

DUBUQUE AREA SWIMMIN' HURRICANES

D.A.S.H. Valentine's Day Classic

Age Group / Senior / 8 & Under OPEN

- ISI SANCTION NUMBER:** IA-09-14
- RULES:** Current USA Swimming (USA-S) and Iowa Swimming, Inc. (ISI) rules will govern this meet.
- DATE:** Saturday and Sunday, February 7 & 8, 2009.
- TIME:**
- | | | |
|------------------|---|---|
| | Morning | Afternoon |
| Warm-ups:** | 7:30-8:20 a.m. | Noon (Minimum of 50 minutes) |
| Competition: | 8:30 a.m. | Not before 1:00 p.m. |
| Coaches Meeting: | 8:20 a.m. | Upon completion of warm-ups |
- ** Teams will be notified, by 6:00 p.m., Tuesday, February 3RD, if warm-ups are to be split.
- SITE:** Dubuque Hempstead High School
3715 Pennsylvania Ave.
Indoor, 8-lane*, 25 yard
*Only Lanes 1-6 will be used.
Water Depth: 4.5'-11' at starting end of the pool, 3.5' at shallow end.
Daktronics / IST electronic timing with back-up button and 2 watches per lane.
- COACHES:** All coaches must possess and visibly wear a current USA Swimming Coaches Registration card. All coaches must sign-in when picking up their team's information packet or before actively taking part in coaching duties on the pool deck. Only USA Swimming coach members will be permitted on the deck in the designated areas.
- WARM-UPS:** ISI Warm-up procedure will be followed, ISI Code Book Sec J. Swimmer(s) without a coach are to report to the Meet Referee prior to warm-up for a lane assignment.
- ENTRY REQUIREMENT:**
- 1) All swimmers must be current USA Swimming registered athletes.
 - 2) Contestants must enter the age bracket corresponding to their age on February 7, 2009.
 - 3) A swimmer may enter up to four (4) individual events per day.
 - 4) Seed times must be submitted for a 25 yd. course. NT entries will be accepted.
 - 5) If names are on entry sheets for Relays, those names will be on the Relay Card at the Meet.
 - 6) Phone entries will not be accepted.
- ENTRY LIMIT:** Not to exceed 100 heats per session.
- ENTRY FEES:**
- 1) Individual events are \$2.50 per event.
 - 2) Relays are \$5.00 per relay.
 - 3) ISI Splash Fee is \$3.00 per swimmer.
 - 4) Make one check payable to – DUBUQUE AREA SWIMMIN' HURRICANES
 - 5) Entry fees are not refundable. Splash fees will be refunded if the entire meet is cancelled.
- ENTRY FORMS:** Use attached forms: ISI App-8.1 Financial Sheet and ISI App-7 Entry Form
OR
Submit entries on disk in Hy-Tek Commlink II format. When submitting disk entries, you must provide a coach signed printout of your entries for backup and the ISI Financial Sheet (App-8.1). Any team submitting entries on disk, will receive the meet results on disk at the end of the meet.
- All hand entries in excess of 5 swimmers per team will be charged \$2 for each swimmer.
- E-mail entries will be accepted.
- ENTRY DEADLINE:** Entries must be received by 6:00 p.m., WEDNESDAY, January 27, 2009. Incomplete entries will be returned. Send your entries early. Emailed HyTek entries must be received by Noon, Monday, February 2, 2009. Express deliveries will be accepted all day and should be marked "NO Signature Required".
- A hard copy of the entries, the ISI Financial Sheet (App-8.1) and fees must be mailed by Monday, February 2, 2009.
- LATE ENTRIES:** NO Late Entries will be accepted.

For Additional Information and SEND ENTRIES TO:
Doug Colin / Swimming
1450 Alta Vista
Dubuque, IA 52001

MEET DIRECTOR:
Doug Colin
P.O. Box 1062
Dubuque, IA 52004-1062

SCORING: Individual Events: 7 – 5 – 4 – 3 – 2 – 1
Relay Events: 14 – 10 – 8 – 6 – 4 – 2

AWARDS: Participation awards will be given to all swimmers entered in the meet. Plus,
Individual Events: 1st Place Medal Overlay Ribbons
2nd-6th
Relay Events: 1-3 Overlay Ribbons
Team: 1st-3rd Trophies
(The host team is not eligible for the team awards.)
Individual High Point: 1st-3rd in each age group Trophies

MEET COMMITTEE: A meet committee comprised of the Meet Referee, Meet Director, Coach Representative, Athlete Representative and one (1) Certified Official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon judgment decisions as those are under the jurisdiction of the Meet Referee. This committee shall act as a review section in the need of an emergency meeting.

