

**River City Splash**  
***Iowa Age Group & Senior***  
***12 & Under Q+, 13 & Over Open***  
***Mason City Aquatic Center – Mason City, Iowa***  
***50 Meter Long Course***  
***June 26 & 27, 2010***  
***Mason City Swim Club***

ISI SANCTION: IA-10-46

RULES: Current USA Swimming and Iowa Swimming, Inc. (ISI) rules will Govern this meet.

DATES: Saturday June 26 & Sunday June 27, 2010

TIME: 

<u>Saturday and Sunday</u>	<u>Morning</u>	<u>Afternoon</u>
Warm-ups:	7:30am	Following am session but not before 11:30am
Competition:	8:30am	Following am session but not before 12:30am
Coaches Meeting:	8:10am	12:10pm if needed

If warm-ups are to be split, teams will be notified by Tuesday June 22 which warm-up period they are in.

SITE: Mason City Municipal Pool  
843 Birch Drive  
Mason City, IA 50401

Outdoor heated 50 meter, 8 lane pool. Lane width 8ft. 3in. Water Depth 13ft. at starting end. 4ft. at turn end. Permanent starting blocks at both ends of the pool. Backstroke flags at both ends 5 meters from the ends of the pool. Non-turbulent lane markers. Colorado timing system with horn start, back-up button and 2 watches per lane for backup times. Timing pads on start end of pool only. 50's will start at opposite end. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

COACHES: Must possess and visibly wear a current USA Swimming Coaches Registration Card. Only USA Swimming coach members will be permitted on the deck in designated areas. All coaches must sign an ISI Coaches Meet Sign In sheet (APP-29) to verify that all certifications are current and on file with ISI office.

WARM-UPS: ISI Warm-up procedure will be followed. See ISI Code Book Section J. Swimmer(s) without a coach are to report to the Meet Referee prior to warm-up for lane assignment.

ENTRY REQUIREMENTS:

- 1) All swimmers must be current registered athletes.
- 2) Contestants must enter the age bracket corresponding to age as of June 26, 2010.
- 3) A swimmer may enter up to 4 individual events per day. Relays do not count against individual event limits.
- 4) Seed times must be submitted for a 50M course.
- 5) NT entries will be accepted.

- ENTRY LIMITS: 100 Splashes/lane/session
- ENTRY FEES:
- 1) Individual events are \$4.00 per Event. Relays are \$10.00 per relay. ISI Splash Fee is \$3.00 per swimmer.
  - 2) Write single check for entry and splash fees payable to **MCSC**.
  - 3) Entry fees are not refundable. Splash fees will be refunded if the entire meet is cancelled.
- ENTRY FORMS:
- Submit entries on disk in Hy-Tek comlink II format (generated from Team Manager or Meet Manager). When submitting disk entries, please provide a printout of your entries for backup and the ISI Financial Sheet. Any team submitting entries on disk will receive the meet results on disk at the end of the meet.
- Or
- Use forms: ISI APP-7 Entry form  
ISI APP 8.2 **Financial** Sheet
- All hand entries in excess of 5 swimmers per team will be charged \$2.00 per swimmer.
- ENTRY DEADLINE:
- 1) Entries will be accepted from teams/athletes in Iowa LSC beginning on May 28, 2010.
  - 2) Entries will be accepted from teams/athletes outside of Iowa LSC & Iowa LSC June 4, 2010
  - 3) Hand written entries are due no later than Friday June 18, 2010
  - 4) Electronic entries must be received by Sunday June 20, 2010.
  - 5) Email entries (Hy-Tek format only) will be accepted if hard copy and check received no later Wednesday, June 23, 2010. If hard copies & fees are not received by the deadline the swimmers will be scratched.
  - 6) Express mailing entries, no signature required, will be accepted.
  - 7) Teams entering via email will receive confirmation via return email.
  - 8) Fax entries will not be accepted.
- LATE ENTRIES
- Late entries will be accepted only if open lanes are available and if the meet has not exceeded the splash number. The late entry fee will be \$8.00 per individual events and \$20.00 for relays. Please call or email the meet entry chair to find out if late entries can be accepted.
- SEND ENTRIES TO:
- Mike Eppens  
1603 South Delaware Ave.  
Mason City, IA 50401  
(641) 423-8465  
mceppens@rconnect.com  
Express mailing entries **NO SIGNATURE REQUIRED** will be accepted all day.
- MEET DIRECTOR:
- Eric Follmuth  
267 Lake View Drive  
Mason City, IA 50401  
(641)425-5357  
*hediowa@netconx.net*
- AWARDS:
- Ribbons: Individual events 1<sup>st</sup> – 8<sup>th</sup> place  
Relay events 1<sup>st</sup> – 3<sup>rd</sup> place
- Heat winner awards.  
Participation award will be given to each competitor
- MEET OPERATION:
- 1) There will be a Clerk of Course for swimmers 10 and under
  - 2) If names are on entry sheets for relays, those names will be on the relay cards at the meet.

