burnham, Olivia Calegan, Montana Clasby, Carly Colville, Molly Coonce, Kelsey Drake, Ashton Ehrecke, Claire Fieweger, Taylor Flummerfelt, Samantha Hedrick, Evan Hundley, Meredith Knight, Loretta Kraling, Madison Krumm, Charlie Langner, McKenna Lynch, Ruby Martin, Cora Meyers, Beth Mitchell, Mallorie Myers, Hannah Newell, McKenna Pierce, Autumn Roepsch, Katherine Ross, Rachael Schermer, Sophia Seltz, Emma Shie, Sophie Shoultz, Emma Sougstad, Ali Staver, Emily Tuazon, Sofie Underdahl, Kennedy Voss, Emily Wilson, Lilian Zhu, Matt Anderson, Logan Barnes, Matthew Boyd, Matt Boylan, Zach Bunn, Brian Burke, Haden Calegan, Ben Colin, John Colin, Luke Farley, Josh Gill, Travis Greenwald, Josh Hill, Zach Hingtgen, Matt Jackson, Trent Jackson, Drake Kulick, Dalton Lynch, Alek Martin, Oliver Martin, William Martin, Kelly McNeilly, Quintin Meyers, Carson Miller, Dillon Peters, Matthew Remy, Ryan Schade, Aaron Scheerer, Sami Scheetz, Ben Severino, Andrew Shie, Joseph Shie, Kerry Soderdahl, Nicholas Staver, Byron Tiemeier, James Voss, Alex Walton, Kaisen Yao.

**CLUB REMINDER** – Effective January 1, 2009 change in Article 502.4.3 - Anyone who coaches athletes at a USA Swimming practice or competition must be a coach member of USA Swimming and must have satisfactorily completed safety training and background screening required by USA Swimming.

**UNATTACHED SWIMMERS** reminder at meets to check in with the referee for warm-up assignments. Only current certified coach members are permitted on deck with swimmers.

## **2009 MEMBERSHIP AS OF 12/31/2008**

Clubs - 16 Athletes – 1417 Athlete-Individual Season - 7 Non-Athletes – 186

**2008 MEMBERSHIP HAS EXPIRED** for Athletes with Annual membership and all Non-Athlete membership 12/31/08. Season 1 membership expired on August 28, 2008. Please be sure you are registered for 2009 before participating in practice or meets. Athlete-Annual \$57.00; Athlete-Individual Season (150 days) \$34.50; Non-Athlete-Individual \$52.00; Non-Athlete-Family \$94.50. Contact your club registration chair for registration materials & information, or Elaine at ISI office.

## **CALENDAR - JANUARY**

January 4 – DMSF Winter Freeze hosted by Des Moines Swimming Federation at Valley High School Pool, West Des Moines

January 9, 10 & 11 – BETT January splash hosted by Bettendorf Swim Club at Bettendorf High School Pool, Bettendorf

January 17 & 18 – Team Iowa at Midwest All-Stars, Lawrence, KS

January 18 – DASH Key City Inv hosted by Dubuque Area Swimmin' Hurricanes at Loras College, San Jose Pool, Dubuque

January 23, 24 & 25 – BLAST Winter Invitational hosted by Black Hawk Area Swim Team at Holmes Junior High, Cedar Falls

Have a good day!

Any questions please contact: ISI Office / Elaine

Office hours 10am-2pm Mon, Tues, Thurs & Fri (available other hours if in) – Leave message if I'm not available

OFFICE CLOSED January 2

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