MEET OPERATION:

- 1) There WILL be a Clerk of Course for the afternoon session, swimmers should report promptly to the starting area when their event is called.
- 2) It is not the meet host's responsibility to provide rest for swimmers that enter both 8 & Under and 10 & Under events, the same is true for swimmers who enter Age Group and Senior events.
- 3) Events may be combined to facilitate meet operation and separated later for scoring and awards.
- 4) NOTE: 1650 Free – Entries in the 1650 will be limited to the fastest 12 – 13 & 14 Women and the fastest 12 – Senior Women, same for the men. (When the entry limit is reached, the overflow swimmers will be allowed to enter other individual events.) The 13 & 14 and Senior events will be combined for seeding and then separated for scoring. **SWIMMERS MUST CHECK-IN** at the Timing Table by 8:20 a.m. Saturday morning if they are planning to swim. Swimmers who don't check-in by the designated time will be scratched from the event.
- 5) The 12 & Under 500 Freestyle will be scored in the separate age groups of 10 & Under and 11 & 12.
- 6) The 1650 will be combined for seeding, separated for scoring/awards, and be swum fastest to slowest, alternating women / men.
- 7) The meet will be pre-seeded, except for the 1650 Freestyles.

SCRATCHES: ISI Scratch Rule is in effect. See ISI Code Book Sec J.

NO SMOKING: NO SMOKING in the swimming venue. Also, SMOKING IS NOT ALLOWED anywhere on Dubuque Community School District property.

USA Swimming REGISTRATION: Late USA Swimming Registration at the meet \$57 Annual or Individual Season (150 days) \$34.50 payable to ISI + \$5 Late Fee payable to DASH. Clubs and Coaches Registration are not accepted.

ADAPTED COMPETITIVE SWIMMER: USA Swimming and ISI encourage adapted competitive swimmers to participated in all sanctioned meets. The 'Adapted Competitive Swimmer Information Form' APP-21 must accompany entries. The form is available on the ISI website (www.isiswim.org) or ISI Office, 2715 Pioneer Ct., Davenport, IA, 52804, e-mail isiswim@aol.com or phone 877-474-7946. Completion of this information form is part of the entry procedure since the host club and Meet Referee must have all necessary information concerning the swimmer. Refer also to USA Swimming Rules & Regulations Article 105.

OTHER INFORMATION:

- 1) PROGRAMS will be on sale at the meet. Complimentary programs will be available to teams, with swimmers entered in the meet, when the team coaches sign-in at the Coaches Registration area.
- 2) FINAL RESULTS will be sold at the meet - \$5.00. Electronic final results will be provided to teams having an entrant in the meet & posted on the ISI website. Hard copy results can be requested on Financial sheet APP8.1 for \$5.00.
- 3) REFRESHMENTS. There will be a full menu of snacks and treats available (including pizza, hot dogs, sloppy joes, veggies, and baked goods) in the school commons, which overlooks the pool.
- 4) SPECTATOR SEATING is available in the balcony bleachers which seat approximately 300, plus the commons area overlooks the pool.
- 5) A swimming equipment vendor will be located near the concession stand.
- 6) MAPS & LODGING – See attached pages.

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25 yd. Course
Sanction # - IA-09-14

SATURDAY, FEBRUARY 7, 2009

Morning Session (13 & 14 and SENIOR)

Warm-ups: 7:30-8:20 a.m.

Competition: 8:30 a.m.