- 3) There will be a positive check in for the 800 and 1500 Freestyle only. The deadline to check in for the 800 FR is Sunday at 1:00PM. Swimmers failing to check in will be allowed to swim in open lanes only, if available.
- 4) It is not the meet hosts responsibility to provide rest for swimmers that enter both 8 & under and 10 & under or Age Group and Senior events. (At the discretion of the Referee, at least 15 minutes rest shall occur between swims for the same individual.)
- 5) All events except the 800 and 1500 freestyle will be swum slowest to fastest.
- 6) The 800 and 1500 Freestyle events will be swum fastest to slowest, women and men alternating. Events may be combined male and female if necessary.
- 7) Swimmers in the 800 and 1500 Freestyle are requested to supply their own timers and counters.
- 8) The Senior 800 and 1500 are limited to 32 total entries. The 16 fastest girls and the 16 fastest boys will be entered. Those entrants not in the top 32 will be given opportunity to substitute to another event during the same session. Please indicate alternated event on the entry form.
- 9) Events will be pre-seeded, except for the 800 Free & 1500 Free. The host club reserves the right to deck seed any event to assist with time line constraints if necessary.

MEET COMMITTEE:	A meet committee comprised of the Meet Referee, Meet Director, Coach Representative, Athlete Representative and one (1) Certified Official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon judgment decisions as those are under the jurisdiction of the Meet Referee. This committee shall act as a review section in the need of an emergency meeting.
SCRATCHES:	ISI Scratch Rule is in effect. See ISI Code Book Section J.
NO SMOKING:	No smoking is allowed on the swimming venue property.
USA REGISTRATION:	Late USA Registration at the meet is \$58.00 yearly registration, seasonal \$34.00 (payable to ISI) + \$5 late fee (payable to host club). Clubs and Coaches registration are not accepted.
ADAPTED COMPETITIVE SWIMMERS:	USA Swimming and ISI encourage adapted competitive swimmers to participate in all sanctioned meets. The "Adapted Competitive Swimmer Information Form" form APP-21 must accompany entries. The form is also available from the ISI office at 2715 Pioneer Ct, Davenport, IA 52804-1099, email <a href="mailto:ISISWIM@aol.com">ISISWIM@aol.com</a> or phone: 1-877-ISI-SWIM or 563-391-5832. Completion of this information form is part of the entry procedure since the host club and meet referee must have all necessary information concerning the swimmer. Refer also to USA Swimming Rules and Regulations Article 105.
PROGRAMS:	Programs will be on sale at the meet. Each USA Swimming team entered will receive a copy of the program.
FINAL RESULTS:	Final Results will be provided to all teams electronically. Hard Copies will be available for \$5.00 and can be requested on the financial sheet.
CONCESSIONS	Concessions will be available during the meet offering a variety of hot food, vegetable, baked goods, snacks and drinks. Splash Multisport will be present for swimming equipment needs. <a href="mailto:splashmulti@me.com">splashmulti@me.com</a>
LODGING	A list of lodging accommodations is attached.
SPECTATOR SEATING:	Limited spectator seating is available. Plenty of deck space is available for lawn chairs. A grass area is also available for team tents (No tent stakes may be used inside the pool fencing. A limited number of buckets to fill with water to secure tents will be available.)

**FACILITY:**

The city of Mason City will be utilizing the zero depth and recreation pool after the hours of 1PM daily. A daily use wrist band must be purchased for anyone wishing to utilize these facilities.

**DIRECTIONS TO POOL:**

From US 18, Take the US 65 (Federal Ave.) exit North to Highway 122. Turn East (right) and continue to the traffic signal at Kentucky Ave, approx. ½ mile. Turn North (left) on Kentucky Ave. to Birch Drive. Turn left on Birch Drive the pool is on the left past the campground.

From Interstate 35. Take Highway 122 exit East to Mason City. Continue on Highway 122 until the traffic signal at Kentucky Ave. Turn North (left) on Kentucky Ave. to Birch Drive. Turn left on Birch Drive the pool is on the left past the campground.

