

**50<sup>th</sup> ANNUAL  
VINTON INVITATIONAL SWIMMING MEET  
VINTON COMMUNITY POOL  
VINTON, IOWA**

**JUNE 26-27, 2010**

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- MEET CLASSIFICATION:** Q- Age Group & Iowa 8 & U—A/B Open
- ISI SANCTION:** IA-10-35
- DATE:** SATURDAY, JUNE 26, 2010, & SUNDAY, JUNE 27, 2010.
- RULES:** Current U.S.A. Swimming & Iowa Swimming, Inc. (ISI) Rules will govern.
- TIME:** MORNING SESSIONS: Girls 11-12, Boys & Girls 13-14 & 15 & O. Warmup begins at 7:30 A.M. each day and concludes at 8:20 A.M. Meet starts at 8:30 A.M. each day.
- AFTERNOON SESSIONS: Boys 11-12, Boys & Girls 10 & U, and 8 & U. Warmup begins immediately following the morning session each day, but not before 11:30 A.M. Meet starts 45 minutes following the morning session, but not before 12:30 P.M. each day.
- COACHES and COACHES MEETING:** All Team Coaches must be Coach Members of USA Swimming (CPR & 1<sup>st</sup> Aid and Safety Training for Swim Coaches). Coaches must sign in upon arrival and display 2010 Coach Card at all times when on deck. There will be a Coach's meeting for each session of each day's competition, at a time and place to be announced, before warm-ups for each session, morning and afternoons, if necessary. USA Coach Members will be permitted on the deck in the designated area only.
- CONTROLLED WARMUP PROCEDURES:** The ISI approved controlled warmup procedures will be strictly enforced, see ISI Code-Section J. A copy of said procedure will be mailed to each entering club upon request as entries are received. Swimmers without a coach are to report to Meet Referee prior to warm-ups for lane assignments. If warm-ups are to be split teams will be notified by Tuesday, 6/22/10.
- SITE:** Vinton Community Pool, North 8<sup>th</sup> Avenue, Vinton, Iowa.
- FACILITIES:** 25 Meter heated outdoor course; 6 lanes; non-turbulent lane markers, contrasting lane lines on bottom of pool; Colorado Swimming 4 with printouts, push button and manual backup, touch pads, and sequencing scoreboard; horn start; backstroke flags 5 meters from each end of the course. Start end depth-5', Turn end depth-4'. Depth of Diving well---14'. Hytek Meet Manager will be used to operate this meet. The competition course has been certified in accordance with 104.2.2C(4). A copy of such certification is on file with USA Swimming.
- ENTRY REQUIREMENTS:** All contestants must be 2010 registered USA swimmers. Swimmers must enter the age bracket corresponding to their age as of June 26, 2010. Swimmers not having current USA cards will be required to purchase one at the meet. Registrations at the meet cost \$58.00 (Annual) or \$34.00 (Seasonal), payable to ISI, with a late fee of \$5.00 payable to VAC. Club and Coach registrations are not accepted.
- ENTRY LIMIT:** Four (4) individual events per day plus two (2) relays. A team may enter any number of relays, designated A, B, C, etc. per relay event. 8 & Under swimmers may elect to enter 10 & Under events, or a combination of 8 & U and 10 & U events, not to exceed 4 individual events per day. Entrants are reminded that if they enter 8 & U and 10 & U combinations, it is up to them to assure adequate rest between events. Due to the 4 hr. rule, splashes will be limited to 100/ln/Session (600 splashes). No team will be separated. The Meet Comm. and Ref. shall decide what to do at the 4 hr. limit.