GIRLS Event #	Age Group	Distance & Event	BOYS Event #
1	13 & 14	200 Medley Relay	2
3	SENIOR	200 Medley Relay	4
5	13 & 14	200 Freestyle	6
7	SENIOR	200 Freestyle	8
9	13 & 14	100 Breaststroke	10
11	SENIOR	100 Breaststroke	12
13	13 & 14	200 Backstroke	14
15	SENIOR	200 Backstroke	16
17	13 & 14	50 Freestyle	18
19	SENIOR	50 Freestyle	20
21	13 & 14	200 Individual Medley	22
23	SENIOR	200 Individual Medley	24
25	13 & 14	100 Butterfly	26
27	SENIOR	100 Butterfly	28
10 Minute Break – Pool open for 1650 swimmers to warm-up			
29	13 & 14	1650 Freestyle	30
31	SENIOR	1650 Freestyle	32

NOTE: 1650 Free – Entries in the 1650 will be limited to the fastest 12 – 13 & 14 Women and the fastest 12 – Senior Women, same for the men. (When the entry limit is reached, the overflow swimmers will be allowed to enter other individual events.) The 13 & 14 and Senior events will be combined for seeding and then separated for scoring. Heats will be swum fastest to slowest, alternating women and then men. **SWIMMERS MUST CHECK-IN** at the Timing Table by 8:20 a.m. Saturday morning if they are planning to swim. Swimmers who don't check-in by the designated time will be scratched from the event.

Afternoon Session (8 & Under, 10 & Under, and 11 & 12)

Warm-ups: Minimum of 50 minutes, not to begin before Noon

Competition: Not before 1:00 p.m.

GIRLS Event #	Age Group	Distance & Event	BOYS Event #
33	12 & Under	500 Freestyle	34
35	8 & Under	200 Medley Relay	36
37	10 & Under	200 Medley Relay	38
39	11 & 12	200 Medley Relay	40
41	10 & Under	100 Butterfly	42
43	11 & 12	50 Butterfly	44
45	8 & Under	50 Butterfly	46
47	11 & 12	200 Butterfly	48
49	10 & Under	50 Breaststroke	50
51	11 & 12	50 Breaststroke	52
53	11 & 12	200 Breaststroke	54
55	10 & Under	100 Individual Medley	56
57	8 & Under	100 Individual Medley	58
59	11 & 12	200 Individual Medley	60
61	10 & Under	50 Backstroke	62
63	11 & 12	100 Backstroke	64
65	10 & Under	100 Freestyle	66
67	8 & Under	50 Freestyle	68
69	11 & 12	100 Freestyle	70

NOTE: The 12 & Under 500 Free will be swum as one event and then separated into 11 & 12 and 10 & Under for scoring and awards.

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Sanction # - IA-09-14

SUNDAY, FEBRUARY 8, 2009

Morning Session (13 & 14 and SENIOR)

Warm-ups: 7:30-8:20 a.m.

Competition: 8:30 a.m.

GIRLS Event #	Age Group	Distance & Event	BOYS Event #
71	13 & 14	200 Freestyle Relay	72
73	SENIOR	200 Freestyle Relay	74
75	13 & 14	400 Individual Medley	76
77	SENIOR	400 Individual Medley	78
79	13 & 14	100 Freestyle	80
81	SENIOR	100 Freestyle	82
83	13 & 14	200 Breaststroke	84
85	SENIOR	200 Breaststroke	86
87	13 & 14	200 Butterfly	88
89	SENIOR	200 Butterfly	90
91	13 & 14	100 Backstroke	92
93	SENIOR	100 Backstroke	94
95	13 & 14	500 Freestyle	96
97	SENIOR	500 Freestyle	98

Afternoon Session (8 & Under, 10 & Under, and 11 & 12)

Warm-ups: Minimum of 50 minutes, not to begin before Noon

Competition: Not before 1:00 p.m.

GIRLS Event #	Age Group	Distance & Event	BOYS Event #
99	11 & 12	400 Individual Medley	100
101	8 & Under	200 Freestyle Relay	102
103	10 & Under	200 Freestyle Relay	104
105	11 & 12	200 Freestyle Relay	106
107	10 & Under	200 Individual Medley	108
109	11 & 12	100 Individual Medley	110
111	10 & Under	50 Freestyle	112
113	11 & 12	50 Freestyle	114
115	8 & Under	50 Backstroke	116
117	10 & Under	100 Backstroke	118
119	11 & 12	50 Backstroke	120
121	11 & 12	200 Backstroke	122
123	8 & Under	50 Breaststroke	124
125	10 & Under	100 Breaststroke	126
127	11 & 12	100 Breaststroke	128
129	10 & Under	50 Butterfly	130
131	11 & 12	100 Butterfly	132
133	8 & Under	100 Freestyle	134
135	10 & Under	200 Freestyle	136
137	11 & 12	200 Freestyle	138