**LOCAL LODGING:**

Comfort Inn  
410 5<sup>th</sup> Street SW  
641-423-4444

Country Inn and Suites  
4082 4<sup>th</sup> Street SW  
641-423-1770

Days Inn  
2301 4<sup>th</sup> Street SW  
641-424-0210

Holiday Inn  
Hwy 122 West  
641-423-1640

Super 8 Motel  
3010 4<sup>th</sup> Street SW  
641-423-8855

MacNider Campground  
Totally Remodeled for 2009, new bathhouse campsites with full hookups available  
Campground is next to the pool  
853 Birch Drive  
641-421-3679

**RIVER CITY SPLASH**  
 50 Meter Long Course  
 Mason City Aquatic Center, Mason City, IA  
 Saturday June 26, 2010  
 Sanction IA-10-

**SESSION 1**

Warm-ups 7:30am      Competition 8:30am

<i>GIRLS</i>				<i>BOYS</i>	
<i>Event #</i>	<i>Q time*</i>	<i>Order of Events</i>		<i>Q time*</i>	<i>Event #</i>
1	3:14.19	11-12	200M Fly	3:13.39	2
3	1:32.99	10&U	100M Free	1:31.09	4
5	2:04.69	8 &U	100M Free	2:00.69	6
7	1:16.59	11-12	100M Free	1:14.39	8
9		10&U	200M Medley Relay		10
11		11&12	200M Medley Relay		12
13		8&U	200M Medley Relay		14
15	48.59	10&U	50M Fly	46.89	16
17	37.89	11&12	50M Fly	37.89	18
19	1:04.39	8&U	50M Fly	1:04.39	20
21	3:46.49	10&U	200M IM	3:44.79	22
23	3:07.29	11&12	200M IM	3:05.99	24
25	2:02.29	10&U	100M Breast	1:59.79	26
27	1:37.89	11&12	100M Breast	1:36.69	28
29	49.89	10&U	50M Back	50.09	30
31	40.69	11&12	50M Back	40.49	32
33	1:07.29	8&U	50M Back	1:05.29	34
35	6:51.59	10&U	400M Free	6:52.69	35
37	5:46.29	11&12	400M Free	5:40.79	38

\* 'Q+' times allow a swimmer with an Iowa 'Q' time to swim 'non-Q' events in a session as long as they swim at least one event, in that session, in which they do have a current 'Q' time.

**SESSION 2**

Warm-ups 11:30am or following am session      Competition no earlier than 12:30pm

39		13-14	400M IM		40
41		Senior	400M IM		42
43		13-14	100M Free		44
45		Senior	100M Free		46
47		13-14	100M Fly		48
49		Senior	100M Fly		50
51		13-14	200M Back		52
53		Senior	200M Back		54
55		13-14	400M Medley Relay		56
57		Senior	400M Medley Relay		58
59		13-14	100M Breast		60
61		Senior	100M Breast		62
63		13-14	400M Free		64
65		Senior	400M Free		66
67		Senior	1500M Free*		68

\*Positive Check in required by 11:30pm –event limited to 32 swimmers , 16 girls and 16 boys, slowest to fastest girls then boys.

Mason City Aquatic Center, Mason City, IA  
 Sunday June 27, 2010  
 Sanction IA-10-

**SESSION 3**

Warm-ups 7:30am      Competition 8:30am

<i>GIRLS</i>		<i>Order of Events</i>		<i>BOYS</i>	
<i>Event #</i>	<i>Q time*</i>			<i>Q time*</i>	<i>Event #</i>
69	1:55.19	10&U	100M Fly	1:53.19	70
71	1:26.89	11&12	100M Fly	1:25.49	72
73	55.19	8&U	50M Free	53.79	74
75	40.79	10&U	50M Free	40.19	76
77	35.09	11&12	50M Free	33.99	78
79	4:54.89	8&U	200M IM	4:51.59	80
81	3:40.59	11-12	200M Breast	3:37.49	82
83		10&U	200M Free Relay		84
85		11-12	200M Free Relay		86
87		8&U	200M Free Relay		88
89	3:23.59	10&U	200M Free	3:13.99	90
91	2:44.29	11-12	200M Free	2:41.39	92
93	1:48.89	10&U	100M Back	1:45.69	94
95	1:27.19	11-12	100M Back	1:27.49	96
97	54.89	10&U	50M Breast	55.09	98
99	43.89	11-12	50M Breast	45.09	100
101	1:12.99	8&U	50M Breast	1:11.59	102
103	6:39.99	11-12	400M IM	6:35.99	104

\* 'Q+' times allow a swimmer with an Iowa 'Q' time to swim 'non-Q' events in a session as long as they swim at least one event, in that session, in which they do have a current 'Q' time.

**SESSION 4**

Warm-ups 11:30am or following am session      Competition no earlier than 12:30pm

105	13-14	200M IM	106
107	Senior	200M IM	108
109	13-14	50M Free	110
111	Senior	50M Free	112
113	13-14	200M Fly	114
115	Senior	200M Fly	116
117	13-14	100M Back	118
119	Senior	100M Back	120
121	13-14	200M Free	122
123	Senior	200M Free	124
125	13-14	400M Free Relay	126
127	Senior	400M Free Relay	128
129	13-14	200M Breast	130
131	Senior	200M Breast	132
133	13-14	800M Free*	134
135	Senior	800M Free*	136

\*Positive Check in required by 11:30pm –event limited to 32 swimmers , 16 girls and 16 boys, slowest to fastest girls then boys.