- CLASS QUALIFICATIONS:** AGE GROUP EVENTS: A swimmer who has a State Qualifying Time (Q Time) may not swim that event in this meet. All 8 & U swimmers, regardless of their classification, may compete on the same relay.
- In all other age groups, a swimmer who is “Q+” qualified in Freestyle may not swim on a Freestyle Relay, nor may a swimmer who is “Q+” qualified in a stroke swim that stroke on a Medley Relay.
- SEED TIMES:** Seed times must be submitted for a **25 yard course**. Times must be submitted to the one-hundredth of a second. Use 500 Yd. Free times for seeding in the 400 M. Free Events. All events will be pre-seeded.
- COMBINED EVENTS:** In order to provide the best possible competition in the water for all swimmers, events may be combined when swum and then separated for results after competition.
- ENTRY FORMS:** Use ISI App-8.1 Financial Sheet and ISI App-7 Entry Form or submit entries on disk in Hy-Tek Commlink II format. When submitting Disk entries, a hardcopy printout of all entries for backup must accompany entry with ISI Financial sheet (App-8.1). EMAIL entries will be accepted. (See below). All hand entries in excess of 5 swimmers will be charged \$2.00 for each swimmer entered.
- ENTRY FEES:** Entry fees shall be \$2.50 per individual event and \$5.00 per relay. Splash fees shall be \$3.00 per swimmer. An Official ISI Financial Statement must accompany entry forms. No entry fees shall be refunded after the entry is accepted. Make checks payable to: VINTON AQUATIC CLUB, INC. ISI Splash Fees will be refunded for inclement weather, in the event the entire meet is cancelled.
- ENTRY DEADLINE:** Entries for Iowa Teams will be accepted starting May 21, 2010, and all other teams starting May 31, 2010. Hand Entries must be received by **6:00 P.M, Thursday, June 17, 2010**. Incomplete entries will be returned. **EMAIL** entries must be received by **Noon, Monday, June 21, 2010**. A hardcopy of the entries, the ISI Financial Sheet and all fees must be mailed by **Monday, June 21, 2010**.
- LATE ENTRIES:** **NO** LATE ENTRIES OF ANY KIND OR NATURE WILL BE ACCEPTED. Changes in events will be allowed per entered swimmer only due to change of Q+ or Q- classification, up to 30 minutes prior to the start of each session.
- MAIL ENTRIES TO:** DAVID E. HAPPEL, MEET DIRECTOR  
P.O. BOX 484, 201 E. 4<sup>TH</sup> STREET, VINTON, IOWA 52349  
PHONE: 319-472-4300; FAX-319-472-5361; (For information only—not entries.)  
E-Mail: dhappelvac@commspeed.net
- ADDITIONAL INFO:** MARK THARP, 412 E. 10<sup>TH</sup> STREET, Vinton, 52349 {Phone: 319- 472-4947}
- AWARDS:** ALL EVENTS-----RIBBONS-----1<sup>ST</sup> –8<sup>TH</sup> PLACE
- SCORING:** No team scores will be kept.
- MEET COMMITTEE:** There will be a Meet Committee composed of the Meet Referee, Meet Director, Official, Coach’s Representative, and an Athlete Representative which will address administrative protests. The Committee will not consider judgment decisions made by the Deck Officials as those are under the jurisdiction of the Meet Referee. This Committee shall act as a Review Section in the case of the need for an emergency meeting.

**CLERK OF COURSE:** A Clerk of Course will be used to assist 10 & Under and 8 & Under swimmers in lining up the heats to make an orderly progression to the starting blocks, during afternoon sessions only No Event Board will be used. Swimmers need not check in for regular events, except as follows.

**400 M. FREESTYLE:** There will be a positive check-in for the 400 Freestyle events. Deadline for morning session positive check-in will be 9:00 A.M. For Afternoon session Positive check-in will be 1:00 P.M. All 400 M. Freestyle events in each session will be combined into as few heats as possible and will be swum from fastest to slowest, with mixed genders and age groups. Use 500 Yd. Times for seeding in the 400 M Free events. Swimmers who fail to check-in by the above deadlines will be scratched from the event.

**SCRATCHES:** The ISI Scratch Rule will be in effect.

**PROGRAMS & RESULT SHEETS:** Programs and result sheets will be on sale at the meet concession stand. A complimentary program will be provided for the Coach of each team. Complimentary or disk results will be provided to the Coach of all ISI teams having an entrant in the meet, at no charge.

**NO SMOKING:** *NO SMOKING!!!* will be permitted during the meet in any designated area for swimmers prior to and during the competition or at any place inside the fenced pool complex.

**REFRESHMENTS:** Refreshments and other concessions will be on sale at the meet adjacent to the pool.

**SPECTATOR SEATING:** Bleacher seating for spectators will be available on deck. Certain areas will be roped off and no spectator seating will be allowed in those areas.

**ADAPTED SWIMMERS:** Adapted Competitive Swimmers Information Form (ISI Code Book APP21) must accompany entry. Forms may be obtained from:

ISI OFFICE  
Elaine Sortor  
2715 Pioneer Ct.  
Davenport, Iowa 52804-1099

**MOTELS:** Modern Motel, Vinton---5 minutes from pool-----319-472-2391  
302 N. "K" Ave. (Hwy. 218), Vinton, IA 52349  
Super 8—Urbana---15 minutes from pool-----319-443-8888  
I-380 at Exit 43, Urbana, Iowa 52345

VINTON INVITATIONAL SWIMMING MEET----VINTON, IOWA  
 SATURDAY, JUNE 26, 2010  
 Sanction Number IA-10-35

SESSION I  
SATURDAY MORNING

<u>GIRLS</u>			<u>BOYS</u>	
<u>EVENT #</u>	<u>FASTEST TIME</u>	<u>WARMUPS-----7:30 A.M.</u> <u>MEET STARTS-----8:30 A.M.</u>	<u>FASTEST TIME</u>	<u>EVENT</u>
1.	2:48.90	11-12 200 M. Back		
2.		13 & O 200 M. Medley Relay		3
4.		11-12 200 M. Medley Relay		
5.	28.70	13-14 50 M. Free	26.30	6
7.	30.70	11-12 50 M. Free		
8.	28.00	15 & O 50 M. Free	25.30	9
10.	1:25.80	11-12 100 M. Breast		
11.	3:00.70	13-14 200 M. Breast	2:49.40	12
13.	2:49.60	15 & O 200 M. Breast	2:36.40	14
15.	35.40	11-12 50 M. Back		
16.	1:11.40	13-14 100 M. Back	1:06.90	17
18.	2:51.80	11-12 200 M. Fly		
19.	1:06.60	15 & O 100 M. Back	1:01.10	20
21.	2:25.70	11-12 200 M. Free		
22.	2:13.80	13-14 200 M. Free	2:05.30	23
24.	2:10.40	15 & O 200 M. Free	2:00.10	25
26.	33.80	11-12 50 M. Fly		
27.	1:10.70	13-14 100 M. Fly	1:05.50	28
29.	1:06.30	15 & O 100 M. Fly	1:00.10	30
31.		13 & O 400 M. Free Relay		32
33.	2:44.20	11-12 200 M. I.M.		
34.	5:53.00	13-14 *400 M. Free	5:35.20	35
36.	5:47.40	15 & O *400 M. Free	5:24.30	37
38.	6:24.70	11-12 *400 M. Free		

\*400 Free—use 500 Yd. Free Seed Time, Positive check-in time for 400 M. Free is 9:00 A.M.

NOTE----THE ENTRY TIMES ABOVE ARE YARD TIMES. THIS MEET WILL BE SEEDED BASED-ON 25 YARD SHORT COURSE TIMES.

VINTON INVITATIONAL SWIMMING MEET-----VINTON, IOWA  
 SATURDAY, JUNE 26, 2010  
 Sanction Number IA-10-35

SESSION II  
SATURDAY AFTERNOON

<u>GIRLS</u>			<u>BOYS</u>			
EVENT	FASTEST TIME	SLOWEST TIME	WARMUPS-----Not before 11:30 A.M. MEET STARTS-----12:30 P.M.	FASTEST TIME	SLOWEST TIME	EVENT
			11-12 200 M. Back	2:45.60		39
40.			10 & U 200 M. Medley Relay			41
42.			8 & U 100 M. Medley Relay			43
			11-12 200 M. Medley Relay			44
45	36.00		10 & U 50 M. Free	35.20		46
			11-12 50 M. Free	29.80		47
48		43.29	8 & U 50 M. Free -A		42.29	49
50	18.90		8 & U 25 M. Free- B Open	18.50		51
			11-12 100 M. Breast	1:24.20		52
53	1:46.70		10 & U 100 M. Breast	1:43.70		54
55		1:46.69	8 & U 100 M. Breast-A Open		1:43.69	56
57	57.70		8 & U 50 M. Breast-B Open	55.50		58
			11-12 50 M. Back	35.00		59
60	43.50		10 & U 50 M. Back	43.70		61
			11-12 200 M. Fly	2:48.30		62
63		52.29	8 & U 50 M. Back-A		52.49	64
65	22.90		8 & U 25 M. Back-B Open	22.90		66
			11-12 200 M. Free	2:21.90		67
68	2:58.30		10 & U 200 M. Free	2:50.90		69
70		1:36.59	8 & U 100 M. Free-A		1:34.39	71
72	1:36.60		8 & U 100 M. Free-B Open	1:34.40		73
			11-12 50 M. Fly	33.70		74
75	43.00		10 & U 50 M. Fly	42.00		76
77		50.19	8 & U 50 M. Fly-A		49.99	78
79	21.90		8 & U 25 M. Fly-B Open	21.90		80
			11-12 200 M. I.M.	2:42.50		81
82	3:19.40		10 & U 200 M. I.M.	3:18.10		83
			11-12 *400 M. Free	6:19.90		84
85	7:39.50		10 & U*400 M. Free	7:35.20		86

\*400 Free—Use 500 Yd. Free Seed Time, Positive check in for 400 M Free is 1:00 P.M.

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VINTON INVITATIONAL SWIMMING MEET-----VINTON, IOWA  
 SUNDAY, JUNE 27, 2010  
 Sanction Number IA-10-35

SESSION III  
SUNDAY MORNING

<u>GIRLS</u>			<u>BOYS</u>	
EVENT	FASTEST TIME	WARMUPS-----7:30 A.M. MEET STARTS----- 8:30 A.M.	FASTEST TIME	EVENT
87	3:11.70	11-12 200 M. Breast		
88		13 & O 400 M. Medley Relay		89
90	1:05.70	11-12 100 M. Free		
91	1:02.20	13-14 100 M. Free	57.40	92
93	1:00.80	15 & O 100 M. Free	55.20	94
95	39.40	11-12 50 M. Breast		
96	1:20.90	13-14 100 M. Breast	1:15.10	97
98	1:15.70	15 & O 100 M. Breast	1:08.90	99
100	1:17.70	11-12 100 M. Back		
101	2:39.60	13-14 200 M. Back	2:29.80	102
103	2:29.90	15 & O 200 M. Back	2:17.90	104
105	1:16.70	11-12 100 M. Fly		
106	2:41.00	13-14 200 M. Fly	2:32.00	107
108	2:30.50	15 & O 200 M. Fly	2:19.00	109
110	1:17.10	11-12 100 M. I.M.		
111	2:30.50	13-14 200 M. I.M.	2:20.30	112
113	2:27.00	15 & O 200 M. I.M.	2:15.10	114
115		11-12 200 M. Free Relay		
116		13 & O 200 M. Free Relay		117

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SESSION IV.  
SUNDAY AFTERNOON

<u>GIRLS</u>			<u>BOYS</u>			
EVENT	FASTEST TIME	SLOWEST TIME	WARMUPS-----Not before 11:30 A.M. MEET STARTS-12:30 P.M.	FASTEST TIME	SLOWEST TIME	EVENT
			11-12 200 Free Relay			118
119			10 & U 200 Free Relay			120
121			8 & U 100 Free Relay			122
			11-12 100 Free	1:05.30		123
124	1:21.60		10 & U 100 Free	1:20.00		125
126	43.30		8 & U 50 M. Free-B Open	42.30		127
			11-12 50 M. Breast	39.10		128
129	47.80		10 & U 50 M. Breast	47.90		130
131		57.69	8 & U 50 M. Breast-A		55.49	132
133	25.20		8 & U 25 M. Breast-B Open	24.30		134
			11-12 100 M. Back	1:15.70		135
136	1:34.00		10 & U 100 M. Back	1:32.10		137
138		1:33.99	8 & U 100 M. Back-A		1:32.09	139
140	52.30		8 & U 50 M. Back-B Open	52.50		141
			11-12 100 M. Fly	1:15.20		142
143	1:42.10		10 & U 100 M. Fly	1:40.40		144
145		1:42.09	8 & U 100 M. Fly-A		1:40.39	146
147	50.20		8 & U 50 M. Fly-B Open	50.00		148
			11-12 100 M. I.M.	1:14.60		149
150	1:33.80		10 & U 100 M. I.M.	1:31.20		151
152		1:43.19	8 & U 100 M. I.M-A		1:42.29	153
154	1:43.20		8 & U 100 M. I.M.-B	1:42.30		155
			11-12 200 M. Breast	3:07.30		156

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